

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Girls 100 Meter Dash Class"A"**

Name	Age	Team	Finals	Wind	H#
1 BREN, MEGAN		ROOSEVELT	12.89	NWI	3
2 BAILEY, BRITNI		SIOUX CITY NORTH	13.04	NWI	3
3 JOHNSON, ASHLEA		YANKTON HIGH SCHOOL	13.21	NWI	3
4 HUNTOON, STEPHANIE		CB ABRAHAM LINCOLN	13.26	NWI	3
5 WILLIAMS, GABRIEL		SIOUX CITY WEST	13.31	NWI	2
6 PEARSON, MONIQUE		SIOUX CITY WEST	13.39	NWI	2
7 GIBSON, HILLARY		SIOUX CITY EAST	13.40	NWI	1
8 TIMMER, KRISTINA		SF LINCOLN	13.44	NWI	3
9 BENNETT, JESSICA		HEELAN	13.45	NWI	2
10 MERCHANT, DANIELLE		HEELAN	13.52	NWI	2
11 FITZSIMMONS, SHANNON		YANKTON HIGH SCHOOL	13.69	NWI	2
12 CASSIE, RYSTA		SIOUX CITY EAST	13.74	NWI	2
13 BURBACH, ABBY		YANKTON HIGH SCHOOL	13.85	NWI	3
14 SMITH, MICHELLE		SIOUX CITY NORTH	13.86	NWI	1
15 ATKINS, MAGGIE		ROOSEVELT	13.87	NWI	3
16 HERMANSON, KELLI		SF LINCOLN	13.94	NWI	3
17 ARNESON, KAYLA		ROOSEVELT	14.00	NWI	2
18 IRELAND, JOCELYN		SIOUX CITY WEST	14.29	NWI	1

Girls 100 Meter Hurdles Class"A"

Name	Age	Team	Finals	Wind	H#
1 KALIN, JACQUI		SIOUX CITY NORTH	15.76	NWI	2
2 RIDENOUR, BRITTANY		CB ABRAHAM LINCOLN	16.28	NWI	2
3 SORENSON, NEVADA		SF LINCOLN	16.29	NWI	2
4 ANDERSON, TASHA		SIOUX CITY WEST	16.35	NWI	2
5 ANDERSEN, ASHLEE		SIOUX CITY WEST	16.38	NWI	2
6 SHOCKEY, ERICA		CB ABRAHAM LINCOLN	17.01	NWI	1
7 PETERS, SARAH		SF LINCOLN	17.04	NWI	2
8 OPSAHL, LAURA		YANKTON HIGH SCHOOL	17.81	NWI	1
9 ROBINSON, KYLIE		YANKTON HIGH SCHOOL	17.84	NWI	2
10 EVERSLEY, ALEXIE		YANKTON HIGH SCHOOL	18.00	NWI	1
11 THOMPSON, DENOSHA		ROOSEVELT	18.07	NWI	1
12 MCDONALD, JASMINE		ROOSEVELT	18.07	NWI	2
13 ANDERSON, JESSICA		ROOSEVELT	18.20	NWI	1
14 VANDERWILT, JULIA		SIOUX CITY NORTH	19.80	NWI	1

Girls 4x100 Meter Relay Class"A"

2 turn stagger Team	Finals
1 SIOUX FALLS ROOSEVELT 'A' 1) ATKINS, MAGGIE 3) THUNE, LARISSA	51.66 2) BOWMAN, KATELYN 4) BREN, MEGAN
2 SIOUX CITY NORTH 'A'	52.14
3 SIOUX CITY WEST 'A'	52.16
4 BISHOP HEELAN HIGH SCHOOL 'A'	52.38
5 CB ABRAHAM LINCOLN 'A'	53.19
6 SIOUX CITY EAST 'A'	53.54
7 YANKTON HIGH SCHOOL 'A'	55.00

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Girls 4x200 Meter Relay Class"A"**

4 turn stagger		Finals
Team		
1	SIOUX FALLS ROOSEVELT 'A'	1:47.17
2	SIOUX CITY WEST 'A'	1:49.93
3	BISHOP HEELAN HIGH SCHOOL 'A'	1:50.16
4	YANKTON HIGH SCHOOL 'A'	1:50.75
5	SIOUX CITY NORTH 'A'	1:51.77
6	SIOUX CITY EAST 'A'	1:53.99
7	CB ABRAHAM LINCOLN 'A'	1:54.31

Girls 4x400 Meter Relay Class"A"

3 turn stagger		Finals
Team		
1	SIOUX FALLS ROOSEVELT 'A'	4:09.43
	1) THUNE, LARISSA	2) DALON, DEVONNE
	3) HARGENS, ERIN	4) ECKERT, KRISTA
2	YANKTON HIGH SCHOOL 'A'	4:12.96
3	SIOUX CITY WEST 'A'	4:16.48
4	BISHOP HEELAN HIGH SCHOOL 'A'	4:18.19
5	SIOUX CITY EAST 'A'	4:35.56
6	SIOUX CITY NORTH 'A'	4:44.44

Girls Distance Medley Class"A"

3 turn stagger		Finals
Team		
1	SIOUX FALLS ROOSEVELT 'A'	4:13.64
	1) BREN, MEGAN	2) BOWMAN, KATELYN
	3) COWLEY, CAITLYN	4) ECKERT, KRISTA
2	YANKTON HIGH SCHOOL 'A'	4:25.15
3	SIOUX CITY EAST 'A'	4:35.14
4	BISHOP HEELAN HIGH SCHOOL 'A'	4:39.31
5	CB ABRAHAM LINCOLN 'A'	4:43.35
6	SIOUX CITY WEST 'A'	4:49.37
7	SIOUX CITY NORTH 'A'	4:59.89

Girls 100 Meter Dash Class"B"

Name	Age Team	Finals	Wind	H#
1	ACTERHOFF, MORGAN	12.85	NWI	2
2	JOHNSON, BAILEY	13.31	NWI	2
3	GLISAR, MEGAN	13.36	NWI	2
4	WOUDSTRA, JENNA	13.44	NWI	2
5	BABCOCK, MELANNIE	13.52	NWI	2
6	ESTES, JENN	13.57	NWI	2
7	BOLTE, KELSEY	13.73	NWI	1
8	DAHL, TOMI	13.77	NWI	1
9	BOYSEN, MELINDA	13.81	NWI	1
10	BEECK, KELLI	13.96	NWI	2
11	HIBMA, DORINDA	14.01	NWI	1

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Girls 100 Meter Dash Class"B"**

12	BECK, LANDI	SGT BLUFF-LU	14.03	NWI	1
13	NILLES, RACHEL	LEMARS CENTRAL	14.05	NWI	2
14	SCHUT, KATELYN	SIOUX CENTER	14.20	NWI	1

Girls 100 Meter Hurdles Class"B"

Name	Age	Team	Finals	Wind	H#
1 DEWEERD, EMILY		UNITY CHS'T	15.52	NWI	2
2 STETTNIHS, CRISSY		SPIRIT LAKE HS	15.89	NWI	2
3 DEVORE, BAILY		BATTLE CREEK-IDA	16.01	NWI	2
4 JOHNSON, BAILEY		OKOBOJI HIGH SCHOOL	16.22	NWI	2
5 RYAN, BRIDGET		SIOUX CENTER	16.34	NWI	2
6 BOYSEN, MELINDA		BATTLE CREEK-IDA	16.58	NWI	2
7 HOOGLAND, JINA		UNITY CHS'T	16.59	NWI	2
8 WILLIAMS, TABATHA		SO SIOUX	16.84	NWI	1
9 ESTOCHEN, AMBER		SO SIOUX	16.94	NWI	1
10 MASSEY, TANYA		SGT BLUFF-LU	17.88	NWI	1
11 VALENTINE, ALANNA		CHEROKEE	18.05	NWI	2
12 BOKEMPER, LAURA		SGT BLUFF-LU	18.14	NWI	1
13 WOLLMAN, AMANDA		LEMARS CENTRAL	18.46	NWI	1

Girls 4x100 Meter Relay Class"B"

2 turn stagger			
Team			Finals
1 BATTLE CREEK-IDA GROVE 'A'			52.26
1) MILLER, GABI	2) BOYSEN, MELINDA		
3) BOLTE, KELSEY	4) SCHIERNBECK, CRYSTAL		
2 SIOUX CENTER HIGH SCHOOL 'A'			52.38
3 LEMARS CENTRAL 'A'			53.12
4 UNITY CHRISTIAN H.S. 'A'			53.73
5 SGT BLUFF-LUTON H.S. 'A'			54.98
6 SO SIOUX CITY HIGH SCHOOL 'A'			55.20
7 CHEROKEE WASH. HIGH SCHOOL 'A'			56.97

Girls 4x200 Meter Relay Class"B"

4 turn stagger			
Team			Finals
1 BATTLE CREEK-IDA GROVE 'A'			1:48.12
1) MILLER, GABI	2) BOLTE, KELSEY		
3) DEVORE, BAILY	4) SCHIERNBECK, CRYSTAL		
2 UNITY CHRISTIAN H.S. 'A'			1:48.47
3 SIOUX CENTER HIGH SCHOOL 'A'			1:49.05
4 SO SIOUX CITY HIGH SCHOOL 'A'			1:52.79
5 LEMARS CENTRAL 'A'			1:53.50
6 SGT BLUFF-LUTON H.S. 'A'			1:55.06
7 CHEROKEE WASH. HIGH SCHOOL 'A'			1:56.71

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Girls 4x400 Meter Relay Class"B"**

3 turn stagger		Finals
Team		
1 MOC-FLOYD VALLEY 'A'		4:09.42
1) ZEUTENHORST, KIM	2) KATT, JENON	
3) DEJONG, KIM	4) ACTERHOFF, MORGAN	
2 SIOUX CENTER HIGH SCHOOL 'A'		4:12.50
3 BATTLE CREEK-IDA GROVE 'A'		4:13.37
4 LEMARS CENTRAL 'A'		4:16.95
5 SO SIOUX CITY HIGH SCHOOL 'A'		4:17.38
6 UNITY CHRISTIAN H.S. 'A'		4:21.64
7 SGT BLUFF-LUTON H.S. 'A'		4:29.42
8 CHEROKEE WASH. HIGH SCHOOL 'A'		4:30.41

Girls Distance Medley Class"B"

3 turn stagger		Finals
Team		
1 MOC-FLOYD VALLEY 'A'		4:25.52
1) ACTERHOFF, MORGAN	2) BABCOCK, MELANNIE	
3) ZEUTENHORST, KIM	4) DEJONG, KIM	
2 SIOUX CENTER HIGH SCHOOL 'A'		4:31.54
3 UNITY CHRISTIAN H.S. 'A'		4:37.87
4 BATTLE CREEK-IDA GROVE 'A'		4:46.75
5 LEMARS CENTRAL 'A'		4:51.65
6 SGT BLUFF-LUTON H.S. 'A'		4:55.53
7 CHEROKEE WASH. HIGH SCHOOL 'A'		5:08.20

Girls 100 Meter Dash Class"C"

Name	Age Team	Finals	Wind	H#
1 HINKELDEY, DEIDRE	ALTA HIGH SCHOOL	13.01	NWI	3
2 HAMLING, BETH	CB ST ALBERT	13.12	NWI	3
3 NOVAK, MARISSA	HOMER HIGH SCHOOL	13.30	NWI	3
4 FEHR, RACHEL	D VALLEY	13.54	NWI	3
5 ZIMMER, ASHLEY	SOUTH O'BRIEN H.S.	13.59	NWI	3
6 WOOLSTON, LINDSAY	SOUTH O'BRIEN H.S.	13.67	NWI	3
7 HATTING, KAYLA	GEHLEN CATHOLIC	13.87	NWI	3
8 MILLER, ASHTON	WEST MONONA	14.11	NWI	2
9 WEIDMAN, MARY	CB ST ALBERT	14.25	NWI	2
10 MATTHEWS, JORDAN	HOMER HIGH SCHOOL	14.45	NWI	2
11 ZIMA, KASSIE	WEST MONONA	14.48	NWI	2
12 CLARK, KAMRA	EMERSON-HUBBARD	14.60	NWI	1
13 WASHBURN, JESSICA	KINGSLEY-PIERSON	14.85	NWI	1
14 REA, SHAYNA	WESTWOOD	14.89	NWI	1
15 WURTZ, KIM	ELK POINT-JEFFERSON	15.04	NWI	1
16 BOTTORFF, DEIDRA	KINGSLEY-PIERSON	15.13	NWI	2
17 SCHINK, KELLI	WESTWOOD	15.50	NWI	1
18 KOCH, CAYLA	KINGSLEY-PIERSON	15.58	NWI	1

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Girls 100 Meter Hurdles Class"C"**

Name	Age	Team	Finals	Wind	H#
1 KUCHEL, KAYLA		KINGSLEY-PIERSON	16.96	NWI	2
2 SWOBODA, AMIE		HOMER HIGH SCHOOL	16.97	NWI	2
3 RUDEN, MELINDA		GEHLEN CATHOLIC	17.09	NWI	2
4 GRAYSON, SAMANTHA		GALVA-HOLSTEIN	17.29	NWI	2
5 SAUER, MEGAN		GEHLEN CATHOLIC	17.47	NWI	2
6 OVERFELT, ASE		HOMER HIGH SCHOOL	17.52	NWI	2
7 FARWELL, ASHLEY		D VALLEY	17.55	NWI	2
8 JULIAN, TAYLOR		SOUTH O'BRIEN H.S.	17.60	NWI	1
9 DOLL, LAUREN		CB ST ALBERT	17.92	NWI	1
10 CHACE, REGAN		KINGSLEY-PIERSON	18.12	NWI	1
11 SCHWANZ, MEGAN		GALVA-HOLSTEIN	18.22	NWI	1
12 MURDOCK, BRITTANY		WESTWOOD	18.52	NWI	1
13 RIORDAN, KATIE		SOUTH O'BRIEN H.S.	18.69	NWI	1
14 BLANKE, DANA		EMERSON-HUBBARD	20.26	NWI	1
15 HINZ, LORA		WESTWOOD	20.74	NWI	1

Girls 4x100 Meter Relay Class"C"

2 turn stagger Team	Finals	H#
1 SOUTH O'BRIEN H.S. 'A' 1) WOOLSTON, LINDSAY 3) QUINONEZ, DIANA	52.19	2
2) KRUSE, DANIELLE 4) ZIMMER, ASHLEY		
2 LAWTON-BRONSON 'A'	53.25	2
3 HOMER HIGH SCHOOL 'A'	53.56	2
4 GEHLEN CATHOLIC 'A'	53.79	2
5 ELK POINT-JEFFERSON 'A'	54.42	2
6 CB ST ALBERT 'A'	55.15	2
7 DAKOTA VALLEY HIGH SCHOOL 'A'	55.51	2
8 KINGSLEY-PIERSON 'A'	57.60	1

Girls 4x200 Meter Relay Class"C"

4 turn stagger Team	Finals	H#
1 ELK POINT-JEFFERSON 'A' 1) ERICKSON, ANNA 3) ZELLER, ASHLEY	1:51.60	2
2) WILKINSON, HANNAH 4) STRASSBURG, CHRISSY		
2 SOUTH O'BRIEN H.S. 'A'	1:51.82	2
3 GEHLEN CATHOLIC 'A'	1:52.27	2
4 LAWTON-BRONSON 'A'	1:55.22	2
5 KINGSLEY-PIERSON 'A'	1:55.86	1
6 DAKOTA VALLEY HIGH SCHOOL 'A'	1:56.32	1
7 WEST MONONA HIGH SCHOOL 'A'	1:56.46	1
8 EMERSON-HUBBARD 'A'	1:57.01	2
9 GALVA-HOLSTEIN 'A'	1:57.54	1
10 CB ST ALBERT 'A'	1:57.56	2
11 WESTWOOD SLOAN HIGH SCHOOL 'A'	2:01.22	1

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Girls 4x400 Meter Relay Class "C"**

3 turn stagger		Finals
Team		
1 ELK POINT-JEFFERSON 'A'		4:15.15
1) STRASSBURG, CHRISSY	2) ZELLER, ASHLEY	
3) ERICKSON, ANNA	4) WILKINSON, HANNAH	
2 KINGSLEY-PIERSON 'A'		4:19.01
3 CB ST ALBERT 'A'		4:19.25
4 SOUTH O'BRIEN H.S. 'A'		4:20.14
5 EMERSON-HUBBARD 'A'		4:27.49
6 WEST MONONA HIGH SCHOOL 'A'		4:33.09
7 HOMER HIGH SCHOOL 'A'		4:33.76

Girls Distance Medley Class "C"

3 turn stagger		Finals	H#
Team			
1 GEHLEN CATHOLIC 'A'		4:28.67	2
1) MANSFIELD, TRICIA	2) SITZMANN, JAMI		
3) SITZMANN, ELLEN	4) SITZMANN, ASHLEY		
2 KINGSLEY-PIERSON 'A'		4:38.38	2
3 CB ST ALBERT 'A'		4:44.05	2
4 WEST MONONA HIGH SCHOOL 'A'		4:47.04	1
5 EMERSON-HUBBARD 'A'		4:47.28	2
6 HOMER HIGH SCHOOL 'A'		4:47.44	1
7 GALVA-HOLSTEIN 'A'		4:50.15	2
8 ELK POINT-JEFFERSON 'A'		4:55.04	2
9 SOUTH O'BRIEN H.S. 'A'		4:56.86	2
10 DAKOTA VALLEY HIGH SCHOOL 'A'		5:09.30	2
11 WESTWOOD SLOAN HIGH SCHOOL 'A'		5:18.38	1

Girls 800 Meter Run Open H.S.

Top 24		Finals
Name	Age Team	
1 STORM, ASHLEY	YANKTON HIGH SCHOOL	2:21.91
2 JOHNSON, OLIVIA	OKOBOJI HIGH SCHOOL	2:21.99
3 HARGENS, ERIN	ROOSEVELT	2:22.44
4 JELEN, KAYLA	SF LINCOLN	2:23.43
5 LOHRY, MOLLY	SIOUX CITY NORTH	2:27.47
6 WEIDMAN, AUDREY	CB ST ALBERT	2:28.55
7 STERNHAGEN, KRISTIN	YANKTON HIGH SCHOOL	2:32.60
8 MARGIE, ANTHONY	D VALLEY	2:33.75
9 MATHES, BREANNA	SOUTH O'BRIEN H.S.	2:37.13
10 MIEDEMA, EMILY	UNITY CHS'T	2:37.51
11 SMITH, EMILY	YANKTON HIGH SCHOOL	2:38.58
12 VANDER WEIDE, CHRISSY	UNITY CHS'T	2:39.10
13 BEAN, KELSEY	SF LINCOLN	2:42.17
14 BARRON, EVA	SIOUX CITY WEST	2:42.21
15 HOFMANN, MOLLY	BATTLE CREEK-IDA	2:43.81
16 MASON, BECKY	BATTLE CREEK-IDA	2:44.57
17 CARDWELL, SADIE	SO SIOUX	2:45.23
18 EARLEYWINE, AERIELL	SGT BLUFF-LU	2:48.50

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Girls 800 Meter Run Open H.S.**

19 OBENEY, NICOLA ELK POINT-JEFFERSON 2:52.81

Girls 1500 Meter Run Open H.S.

Top 32			
Name	Age	Team	Finals
1 BIES, BETSY		YANKTON HIGH SCHOOL	4:46.55
2 STORM, ASHLEY		YANKTON HIGH SCHOOL	4:46.59
3 KUCHTA, AMANDA		YANKTON HIGH SCHOOL	4:55.56
4 NELSON, KARA		CHEROKEE	5:00.09
5 KRAAYENBRINK, ANNA		SIOUX CENTER	5:06.99
6 GOEDHART, LISA		UNITY CHS'T	5:11.42
7 BYL, TERI		SIOUX CENTER	5:16.96
8 ROSENER, ASHLEY		GEHLEN CATHOLIC	5:18.36
9 NICHOLSON, ERICA		CHEROKEE	5:24.61
10 RODER, AMY		HEELAN	5:24.77
11 MASON, BECKY		BATTLE CREEK-IDA	5:25.17
12 BENZONI, NICOLE		SIOUX CITY NORTH	5:28.23
13 BROEKHUIS, LAURA		UNITY CHS'T	5:28.56
14 EARLEYWINE, AERIELL		SGT BLUFF-LU	5:28.96
15 THESENGA, SIDNEY		SO SIOUX	5:29.62
16 RICE, HILARY		SIOUX CITY NORTH	5:34.36
17 PHIPPS, ALEXA		SO SIOUX	5:35.60
18 STEINBERGER, MARILYN		SF LINCOLN	5:37.69
19 HETLETVEDT, KAMI		SOUTH O'BRIEN H.S.	5:38.17
20 VANSKIKE, AMY		MOC-FLOYD VALLEY	5:39.49
21 KACMARYNSKI, AMY		BATTLE CREEK-IDA	5:42.96
22 JOHNSON, CARRIE		MOC-FLOYD VALLEY	5:43.81
23 KENNEBECK, KRISTA		CB ST ALBERT	5:46.81
24 LANGEL, ASHLEY		GEHLEN CATHOLIC	5:49.30
25 TIGHE, BRIDGET		HOMER HIGH SCHOOL	5:51.37

Girls 3000 Meter Run Open H.S.

Top 32			
Name	Age	Team	Finals
1 BIES, BETSY		YANKTON HIGH SCHOOL	10:02.44
2 CLARK, JESSICA		WEST HARRISON	10:34.88
3 NELSON, KARA		CHEROKEE	10:35.23
4 LEADER, TIFFANY		YANKTON HIGH SCHOOL	10:37.34
5 KUCHTA, AMANDA		YANKTON HIGH SCHOOL	10:43.11
6 KRAAYENBRINK, ANNA		SIOUX CENTER	10:46.21
7 NELSON, SARAH		SIOUX CITY NORTH	11:07.87
8 BROEKHUIS, LAURA		UNITY CHS'T	11:50.94
9 ROSENBOOM, LAURA		SIOUX CENTER	11:58.08
10 KACMARYNSKI, AMY		BATTLE CREEK-IDA	12:05.29
11 LANGEL, ASHLEY		GEHLEN CATHOLIC	12:19.29
12 MEISSNER, JENNI		UNITY CHS'T	12:20.35
13 KNIGHT, MELISSA		SGT BLUFF-LU	12:28.85
14 OBERLE, SARAH		HEELAN	12:33.60
15 MATHES, BREANNA		SOUTH O'BRIEN H.S.	12:43.98
16 LISTON, JENNIFER		CB ST ALBERT	12:44.05
17 NIELSEN, KELSEY		SIOUX CITY WEST	12:49.63

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Girls 3000 Meter Run Open H.S.**

18 MORITZ, SADIE	LEMARS CENTRAL	12:50.96
19 MEIS, MEGAN	LEMARS CENTRAL	12:51.59
20 PATTERSON, KAYLA	BATTLE CREEK-IDA	12:52.78
21 THOMPSON, JODIE	SO SIOUX	12:55.48
22 MCAREAVY, MADALINE	GALVA-HOLSTEIN	13:47.23
23 NAVARETTE, MARGARET	SO SIOUX	13:47.73
24 LANGEL, ASHLEY	KINGSLEY-PIERSON	14:40.82

Girls 400 Meter Hurdles Open H.S.

=====				
Top 24 by time				
Name	Age	Team	Finals	H#
=====				
1 KALIN, JACQUI		SIOUX CITY NORTH	1:04.92	3
2 STETTNIHS, CRISSY		SPIRIT LAKE HS	1:06.39	3
3 MURILLO, PATTY		SO SIOUX	1:09.66	2
4 KROESE, SARAH		UNITY CHS'T	1:10.63	2
5 MCGUIRE, ASHLEY		GALVA-HOLSTEIN	1:10.75	2
6 VALENTINE, ALANNA		CHEROKEE	1:10.82	1
7 VANDER WEIDE, CRISSY		UNITY CHS'T	1:12.37	2
8 RUTLEDGE, HEATHER		CB ABRAHAM LINCOLN	1:12.52	3
9 RUDEN, MELINDA		GEHLEN CATHOLIC	1:12.91	1
10 RYAN, BRIDGET		SIOUX CENTER	1:13.04	2
11 OPSAHL, LAURA		YANKTON HIGH SCHOOL	1:14.25	1
12 EVERSLEY, ALEXIE		YANKTON HIGH SCHOOL	1:14.49	1
13 MCDONALD, JASMINE		ROOSEVELT	1:14.92	3
14 ANDERSON, JESSICA		ROOSEVELT	1:15.03	3
15 MCDOUGALL, ERICA		LEMARS CENTRAL	1:15.46	1
16 PAPOUSEK, CHRISTY		YANKTON HIGH SCHOOL	1:18.27	2
17 GRANT, SADE		SIOUX CITY WEST	1:19.53	1
18 THOMPSON, DENOSHA		ROOSEVELT	1:22.29	2

Girls 4x800 Meter Relay Open H.S.

=====				
Top 16 teams by time				
1 turn stagger				
Team			Finals	
=====				
1 SIOUX FALLS ROOSEVELT 'A'			9:15.76	
1) THUNE, BRITTANY		2) COWLEY, CAITLYN		
3) ECKERT, ALLISON		4) ECKERT, KRISTA		
2 SPIRIT LAKE HS 'A'			9:51.33	
3 YANKTON HIGH SCHOOL 'A'			9:53.30	
4 SIOUX CENTER HIGH SCHOOL 'A'			9:58.10	
5 UNITY CHRISTIAN H.S. 'A'			10:01.80	
6 MOC-FLOYD VALLEY 'A'			10:14.08	
7 SIOUX CITY NORTH 'A'			10:17.43	
8 GEHLEN CATHOLIC 'A'			10:20.45	
9 CB ST ALBERT 'A'			10:35.03	
10 BISHOP HEELAN HIGH SCHOOL 'A'			10:38.93	
11 SO SIOUX CITY HIGH SCHOOL 'A'			10:39.17	
12 LEMARS CENTRAL 'A'			10:49.97	
13 SF LINCOLN 'A'			10:53.23	
14 BATTLE CREEK-IDA GROVE 'A'			11:05.73	
15 SOUTH O'BRIEN H.S. 'A'			11:14.21	

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Girls Meter Shuttle Hurdle Open H.S.**

Team	Finals	H#
1 BATTLE CREEK-IDA GROVE 'A'	1:04.18	2
1) SCHIERNBECK, CRYSTAL		
2) BOYSEN, MELINDA		
3) DEVORE, BAILY		
4) SHOMO, REBECCA		
2 UNITY CHRISTIAN H.S. 'A'	1:05.58	2
3 SPIRIT LAKE HS 'A'	1:07.78	2
4 GEHLEN CATHOLIC 'A'	1:10.32	1
5 HOMER HIGH SCHOOL 'A'	1:10.48	1
6 YANKTON HIGH SCHOOL 'A'	1:12.22	1
7 SIOUX CENTER HIGH SCHOOL 'A'	1:13.01	1
-- CB ABRAHAM LINCOLN 'A'	DQ	2

Girls High Jump Open H.S.

Starting height 4'8"			
Name	Age Team	Finals	
1 GLISAR, MEGAN	SGT BLUFF-LU	5-07.50	1.71m
2 WILKINSON, HANNAH	ELK POINT-JEFFERSON	J5-07.50	1.71m
3 WOLLMAN, AMANDA	LEMARS CENTRAL	5-04.00	1.62m
4 HOOGLAND, JINA	UNITY CHS'T	5-02.00	1.57m
4 HULSTEIN, RANDA	SIOUX CENTER	5-02.00	1.57m
6 BEAVER, KAITLIN	SIOUX CENTER	J5-02.00	1.57m
7 DEJONG, KENDRA	UNITY CHS'T	J5-02.00	1.57m
8 STETTNIKS, CRISSY	SPIRIT LAKE HS	5-00.00	1.52m
8 HANSON, KATHERINE	ROOSEVELT	5-00.00	1.52m
8 SCHAEUBLE, BRIANA	KINGSLEY-PIERSON	5-00.00	1.52m
8 HIGGINBOTHAM, JORDAN	CB ABRAHAM LINCOLN	5-00.00	1.52m
8 GATES, LINDSEY	LAWTON-BRONSON	5-00.00	1.52m
13 HANNO, HILLARY	HEELAN	4-10.00	1.47m
14 BURBACH, ABBY	YANKTON HIGH SCHOOL	4-08.00	1.42m
14 WORDEN, TANEAYA	SIOUX CITY NORTH	4-08.00	1.42m
14 THOMPSON, KAYLEE	LEMARS CENTRAL	4-08.00	1.42m
14 MILLER, GABI	BATTLE CREEK-IDA	4-08.00	1.42m
14 CHACE, REGAN	KINGSLEY-PIERSON	4-08.00	1.42m
14 HUMMELGARD, SHERYL	BATTLE CREEK-IDA	4-08.00	1.42m
14 SORENSON, NEVADA	SF LINCOLN	4-08.00	1.42m
-- FRAVEL, JOANNA	HEELAN	NH	

Girls Long Jump Open H.S.

Name	Age Team	Finals	Wind	
1 ATKINS, MAGGIE	ROOSEVELT	16-05.00	NWI	5.00m
2 ACTERHOFF, MORGAN	MOC-FLOYD VALLEY	J16-05.00	NWI	5.00m
3 MANSFIELD, TRICIA	GEHLEN CATHOLIC	16-03.50	NWI	4.96m
4 LUND, MICHELLE	HEELAN	16-02.50	NWI	4.94m
5 HOOGEVEEN, NICOLE	SIOUX CENTER	J16-02.50	NWI	4.94m
6 CAMERON, LINDSAY	YANKTON HIGH SCHOOL	15-09.00	NWI	4.80m
7 ROBINSON, STEPHANIE	SIOUX CITY NORTH	15-08.50	NWI	4.78m
8 JOHNSON, BAILEY	OKOBOJI HIGH SCHOOL	15-06.00	NWI	4.72m
9 MERCHANT, DANIELLE	HEELAN	15-05.50	NWI	4.71m
10 BABCOCK, MELANNIE	MOC-FLOYD VALLEY	15-05.00	NWI	4.69m
11 ARNESON, KAYLA	ROOSEVELT	15-03.00	NWI	4.64m

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Girls Long Jump Open H.S.**

12	FITZSIMMONS, SHANNON	YANKTON HIGH SCHOOL	14-09.50	NWI	4.50m
12	ANDERSON, TASHA	SIOUX CITY WEST	14-09.50	NWI	4.50m
14	HENTGES, JENNA	SPIRIT LAKE HS	14-08.50	NWI	4.48m
15	GRANT, SADE	SIOUX CITY WEST	14-07.50	NWI	4.45m
15	WURTZ, KIM	ELK POINT-JEFFERSON	14-07.50	NWI	4.45m
17	TAYLOR, CAITIE	BATTLE CREEK-IDA	14-05.00	NWI	4.39m
18	EVERSLEY, ALEXIE	YANKTON HIGH SCHOOL	14-04.50	NWI	4.38m
19	HOFFMAN, TRICIA	EMERSON-HUBBARD	14-01.00	NWI	4.29m
20	KALLIN, KIM	BATTLE CREEK-IDA	13-10.50	NWI	4.22m
20	PINGEL, AMANDA	CHEROKEE	13-10.50	NWI	4.22m
22	HOLTGREWE, ALLISON	GEHLEN CATHOLIC	13-08.00	NWI	4.16m
23	SERVINE, MELISSA	EMERSON-HUBBARD	13-05.00	NWI	4.08m
24	BOKEMPER, LAURA	SGT BLUFF-LU	13-04.50	NWI	4.07m
25	BECK, LANDI	SGT BLUFF-LU	13-04.00	NWI	4.06m
26	HUDELSON, JESSICA	ELK POINT-JEFFERSON	13-02.00	NWI	4.01m

Girls Shot Put Open H.S.

Standard for measurement 35'

Name	Age Team	Finals
1	DEN HERDER, KARA	SIOUX CENTER 36-05.00 11.09m
2	VAN BEEK, KELSIE	UNITY CHS'T 36-00.50 10.98m
3	CORNEMANN, KETTY	YANKTON HIGH SCHOOL 36-00.00 10.97m
4	JOHNIKIN, KELSEY	SIOUX CITY WEST 35-05.50 10.80m
5	CARLSON, LYNN	CHEROKEE 35-05.00 10.79m
6	HASENBANK, ERIN	ELK POINT-JEFFERSON 34-11.00 10.64m
7	WALLACE, ANDREAH	SIOUX CITY NORTH 34-07.00 10.54m
8	HOOKS, KAITLYN	D VALLEY 34-01.00 10.38m
9	EILEEN, ANTHONY	D VALLEY 32-09.50 9.99m
10	SIMPSON, ELIZABETH	SIOUX CITY EAST 32-09.25 9.98m
11	HUMPHREY, JACKIE	SO SIOUX 32-08.75 9.97m
12	WILCKE, CHANCEY	BATTLE CREEK-IDA 32-08.00 9.95m
12	FRALEY, HILLARY	SIOUX CITY NORTH 32-08.00 9.95m
14	PRICKETT, KARI	YANKTON HIGH SCHOOL 32-05.00 9.88m
15	OCHOA, CRUZ	SO SIOUX 32-04.00 9.85m
16	HUNT, JAMEE	GALVA-HOLSTEIN 30-11.00 9.42m
17	PETERSON, JORDAN	HEELAN 30-07.00 9.32m
18	HERTHER, KATIE	SF LINCOLN 30-01.00 9.16m
19	HUMMELGARD, SHERYL	BATTLE CREEK-IDA 30-00.00 9.14m
19	TESCH, CHELSEA	SOUTH O'BRIEN H.S. 30-00.00 9.14m
--	EVANS, HALEY	WESTWOOD ND
--	DAILY, BRANDIE	WESTWOOD ND
--	HEENEY, KENDRA	EMERSON-HUBBARD ND
--	THOMPSON, DENOSHA	ROOSEVELT ND
--	GOFF, ERIN	SGT BLUFF-LU ND
--	BRONS, JORI	UNITY CHS'T ND
--	EARLEYWINE, SAM	SGT BLUFF-LU ND

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Girls Discus Throw Open H.S.**

Standard measurement 100'

To be Held at Heelan East Field

Name	Age Team	Finals
1 BROWN, KATIE	SPIRIT LAKE HS	136-02 41.50m
2 CORNEMANN, KETTY	YANKTON HIGH SCHOOL	130-09 39.85m
3 CATHERINE, ANTHONY	D VALLEY	117-11 35.94m
4 NELSON, CAT	SIOUX CITY NORTH	115-00 35.05m
5 DEN HERDER, KARA	SIOUX CENTER	112-11 34.41m
6 WILSON, DANA	HEELAN	109-11 33.50m
7 GARNER, CASSIE	ROOSEVELT	106-10 32.56m
8 HUMPHREY, JACKIE	SO SIOUX	104-05 31.82m
9 DANIELSON, LAURA	SF LINCOLN	104-04 31.80m
10 PRICKETT, KARI	YANKTON HIGH SCHOOL	104-00 31.69m
11 GRAY, KALI	LAWTON-BRONSON	97-01 29.59m
12 EARLEYWINE, SAM	SGT BLUFF-LU	95-06 29.10m
13 DIRKSEN, KARI	GEHLEN CATHOLIC	94-06 28.80m
14 GERMANN, SARAH	GEHLEN CATHOLIC	94-05 28.77m
15 WILSON, REYN	HEELAN	94-04 28.75m
16 SCHOER, MEL	GALVA-HOLSTEIN	93-02 28.39m
17 EVANS, HALEY	WESTWOOD	92-11 28.32m
18 HOOKS, KAITLYN	D VALLEY	91-09 27.96m

Girls 4x100 Meter Relay Freshman Girls

2 turn stagger

Team	Finals
1 BISHOP HEELAN HIGH SCHOOL 'A' 1) BENNETT, JESSICA 2) MERCHANT, DANIELLE 3) KUEHL, SAMANTHA 4) IRWIN, MARIAH	52.62
2 SIOUX CITY WEST 'A'	55.85
3 SIOUX CITY NORTH 'A'	56.89
4 SIOUX CITY EAST 'A'	57.92

Girls 4x200 Meter Relay Freshman Girls

4 turn stagger

Team	Finals
1 BISHOP HEELAN HIGH SCHOOL 'A' 1) BENNETT, JESSICA 2) MERCHANT, DANIELLE 3) KUEHL, SAMANTHA 4) IRWIN, MARIAH	1:51.57
2 SIOUX CITY WEST 'A'	1:57.54
3 SIOUX CITY NORTH 'A'	2:01.18
4 SIOUX CITY EAST 'A'	2:03.01

Girls 4x400 Meter Relay Freshman Girls

3 turn stagger

Team	Finals
1 BISHOP HEELAN HIGH SCHOOL 'A' 1) BEACOM, MEAGEN 2) BARKLEY, ERIK 3) KOSER, KARISSA 4) JORDAN, ALI	4:31.58

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Girls 4x400 Meter Relay Freshman Girls**

2	SIOUX CITY NORTH	'A'	4:48.93
3	SIOUX CITY WEST	'A'	4:49.70
4	SIOUX CITY EAST	'A'	4:51.26

Girls 100 Meter Dash Elite

Name	Age	Team	Finals	Wind
1		ACTERHOFF, MORGAN	12.82	NWI
2		HINKELDEY, DEIDRE	12.92	NWI
3		BREN, MEGAN	12.94	NWI
4		HAMLING, BETH	13.05	NWI
5		BAILEY, BRITNI	13.14	NWI
6		JOHNSON, ASHLEA	13.14	NWI
7		HUNTOON, STEPHANIE	13.15	NWI
8		NOVAK, MARISSA	13.24	NWI

Girls 100 Meter Hurdles Elite

Name	Age	Team	Finals	Wind
1		DEWEERD, EMILY	15.36	NWI
2		KALIN, JACQUI	15.51	NWI
3		DEVORE, BAILY	15.56	NWI
4		JOHNSON, BAILEY	15.63	NWI
5		STETTNIKS, CRISSY	16.01	NWI
6		RYAN, BRIDGET	16.12	NWI
7		SORENSEN, NEVADA	16.34	NWI
8		RIDENOUR, BRITTANY	16.59	NWI

Women 100 Meter Dash Open Women

Name	Age	Team	Prelims	Wind	H#
Preliminaries					
1		DUFFY, NIKKI	12.68q	0.4	4
2		SMITH, ALLISON	13.05q	0.8	2
3		KONECHNE, MEGAN	13.12q	0.7	1
4		CARR, JACI	13.25q	1.1	3
4		HENNEK, SARAH	13.25q	0.8	2
6		VINCENT, MARRIE	13.28q	0.7	1
7		HOWARD, SHERI	13.29q	0.4	4
8		CALE, CARRIE	13.45q	0.7	1
9		WHITE, KAYLA	13.51	0.4	4
10		CHORD, BRENDA	13.71	1.1	3
11		GARRETT, SARA	13.73	0.7	1
12		METTE, TASHA	13.74	0.4	4
13		WEHMEYER, KATIE	13.83	1.1	3
14		NYHUS, ELISSA	13.99	0.4	4
15		TATRO, VICKI	14.06	0.7	1
16		BILLINGS, TUNISIA	14.12	0.7	1
17		ARMSTRONG, JENNY	14.34	0.8	2
18		LEUTHOLD, KATIE	14.57	0.4	4
19		ADDIE, BARTLETT	14.67	0.4	4
20		ASCHINGER, AMBER	14.96	1.1	3

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Women 100 Meter Dash Open Women**

21	BECHAN, CISALIE	DAKOTA WESLY	15.30	1.1	3
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Women 100 Meter Dash Open Women

Name	Age	Team	Finals	Wind
Finals				
1	DUFFY, NIKKI	DAKOTA STATE	12.59	-0.1
2	KONECHNE, MEGAN	NO. STATE	12.97	-0.1
3	SMITH, ALLISON	USD	12.99	-0.1
4	CARR, JACI	AUGUSTANA COLLEGE	13.15	-0.1
5	VINCENT, MARRIE	JAMESTOWN COLLEGE	13.19	-0.1
6	CALE, CARRIE	UNATTACHED	13.34	-0.1
7	HOWARD, SHERI	MORNINGSIDE COLLEGE	13.35	-0.1
8	HENNEK, SARAH	JAMESTOWN COLLEGE	13.38	-0.1

Women 400 Meter Dash Open Women

Name	Age	Team	Finals	H#
1	STOLL, MARY	AUGUSTANA COLLEGE	56.86	3
2	REAGLES, KRISTY	AUGUSTANA COLLEGE	58.44	3
3	SMITH, ALLISON	USD	59.22	3
4	MILLS, DANNETTE	U SIOUX FALL	59.67	3
5	HARDING, MEGAN	NORTHWESTERN	59.68	3
6	SIKKEMA, SARAH	DORDT COLLEGE	59.90	3
7	CAIN, CAMI	MORNINGSIDE COLLEGE	1:00.19	2
8	KUIPER, REGAN	U SIOUX FALL	1:00.43	2
9	HENNEK, SARAH	JAMESTOWN COLLEGE	1:00.75	3
10	THINGSTAD, BETSY	JAMESTOWN COLLEGE	1:01.98	3
11	GAALSWYK, EMILY	NORTHWESTERN	1:02.48	2
12	CHORD, BRENDA	MORNINGSIDE COLLEGE	1:02.97	1
13	HILTON, KATY	NO. STATE	1:03.20	2
14	HOWARD, SHERI	MORNINGSIDE COLLEGE	1:04.28	2
15	MILBURN, MALLORY	BRIAR CLIFF	1:06.57	2
16	IKONOMOU, LAURAL	JAMESTOWN COLLEGE	1:07.50	1
17	BIRKLEY, HEIDI	DAKOTA WESLY	1:07.78	1
18	JENSEN, MEGAN	USD	1:08.16	2
19	ARMSTRONG, JENNY	MORNINGSIDE COLLEGE	1:09.04	1
20	JOHNSON, TRISHA	MORNINGSIDE COLLEGE	1:10.51	1
21	LEUTHOLD, KATIE	DAKOTA WESLY	1:12.44	1

Women 800 Meter Run Open Women

Name	Age	Team	Finals
1	BUMANN, HEIDI	BRIAR CLIFF	2:15.78
2	JACOBSON, LAURA	NORTHWESTERN	2:18.09
3	OSWALD, ERIN	WAYNE STATE COLLEGE	2:18.80
4	MAAKESTAD, KRISTEN	NORTHWESTERN	2:20.19
5	BENNETT, MARY	USD	2:20.36
6	KEMPERS, JEN	DORDT COLLEGE	2:20.90
7	DUBA, ALLISON	USD	2:23.20
8	FISHER, AMBER	DAKOTA STATE	2:24.15

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Women 800 Meter Run Open Women**

9	DALY, SHANNON	USD	2:25.47
10	WANDERSEE, BECKY	JAMESTOWN COLLEGE	2:25.99
11	WHITNEY, CANDICE	MORNINGSIDE COLLEGE	2:26.17
12	SLATER, SARA	MORNINGSIDE COLLEGE	2:26.82
13	BAUS, JENNY	NO. STATE	2:28.04
14	MOORE, KELSEY	JAMESTOWN COLLEGE	2:28.95
15	ELLSWORTH, HATTIE	DAKOTA STATE	2:29.30
16	GARAY, SAM	BRIAR CLIFF	2:30.10
17	MCINNIS, ANNIE	MORNINGSIDE COLLEGE	2:30.20
18	CARTMILL, LAUREN	AUGUSTANA COLLEGE	2:31.29
19	GRABOW, EMILY	MORNINGSIDE COLLEGE	2:33.33
20	PICKNER, RACHEL	BRIAR CLIFF	2:34.54
21	MAIN, CASSIE	MORNINGSIDE COLLEGE	2:35.05
22	DE BRUIN, MARNE '	DORDT COLLEGE	2:35.42
23	DUANE, ROCHELLE	JAMESTOWN COLLEGE	2:35.79
24	POTTORFF, BROOKE	MORNINGSIDE COLLEGE	2:36.92
25	WEST, TOSHA	NO. STATE	2:37.36
26	BISBEE, BETH	JAMESTOWN COLLEGE	2:39.51
27	MAJERES, AMY	MOUNT MARTY COLLEGE	2:41.74
28	BIRKLEY, HEIDI	DAKOTA WESLY	2:44.23
--	DUNLOP, LEXI	USD	DNF
--	FERNANDEZ, KELLY	AUGUSTANA COLLEGE	DNF
--	BECKETT, BRITTANY	DAKOTA STATE	DNF

Women 1500 Meter Run Open Women

Name	Age	Team	Finals
1		USD	4:39.70
2		USD	4:51.58
3		USD	4:53.72
4		AUGUSTANA COLLEGE	4:56.50
5		USD	4:57.06
6		U SIOUX FALL	4:57.60
7		DORDT COLLEGE	5:02.22
8		DAKOTA STATE	5:03.92
9		U SIOUX FALL	5:08.26
10		JAMESTOWN COLLEGE	5:11.67
11		WAYNE STATE COLLEGE	5:14.18
12		U SIOUX FALL	5:15.11
13		UNATTACHED	5:17.38
14		MORNINGSIDE COLLEGE	5:18.12
15		DAKOTA STATE	5:18.39
16		BRIAR CLIFF	5:20.02
17		BRIAR CLIFF	5:20.70
18		AUGUSTANA COLLEGE	5:21.92
19		JAMESTOWN COLLEGE	5:22.41
20		U SIOUX FALL	5:22.73
21		CREIGHTON	5:29.12
22		MORNINGSIDE COLLEGE	5:31.09
23		U SIOUX FALL	5:31.43
24		NORTHWESTERN	5:31.55
25		NO. STATE	5:31.90
26		MORNINGSIDE COLLEGE	5:33.34
27		CREIGHTON	5:34.17

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Women 1500 Meter Run Open Women**

28	DUANE, ROCHELLE	JAMESTOWN COLLEGE	5:36.89
29	MAIN, CASSIE	MORNINGSIDE COLLEGE	5:40.41
30	SCHWIEGER, AMANDA	NORTHWESTERN	5:43.57
31	IKONOMOU, LAURAL	JAMESTOWN COLLEGE	5:52.34
32	HARROFF, LORA	CREIGHTON	7:05.39

Women 5000 Meter Run Open Women

Name	Age	Team	Finals
1 STANGLER, RACHEL		UNATTACHED	17:58.47
2 FRIEDRICH, AMBER		USD	18:35.63
3 ELLMAKER, ERIN		JAMESTOWN COLLEGE	18:51.73
4 OPDAHL, TARA		JAMESTOWN COLLEGE	19:00.58
5 LUNDGREN, JESSICA		USD	19:06.27
6 KUHLMAN, HEATHER		UNATTACHED	19:32.03
7 HOLMES, MELANIE		JAMESTOWN COLLEGE	19:50.19
8 MCGRATH, MEGAN		CREIGHTON	19:58.14
9 STECKELBERG, AMY		USD	20:01.42
10 HANNON, KRISTA		CREIGHTON	20:24.34
11 HANENBURG, SARA		DORDT COLLEGE	22:04.75
12 MOLLMAN, KAY		MOUNT MARTY COLLEGE	22:46.39
13 DRIVER, KELSEY		NORTHWESTERN	23:04.54

Women 10000 Meter Run Open Women

Name	Age	Team	Finals
1 MAURER, MICHEL		JAMESTOWN COLLEGE	40:12.90
2 WEAVILL, KATIE		DAKOTA WESLY	41:20.00

Women 100 Meter Hurdles Open Women

Name	Age	Team	Prelims	Wind	H#
Preliminaries					
1 ROEBKE, RACHEL		WAYNE STATE COLLEGE	15.27q	2.0	2
2 EYKYN, SHELBY		AUGUSTANA COLLEGE	15.40q	1.2	1
3 HOUSE, LINDSAY		USD	15.49q	2.0	2
4 ANDERSON, JENNY		AUGUSTANA COLLEGE	15.80q	1.2	1
5 OCHSNER, LAUREL		DORDT COLLEGE	16.44q	2.0	2
6 LIPPMAN, JADE		WAYNE STATE COLLEGE	16.57q	1.2	1
7 SHEFFIELD, SAMANTHA		DORDT COLLEGE	16.67q	1.2	1
8 DYKSTRA, BOBBI JO		DAKOTA STATE	16.69q	2.0	2
9 SMITH, LAURA		NO. STATE	16.88	2.0	2
10 HEALEY, ALICIA		MOUNT MARTY COLLEGE	17.06	1.2	1
11 ANDERSON, KATIE		NO. STATE	17.43	2.0	2
12 PEMBER, CORTNY		NO. STATE	17.61	1.2	1
13 HANSON, EMILY		MOUNT MARTY COLLEGE	17.72	2.0	2
14 METTLER, PAULA		DAKOTA WESLY	18.29	1.2	1
15 WINNAN, HEATHER		DAKOTA WESLY	18.45	2.0	2

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Women 100 Meter Hurdles Open Women**

Name	Age	Team	Finals	Wind
Finals				
1 ROEBKE, RACHEL		WAYNE STATE COLLEGE	14.95	-1.7
2 EYKYN, SHELBY		AUGUSTANA COLLEGE	15.05	-1.7
3 HOUSE, LINDSAY		USD	15.31	-1.7
4 ANDERSON, JENNY		AUGUSTANA COLLEGE	15.72	-1.7
5 OCHSNER, LAUREL		DORDT COLLEGE	16.20	-1.7
6 SHEFFIELD, SAMANTHA		DORDT COLLEGE	16.30	-1.7
7 LIPPMAN, JADE		WAYNE STATE COLLEGE	16.74	-1.7
8 DYKSTRA, BOBBI JO		DAKOTA STATE	16.88	-1.7

Women 400 Meter Hurdles Open Women

Name	Age	Team	Finals	H#
1 SERSHEN, JANIE		AUGUSTANA COLLEGE	1:04.37	2
2 VARRIANO, GIULI		JAMESTOWN COLLEGE	1:05.52	2
3 SOODSMA, ABBIE		DORDT COLLEGE	1:05.94	2
4 ROEBKE, RACHEL		WAYNE STATE COLLEGE	1:06.22	2
5 PEPIN, ANNALIESE		AUGUSTANA COLLEGE	1:07.14	2
6 EGGING, CARRIE		USD	1:07.27	2
7 BETZ, JENNI		NO. STATE	1:07.88	1
8 LIPPMAN, JADE		WAYNE STATE COLLEGE	1:07.94	2
9 REGAN, JESSICA		NORTHWESTERN	1:08.23	2
10 MYRICK, WHITNEY		USD	1:08.66	1
11 VARGUS, JENNIFER		DORDT COLLEGE	1:11.18	1
12 METTLER, PAULA		DAKOTA WESLY	1:13.65	1
13 RUHLAND, JACINTA		BRIAR CLIFF	1:14.08	1
14 MEYERHOFF, KATIE		BRIAR CLIFF	1:16.25	1

Women 3000 Meter Steeplechase Open Women

Name	Age	Team	Finals
1 NOENBERG, ERIN		WAYNE STATE COLLEGE	11:42.24
2 GRABOW, EMILY		MORNINGSIDE COLLEGE	12:23.79
3 ELLMAKER, ERIN		JAMESTOWN COLLEGE	12:47.84
4 BLISS, AMANDA		BRIAR CLIFF	12:51.80
5 WURPTS, BEVERLY		MOUNT MARTY COLLEGE	13:17.51
6 MAXWELL, HEATHER		BRIAR CLIFF	13:38.39
7 BECKETT, BRITTANY		DAKOTA STATE	13:52.38
8 MCINTYRE, AMY		DAKOTA WESLY	14:08.82

Women 4x100 Meter Relay Open Women

2 turn stagger Team	Prelims	H#
Preliminaries		
1 JAMESTOWN COLLEGE 'A'	49.58q	2
2 DAKOTA STATE UNIVERSITY 'A'	50.54q	2
3 MORNINGSIDE COLLEGE 'A'	50.80q	1
4 NORTHERN STATE UNIVERSITY 'A'	50.81q	2

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Women 4x100 Meter Relay Open Women**

5	DORDT COLLEGE 'A'	51.51q	1
6	MOUNT MARTY COLLEGE 'A'	52.05q	1
7	NORTHWESTERN COLLEGE 'A'	52.70q	1
8	BRIAR CLIFF UNIVERSITY 'A'	57.80q	2

Women 4x100 Meter Relay Open Women

2 turn stagger			
Team			Finals
=====			
Finals			
1	JAMESTOWN COLLEGE 'A'		49.38
	1) VINCENT, MARRIE	2) MCCARTY, LIZ	
	3) VARRIANO, GIULI	4) HENNEK, SARAH	
2	DAKOTA STATE UNIVERSITY 'A'		50.41
3	NORTHERN STATE UNIVERSITY 'A'		50.80
4	MORNINGSIDE COLLEGE 'A'		50.98
5	DORDT COLLEGE 'A'		51.18
6	BRIAR CLIFF UNIVERSITY 'A'		52.36
7	MOUNT MARTY COLLEGE 'A'		52.37

Women 4x200 Meter Relay Open Women

4 turn stagger			
Team			Finals
=====			
1	JAMESTOWN COLLEGE 'A'		1:44.72
	1) THINGSTAD, BETSY	2) MCCARTY, LIZ	
	3) VARRIANO, GIULI	4) HENNEK, SARAH	
2	DAKOTA STATE UNIVERSITY 'A'		1:46.35
3	NORTHWESTERN COLLEGE 'A'		1:47.23
4	DORDT COLLEGE 'A'		1:47.36
5	NORTHERN STATE UNIVERSITY 'A'		1:47.87
6	MOUNT MARTY COLLEGE 'A'		1:49.44

Women 4x400 Meter Relay Open Women

3 turn stagger			
Team			Finals
=====			
1	NORTHWESTERN COLLEGE 'A'		4:00.36
	1) HARDING, MEGAN	2) REGAN, JESSICA	
	3) MAAKESTAD, KRISTEN	4) JACOBSON, LAURA	
2	JAMESTOWN COLLEGE 'A'		4:02.14
3	DORDT COLLEGE 'A'		4:04.13
4	UNIVERSITY SOUTH DAKOTA 'A'		4:06.00
5	MORNINGSIDE COLLEGE 'A'		4:06.43
6	NORTHERN STATE UNIVERSITY 'A'		4:08.74
7	BRIAR CLIFF UNIVERSITY 'A'		4:12.60
8	DAKOTA STATE UNIVERSITY 'A'		4:16.11
9	MOUNT MARTY COLLEGE 'A'		4:18.87

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Women 4x800 Meter Relay Open Women**

1 turn stagger		Finals
Team		
1 UNIVERSITY SIOUX FALLS 'A'		9:36.73
1) TYSDAL, KYLA	2) KRUTHOFF, MICHELLE	
3) NIX, CARRIE	4)	
2 DORDT COLLEGE 'A'		9:37.51
3 AUGUSTANA COLLEGE 'A'		9:50.02
4 MORNINGSIDE COLLEGE 'A'		10:04.78
5 JAMESTOWN COLLEGE 'A'		10:38.19

Women 1600 Sprint Medley Open Women

3 turn stagger		Finals
Team		
1 AUGUSTANA COLLEGE 'A'		4:13.64
1) EYKYN, SHELBY	2) CARR, JACI	
3) STOLL, MARY	4) NICKOLAS, DANI	
2 BRIAR CLIFF UNIVERSITY 'A'		4:15.66
3 DORDT COLLEGE 'A'		4:19.22
4 AUGUSTANA COLLEGE 'B'		4:19.72
5 UNIVERSITY SOUTH DAKOTA 'A'		4:21.05
6 UNIVERSITY SIOUX FALLS 'A'		4:24.49
7 NORTHERN STATE UNIVERSITY 'A'		4:26.15
8 JAMESTOWN COLLEGE 'A'		4:34.16

Women Distance Medley Open Women

1 turn stagger		Finals
Running Order	1200-400-800-1600	
Team		
1 AUGUSTANA COLLEGE 'A'		12:53.31
1) KELLY, MAIREAD	2) CALDWELL, NANCY	
3) FERNANDEZ, KELLY	4) PAPE, JESSICA	
2 WAYNE STATE COLLEGE 'A'		13:07.07
3 JAMESTOWN COLLEGE 'A'		13:45.92
4 NORTHWESTERN COLLEGE 'A'		13:54.31
5 MOUNT MARTY COLLEGE 'A'		13:58.41

Women High Jump Open Women

Name	Age	Team	Finals
1 SCHULZ, BECKY		AUGUSTANA COLLEGE	5-07.00 1.70m
2 TEWES, LAURA		DAKOTA STATE	5-04.00 1.62m
3 KEMPERS, JEN		DORDT COLLEGE	J5-04.00 1.62m
4 BOEKHOUT, MIRANDA		NORTHWESTERN	J5-04.00 1.62m
5 TORKELSON, ANN		MORNINGSIDE COLLEGE	5-02.00 1.57m
6 SERSHEN, JANIE		AUGUSTANA COLLEGE	J5-02.00 1.57m
7 LIPPMAN, JADE		WAYNE STATE COLLEGE	J5-02.00 1.57m
8 SCHMIDT, AMBER		USD	J5-02.00 1.57m
9 SMITH, LAURA		NO. STATE	5-00.00 1.52m
9 GONSOR, CARRIE		USD	5-00.00 1.52m

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Women High Jump Open Women**

9	CUPPY, NICOLE	JAMESTOWN COLLEGE	5-00.00	1.52m
--	SCHOENFISH, CASSIE	AUGUSTANA COLLEGE	NH	
--	FLIKKEMA, SHAWNA	DORDT COLLEGE	NH	
--	HIEMSTRA, SERINA	DAKOTA STATE	NH	
--	SHEFFIELD, SAMANTHA	DORDT COLLEGE	NH	
--	ANDERSON, JENNY	AUGUSTANA COLLEGE	NH	

Women Pole Vault Open Women

Name	Age	Team	Finals	
1	CERLING, KATIE	UNATTACHED	10-06.00	3.20m
2	VINCENT, MARRIE	JAMESTOWN COLLEGE	10-00.00	3.04m
3	BOLDT, TRICIA	DAKOTA STATE	8-06.00	2.59m
4	SNELSON, DANA	JAMESTOWN COLLEGE	8-00.00	2.43m

Women Long Jump Open Women

Name	Age	Team	Finals	Wind	
1	EYKYN, SHELBY	AUGUSTANA COLLEGE	17-06.00	0.2	5.33m
2	PFIEFER, MICHELLE	UNATTACHED	17-02.00	NWI	5.23m
3	MCCARTY, LIZ	JAMESTOWN COLLEGE	16-04.50	NWI	4.99m
4	TORKELSON, ANN	MORNINGSIDE COLLEGE	16-04.00	NWI	4.97m
5	OCHSNER, LAUREL	DORDT COLLEGE	15-11.50	NWI	4.86m
6	BOEKHOUT, MIRANDA	NORTHWESTERN	15-08.00	NWI	4.77m
7	FEENSTRA, NATALIE	DORDT COLLEGE	15-05.00	NWI	4.69m
8	VINCENT, MARRIE	JAMESTOWN COLLEGE	15-03.00	NWI	4.64m
9	MILLER, TARA	U SIOUX FALL	14-10.00	NWI	4.52m
10	LUBBERS, BETSY	USD	14-09.00	1.1	4.49m
11	IKONOMOU, LAURAL	JAMESTOWN COLLEGE	14-07.00	NWI	4.44m
12	FLIKKEMA, SHAWNA	DORDT COLLEGE	13-10.50	NWI	4.22m
13	HORSTMAN, JOY	DORDT COLLEGE	13-10.00	NWI	4.21m
14	ANDERSON, JENNY	AUGUSTANA COLLEGE	13-09.50	0.5	4.20m
15	SHEFFIELD, SAMANTHA	DORDT COLLEGE	13-07.50	NWI	4.15m
16	BONN, HEATHER	NO. STATE	13-05.50	0.9	4.10m
17	BECHAN, CISALIE	DAKOTA WESLY	11-03.50	NWI	3.44m

Women Triple Jump Open Women

Name	Age	Team	Finals	Wind	
1	STOUT, NATALIE	USD	38-04.50	0.2	11.69m
2	LUBBERS, BETSY	USD	35-00.75	0.5	10.68m
3	GONSOR, CARRIE	USD	34-11.00	0.6	10.64m
4	BOEKHOUT, MIRANDA	NORTHWESTERN	33-08.00	NWI	10.26m
5	FLIKKEMA, SHAWNA	DORDT COLLEGE	33-00.00	NWI	10.05m
6	FEENSTRA, NATALIE	DORDT COLLEGE	32-09.50	NWI	9.99m
7	HIEMSTRA, SERINA	DAKOTA STATE	32-08.50	1.3	9.96m
8	BONN, HEATHER	NO. STATE	32-06.00	-0.8	9.90m
9	CUPPY, NICOLE	JAMESTOWN COLLEGE	30-03.00	NWI	9.22m

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Women Shot Put Open Women**

Standard for measurement 35'				
Name	Age	Team	Finals	
1	WILSON, KATIE	WAYNE STATE COLLEGE	45-11.25	14.00m
2	MOORE, MARISSA	U SIOUX FALL	43-04.00	13.20m
3	SCHULTZ, LINDSEY	AUGUSTANA COLLEGE	42-04.00	12.90m
4	CHAPIN, KRISTI	BRIAR CLIFF	40-11.00	12.47m
5	MEIER, GENA	NO. STATE	40-06.50	12.35m
6	WHITE, LAURA	JAMESTOWN COLLEGE	39-01.00	11.91m
7	DEBOER, AMBER	JAMESTOWN COLLEGE	37-04.00	11.37m
8	BOEPPLE, MIRANDA	NO. STATE	37-03.00	11.35m
9	HUMMELGARD, SARAH	BRIAR CLIFF	37-00.50	11.29m
10	KUNTZ, CHANTELL	MORNINGSIDE COLLEGE	37-00.00	11.27m
11	DELLWO, CASSIE	JAMESTOWN COLLEGE	36-03.50	11.06m
12	HAYES, SONJA	JAMESTOWN COLLEGE	35-07.50	10.85m
13	JOHNSON, JORDAN	AUGUSTANA COLLEGE	35-05.00	10.79m
14	KARLSGODT, KARA	DORDT COLLEGE	35-04.00	10.76m
15	OLTMANN, JANEL	MOUNT MARTY COLLEGE	34-11.00	10.64m
16	DEHAAN, TERYN	NORTHWESTERN	34-10.00	10.61m
17	EKHOF, STEPHANIE	MORNINGSIDE COLLEGE	34-08.50	10.57m
18	TAYLOR, RAE	NORTHWESTERN	33-00.50	10.07m
19	SMITH, BRENA	JAMESTOWN COLLEGE	33-00.00	10.05m
20	FRITZLER, MARENA	BRIAR CLIFF	32-04.00	9.85m
21	PFIEFER, MICHELLE	UNATTACHED	30-00.00	9.14m
--	SCHMIDT, AMBER	USD		ND

Women Discus Throw Open Women

Standard for measurement 100'				
Name	Age	Team	Finals	
1	WORTMANN, LAURA	UNATTACHED	42.74m	140-03
2	WILSON, KATIE	WAYNE STATE COLLEGE	41.33m	135-07
3	KARLSGODT, KARA	DORDT COLLEGE	38.75m	127-01
4	BEACHLER, KACIE	USD	38.69m	126-11
5	SCHULTZ, LINDSEY	AUGUSTANA COLLEGE	37.94m	124-06
6	DELLWO, CASSIE	JAMESTOWN COLLEGE	37.04m	121-06
7	CHASE, JESSICA	JAMESTOWN COLLEGE	37.01m	121-05
8	MCPHILLIPS, AMANDA	MOUNT MARTY COLLEGE	36.00m	118-01
9	GIESEN, ASHLEY	DAKOTA STATE	35.81m	117-06
10	CHAPIN, KRISTI	BRIAR CLIFF	35.72m	117-02
11	MEIER, GENA	NO. STATE	35.66m	117-00
12	VELTHOFF, AMY	USD	35.60m	116-09
13	DEHAAN, TERYN	NORTHWESTERN	33.95m	111-05
14	FRITZLER, MARENA	BRIAR CLIFF	33.63m	110-04
15	JOHNSON, JORDAN	AUGUSTANA COLLEGE	33.35m	109-05
16	LARSEN, MIKALA	USD	32.71m	107-04
17	TAYLOR, RAE	NORTHWESTERN	32.20m	105-08
18	WHITE, LAURA	JAMESTOWN COLLEGE	31.84m	104-05
19	PENN, SHANTEL	JAMESTOWN COLLEGE	31.22m	102-05
20	HUMMELGARD, SARAH	BRIAR CLIFF	31.19m	102-04
21	PIATZ, KATIE	JAMESTOWN COLLEGE	30.71m	100-09
22	WARZECHA, VANESSA	MORNINGSIDE COLLEGE	29.09m	95-05
23	DORNBUSCH, DANIELLE	USD	28.05m	92-00
24	WHIPPLE, MEGAN	USD	27.63m	90-08

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Women Discus Throw Open Women**

25	WHITED, KATYBETH	BRIAR CLIFF	27.60m	90-07
26	SMITH, BRENA	JAMESTOWN COLLEGE	27.17m	89-02
27	KUNTZ, CHANTELL	MORNINGSIDE COLLEGE	26.80m	87-11
28	JORDAHL, MAGGIE	JAMESTOWN COLLEGE	19.10m	62-08

Women Hammer Throw Open Women

Name	Age	Team	Finals	
1	MEIER, GENA	NO. STATE	46.48m	152-06
2	JENSEN, LACEY	WAYNE STATE COLLEGE	44.41m	145-08
3	WILSON, KATIE	WAYNE STATE COLLEGE	43.06m	141-03
4	VELTHOFF, AMY	USD	43.05m	141-03
5	LARSEN, MIKALA	USD	41.60m	136-06
6	DORNBUSCH, DANIELLE	USD	40.74m	133-08
7	HEFFERNAN, CHRISTINE	NO. STATE	40.64m	133-04
8	PRICE, AMY	DAKOTA WESLY	40.24m	132-00
9	EEKHOFF, STEPHANIE	MORNINGSIDE COLLEGE	39.84m	130-08
10	WHIPPLE, MEGAN	USD	37.67m	123-07
11	CHASE, JESSICA	JAMESTOWN COLLEGE	37.13m	121-10
12	DELLWO, CASSIE	JAMESTOWN COLLEGE	34.65m	113-08
13	BLUM, ALICIA	JAMESTOWN COLLEGE	33.46m	109-09
14	WHITED, KATYBETH	BRIAR CLIFF	32.89m	107-11
15	MCPHILLIPS, AMANDA	MOUNT MARTY COLLEGE	32.18m	105-07
16	JORDAHL, MAGGIE	JAMESTOWN COLLEGE	30.67m	100-07
17	PIATZ, KATIE	JAMESTOWN COLLEGE	28.79m	94-05
18	BLUM, RAEDEEN	JAMESTOWN COLLEGE	28.58m	93-09
19	JENNSSEN, JESSICA	MORNINGSIDE COLLEGE	28.33m	92-11
20	DEBOER, AMBER	JAMESTOWN COLLEGE	26.29m	86-03
--	BEACHLER, KACIE	USD	ND	
--	SKOREPA, KAYLA	MOUNT MARTY COLLEGE	ND	
--	SCHMIDT, AMBER	USD	ND	

Women Javelin Throw Open Women

Name	Age	Team	Finals	
1	BUYSKE, JEN	AUGUSTANA COLLEGE	140-09	42.90m
2	WARZECHA, VANESSA	MORNINGSIDE COLLEGE	139-09	42.59m
3	BOEPPLE, MIRANDA	NO. STATE	125-02	38.15m
4	FLIKKEMA, SHAWNA	DORDT COLLEGE	121-10	37.13m
5	PIATZ, KATIE	JAMESTOWN COLLEGE	115-09	35.28m
6	WINNAN, HEATHER	DAKOTA WESLY	112-03	34.21m
6	KARLSGODT, KARA	DORDT COLLEGE	112-03	34.21m
8	JOHNSON, JORDAN	AUGUSTANA COLLEGE	112-01	34.16m
9	MEIER, GENA	NO. STATE	110-10	33.78m
10	PRICE, AMY	DAKOTA WESLY	104-10	31.95m
11	SKOREPA, KAYLA	MOUNT MARTY COLLEGE	102-03	31.16m
12	SMITH, BRENA	JAMESTOWN COLLEGE	99-03	30.25m
13	WHITED, KATYBETH	BRIAR CLIFF	89-06	27.27m
14	GIESEN, ASHLEY	DAKOTA STATE	89-01	27.15m
15	BLUM, ALICIA	JAMESTOWN COLLEGE	87-04	26.61m
16	DEBOER, AMBER	JAMESTOWN COLLEGE	82-08	25.19m
17	SMITH, LAURA	NO. STATE	74-02	22.60m
18	ANDERSON, JENNY	AUGUSTANA COLLEGE	74-00	22.55m

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Women Javelin Throw Open Women**

19 JORDAHL, MAGGIE JAMESTOWN COLLEGE 58-11 17.95m

Boys 100 Meter Dash Class"A"

Name	Age	Team	Finals	Wind	H#
1		BILLS, BROCH	ROOSEVELT	11.51	NWI 3
2		KOOL, TYREL	YANKTON HIGH SCHOOL	11.53	NWI 3
3		FORD, DERRICK	SIOUX CITY WEST	11.74	NWI 2
4		WEGHER, BRANDON	HEELAN	11.80	NWI 1
5		NOREEN, SHANE	SIOUX CITY EAST	11.82	NWI 3
6		CORNAY, JORDAN	YANKTON HIGH SCHOOL	11.83	NWI 2
7		MCGRUDER, MAJOR	SF LINCOLN	11.86	NWI 2
8		WADE, TAYLOR	CB THOMAS JEFFERSON	11.90	NWI 3
9		STURDEVANT, DAVID	ROOSEVELT	12.01	NWI 2
10		DECK, AUSTIN	HEELAN	12.09	NWI 1
11		REINER, FORREST	YANKTON HIGH SCHOOL	12.14	NWI 2
12		ADKINS, DEREK	CB THOMAS JEFFERSON	12.27	NWI 1
13		BELK, PAUL	SIOUX CITY WEST	12.35	NWI 2
14		MILLER, JASON	ROOSEVELT	12.46	NWI 2

Boys 110 Meter Hurdles Class"A"

Name	Age	Team	Finals	Wind	H#
1		ROUNDS, MARTY	CB THOMAS JEFFERSON	15.41	NWI 2
2		THOMPSON, ANTONIO	ROOSEVELT	15.71	NWI 2
3		ANDERSON, ALEX	ROOSEVELT	16.13	NWI 2
4		KOOL, TYREL	YANKTON HIGH SCHOOL	16.15	NWI 2
5		MOORER, DALLAS	SIOUX CITY EAST	16.65	NWI 2
6		MORRIS, ZACH	SF LINCOLN	17.46	NWI 2
7		MUELLER, KYLE	YANKTON HIGH SCHOOL	17.84	NWI 1
8		BISENUIS, MIKE	HEELAN	18.13	NWI 1
9		FAULKNER, DANTE	SIOUX CITY WEST	18.14	NWI 1
10		SMITH, JORDAN	YANKTON HIGH SCHOOL	18.69	NWI 1
11		BIRDSSELL, ZACK	SIOUX CITY WEST	20.72	NWI 1
--		WASHINGTON, DEREK	SF LINCOLN	DQ	NWI 2

Boys 4x100 Meter Relay Class"A"

2 turn stagger	Team	Finals	H#
1	SIOUX CITY NORTH 'A'	44.91	2
	1) HAYES, DANNY		
	2) MCDANIEL, JEMICHA		
	3) GREEN, CHRIS		
	4) NETLEY, BYOD		
2	CB ABRAHAM LINCOLN 'A'	45.08	1
3	SIOUX CITY EAST 'A'	45.29	2
4	CB THOMAS JEFFERSON 'A'	45.32	2
5	BISHOP HEELAN HIGH SCHOOL 'A'	45.71	2
6	SIOUX FALLS ROOSEVELT 'A'	46.00	1
7	YANKTON HIGH SCHOOL 'A'	47.42	1
--	SIOUX CITY WEST 'A'	DQ	2

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Boys 4x200 Meter Relay Class "A"**

4 turn stagger			
Team		Finals	H#
1	CB ABRAHAM LINCOLN 'A'	1:32.49	2
	1) ZIMMERMAN, MIKE		
	2) OTT, JAKE		
	3) KRABBE, JAKE		
	4) FAHN, JAKE		
2	SF LINCOLN 'A'	1:33.54	2
3	SIOUX FALLS ROOSEVELT 'A'	1:33.70	2
4	SIOUX CITY EAST 'A'	1:34.31	2
5	SIOUX CITY NORTH 'A'	1:34.56	2
6	CB THOMAS JEFFERSON 'A'	1:35.21	2
7	BISHOP HEELAN HIGH SCHOOL 'A'	1:37.81	1
8	YANKTON HIGH SCHOOL 'A'	1:38.83	1

Boys 4x400 Meter Relay Class "A"

3 turn stagger			
Team		Finals	
1	CB ABRAHAM LINCOLN 'A'	3:31.40	
	1) WOLFE, JOHN		
	2) MILLNER, ZACH		
	3) OTT, JAKE		
	4) MAHOOD, CORY		
2	BISHOP HEELAN HIGH SCHOOL 'A'	3:34.08	
3	SIOUX CITY NORTH 'A'	3:34.82	
4	SIOUX FALLS ROOSEVELT 'A'	3:39.14	
5	SIOUX CITY EAST 'A'	3:41.24	
6	YANKTON HIGH SCHOOL 'A'	3:42.72	
--	SIOUX CITY WEST 'A'	DNF	

Boys 1600 Sprint Medley Class "A"

3 turn stagger			
Team		Finals	
1	CB ABRAHAM LINCOLN 'A'	3:37.56	
	1) OTT, JAKE		
	2) FAHN, JAKE		
	3) MAHOOD, CORY		
	4) WOLFE, JOHN		
2	SF LINCOLN 'A'	3:37.93	
3	BISHOP HEELAN HIGH SCHOOL 'A'	3:41.48	
4	SIOUX FALLS ROOSEVELT 'A'	3:50.94	
5	CB THOMAS JEFFERSON 'A'	3:50.97	
6	YANKTON HIGH SCHOOL 'A'	3:56.87	
7	SIOUX CITY NORTH 'A'	4:00.26	
8	SIOUX CITY EAST 'A'	4:19.88	

Boys 100 Meter Dash Class "B"

Name	Age	Team	Finals	Wind	H#
1		CLEMENT, JARED	11.20	NWI	2
2		HOCH, BRET	11.29	NWI	2
3		NEBELSICK, ANDREW	11.94	NWI	2
4		VAUBEL, CHARLIE	11.97	NWI	2
5		ROSENBOOM, JON	12.10	NWI	2
6		HECOX, JORDAN	12.12	NWI	1

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Boys 100 Meter Dash Class"B"**

7	BURGESON, MAX	OKOBOJI HIGH SCHOOL	12.34	NWI	2
8	BOHLKE, TYLER	LEMARS CENTRAL	12.36	NWI	1
9	LEIKER, JAKE	GLENWOOD HIGH SC	12.39	NWI	2
10	KINCAID, DAN	SGT BLUFF-LU	12.71	NWI	1

Boys 110 Meter Hurdles Class"B"

Name	Age	Team	Finals	Wind	H#
1	MASTER, LOGAN	STORM LAKE HIGH	15.07	NWI	2
2	RUSS, TANNER	MOC-FLOYD VALLEY	15.64	NWI	2
3	ALBUS, AARON	LEMARS CENTRAL	15.84	NWI	2
4	TILLMAN, MARC	GLENWOOD HIGH SC	16.42	NWI	2
5	ROSKAM, JASON	SIOUX CENTER	16.54	NWI	2
6	HASS, NATHAN	OKOBOJI HIGH SCHOOL	16.72	NWI	2
7	VANDE HOEF, COLLIN	MOC-FLOYD VALLEY	16.73	NWI	1
8	SCHWARCK, ALEX	SPIRIT LAKE HS	16.94	NWI	1
9	VANOTTERLOO, CALEB	LEMARS CENTRAL	17.20	NWI	1
10	LUGAR, DREW	CHEROKEE	17.27	NWI	1
11	WURTZ, RYAN	OKOBOJI HIGH SCHOOL	17.70	NWI	1
--	YOUNG, NATE	SGT BLUFF-LU	DQ	NWI	2

Boys 4x100 Meter Relay Class"B"

2 turn stagger					
Team			Finals	H#	
1	SO SIOUX CITY HIGH SCHOOL 'A'		44.67	2	
	1) LARSON, ERIC	2) BELL, JACOB			
	3) SPIRK, JORDAN	4) HOCH, BRET			
2	MT MICHAEL HIGH SCHOOL 'A'		45.29	2	
3	GLENWOOD HIGH SCHOOL 'A'		45.78	2	
4	OKOBOJI HIGH SCHOOL 'A'		47.15	2	
5	SGT BLUFF-LUTON H.S. 'A'		47.39	1	
6	LEMARS CENTRAL 'A'		47.72	1	

Boys 4x200 Meter Relay Class"B"

4 turn stagger					
Team			Finals	H#	
1	SO SIOUX CITY HIGH SCHOOL 'A'		1:34.74	2	
	1) HIRSCH, BEN	2) LETHCOE, MIKE			
	3) SPIRK, JORDAN	4) BELL, JACOB			
2	MOC-FLOYD VALLEY 'A'		1:34.82	1	
3	GLENWOOD HIGH SCHOOL 'A'		1:35.58	2	
4	SIOUX CENTER HIGH SCHOOL 'A'		1:35.63	2	
5	MT MICHAEL HIGH SCHOOL 'A'		1:36.84	2	
6	LEMARS CENTRAL 'A'		1:38.45	2	
7	OKOBOJI HIGH SCHOOL 'A'		1:38.83	2	
8	SGT BLUFF-LUTON H.S. 'A'		1:40.65	1	

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Boys 4x400 Meter Relay Class"B"**

3 turn stagger		Finals
Team		
1 LEMARS CENTRAL 'A'		3:30.45
1) RITZ, MIKE	2) ALBUS, AARON	
3) VANOTTERLOO, CALEB	4) CLEMENT, JARED	
2 MOC-FLOYD VALLEY 'A'		3:34.81
3 GLENWOOD HIGH SCHOOL 'A'		3:36.58
4 MT MICHAEL HIGH SCHOOL 'A'		3:39.65
5 SO SIOUX CITY HIGH SCHOOL 'A'		3:40.93
6 OKOBOJI HIGH SCHOOL 'A'		3:43.50

Boys 1600 Sprint Medley Class"B"

3 turn stagger		Finals
Team		
1 OKOBOJI HIGH SCHOOL 'A'		3:38.29
1) BURGESSON, MAX	2) CALLAHAN, ALEX	
3) VAUBEL, CHARLIE	4) ELDAL, AARON	
2 LEMARS CENTRAL 'A'		3:43.82
3 MOC-FLOYD VALLEY 'A'		3:48.79
4 SGT BLUFF-LUTON H.S. 'A'		3:51.94
5 GLENWOOD HIGH SCHOOL 'A'		3:57.29

Boys 100 Meter Dash Class"C"

Name	Age	Team	Finals	Wind	H#
1 KUCHEL, NICK		KINGSLEY-PIERSON	11.21	NWI	3
2 WILLEY, STEVEN		WEST MONONA	11.51	NWI	3
3 SCHAEUBLE, BRENNAN		KINGSLEY-PIERSON	11.82	NWI	2
4 FIDDELKE, DAIN		SOUTH O'BRIEN H.S.	11.84	NWI	3
5 LOVING, MICHAEL		LAWTON-BRONSON	11.86	NWI	3
6 SMITH, TIM		WOODBURY CEN	11.86	NWI	2
7 ROLPH, CHRIS		WEST MONONA	12.02	NWI	3
8 ALEMAN, JOSE		GEHLEN CATHOLIC	12.08	NWI	2
9 RADKE, SAM		GALVA-HOLSTEIN	12.08	NWI	3
10 SITZMANN, ERIC		KINGSLEY-PIERSON	12.11	NWI	3
11 MEYERS, BRANDON		WESTWOOD	12.24	NWI	2
12 SCHIEFFER, JEREMY		CB ST ALBERT	12.25	NWI	1
13 ALEXANDER, DERICK		EMERSON-HUBBARD	12.35	NWI	2
14 ZAJIC, RYAN		CB ST ALBERT	12.36	NWI	2
15 LANGEL, CODY		GEHLEN CATHOLIC	12.37	NWI	2
16 CAMPBELL, NATHAN		WOODBURY CEN	12.42	NWI	2
17 GOODIN, JUSTIN		WESTWOOD	12.51	NWI	3
18 GLANZER, CASEY		D VALLEY	12.54	NWI	1

Boys 110 Meter Hurdles Class"C"

Name	Age	Team	Finals	Wind	H#
1 KUCHEL, NICK		KINGSLEY-PIERSON	15.12	NWI	2
2 BREWER, JOSH		HOMER HIGH SCHOOL	16.39	NWI	2
3 SCHAEUBLE, BRENNAN		KINGSLEY-PIERSON	16.44	NWI	2

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Boys 110 Meter Hurdles Class"C"**

4	LANGEL, RYAN	GEHLEN CATHOLIC	16.47	NWI	2
5	HOLTGREWE, ZACH	GEHLEN CATHOLIC	16.62	NWI	2
6	BAUMERT, MARC	CB ST ALBERT	17.21	NWI	2
7	SCHLINZ, JARED	GALVA-HOLSTEIN	17.67	NWI	2
8	SNYDER, KADE	HOMER HIGH SCHOOL	18.24	NWI	1
9	ANDRESEN, NICK	GALVA-HOLSTEIN	18.36	NWI	1
10	CURRAN, MAX	D VALLEY	18.72	NWI	2
11	SCOTT, GREG	WESTWOOD	19.34	NWI	1
12	MALLETT, MATT	WESTWOOD	19.55	NWI	1

Boys 4x100 Meter Relay Class"C"

=====					
2 turn stagger					
Team			Finals	H#	
=====					
1	SOUTH O'BRIEN H.S. 'A'		45.59	2	
	1) DAU, ANDREW	2) FIDDELKE, DAIN			
	3) FAUST, NICK	4) PUHRMANN, CLINT			
2	LAWTON-BRONSON 'A'		45.75	2	
3	ELK POINT-JEFFERSON 'A'		46.22	2	
4	GEHLEN CATHOLIC 'A'		46.27	2	
5	HOMER HIGH SCHOOL 'A'		46.45	2	
6	WEST MONONA HIGH SCHOOL 'A'		46.71	1	
7	WOODBURY CENTRAL HIGH 'A'		46.90	1	
8	CB ST ALBERT 'A'		47.46	2	
9	DAKOTA VALLEY HIGH SCHOOL 'A'		47.93	2	
10	WESTWOOD SLOAN HIGH SCHOO 'A'		48.06	2	

Boys 4x200 Meter Relay Class"C"

=====		
4 turn stagger		
Team		Finals
=====		
1	LAWTON-BRONSON 'A'	1:34.19
2	ELK POINT-JEFFERSON 'A'	1:34.80
3	GEHLEN CATHOLIC 'A'	1:35.23
4	SOUTH O'BRIEN H.S. 'A'	1:35.26
5	WEST MONONA HIGH SCHOOL 'A'	1:35.69
6	CB ST ALBERT 'A'	1:37.42
7	DAKOTA VALLEY HIGH SCHOOL 'A'	1:39.59
8	WESTWOOD SLOAN HIGH SCHOO 'A'	1:42.22

Boys 4x400 Meter Relay Class"C"

=====					
3 turn stagger					
Team			Finals	H#	
=====					
1	ELK POINT-JEFFERSON 'A'		3:34.93	2	
	1) NEBELSICK, MICHAEL	2) ERICKSON, NICK			
	3) HUDELSON, JACOB	4) STRASSBURG, MICHAEL			
2	HOMER HIGH SCHOOL 'A'		3:35.45	2	
3	LAWTON-BRONSON 'A'		3:38.77	1	
4	CB ST ALBERT 'A'		3:44.83	1	
5	SOUTH O'BRIEN H.S. 'A'		3:44.95	2	
6	EMERSON-HUBBARD 'A'		3:49.80	2	

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Boys 4x400 Meter Relay Class"C"**

7	DAKOTA VALLEY HIGH SCHOOL	'A'	3:50.83	2
8	WESTWOOD SLOAN HIGH SCHOOL	'A'	3:55.23	1
9	WEST MONONA HIGH SCHOOL	'A'	3:58.60	1

Boys 1600 Sprint Medley Class"C"

3 turn stagger				
Team	Finals			
1	ELK POINT-JEFFERSON	'A'	3:43.89	
	1) ERICKSON, NICK		2) STRASSBURG, MICHAEL	
	3) NEBELSICK, MICHAEL		4) HUDELSON, JACOB	
2	HOMER HIGH SCHOOL	'A'	3:45.68	
3	SOUTH O'BRIEN H.S.	'A'	3:48.54	
4	LAWTON-BRONSON	'A'	3:51.48	
5	GEHLEN CATHOLIC	'A'	3:51.99	
6	WEST MONONA HIGH SCHOOL	'A'	3:54.90	
7	GALVA-HOLSTEIN	'A'	3:55.61	
8	EMERSON-HUBBARD	'A'	4:12.87	

Boys 200 Meter Dash Open H.S.

Name	Age	Team	Finals	Wind	
1		CLEMENT, JARED	LEMARS CENTRAL	22.23	NWI
2		HOCH, BRET	SO SIOUX	23.07	NWI
3		KOOL, TYREL	YANKTON HIGH SCHOOL	23.24	NWI
4		STOKKE, SEAN	SF LINCOLN	23.84	NWI
5		LARSON, MATT	SIOUX CITY EAST	23.91	NWI
6		HUNT, CODY	MOC-FLOYD VALLEY	23.93	NWI
7		GREEN, CHRIS	SIOUX CITY NORTH	24.57	NWI

Boys 800 Meter Run Open H.S.

Top 24				
Name	Age	Team	Finals	
1		DOUGHERTY, ANDY	SIOUX CITY EAST	2:00.51
2		DANNENBRING, TY	YANKTON HIGH SCHOOL	2:01.10
3		FITZSIMMONS, SEAN	YANKTON HIGH SCHOOL	2:01.94
4		KOGEL, BILL	ROOSEVELT	2:02.62
5		KRANINGER, BRENT	OKOBOJI HIGH SCHOOL	2:03.06
6		DANNENBRING, SAM	YANKTON HIGH SCHOOL	2:03.15
7		SCHLEIS, TYLER	LEMARS CENTRAL	2:06.62
8		FARR, JAKE	CB THOMAS JEFFERSON	2:08.36
9		ENGBRETSON, CODY	LEMARS CENTRAL	2:09.84
10		RICE, JASON	CB THOMAS JEFFERSON	2:10.62
11		FARAH, HAMZA	SIOUX CITY WEST	2:12.77
12		NETTEN, TRAVIS	MOC-FLOYD VALLEY	2:12.80
13		BAMRICK, AUSTIN	LAWTON-BRONSON	2:12.89
14		DIEDIKER, NICK	SO SIOUX	2:14.52
15		ELDAL, AARON	OKOBOJI HIGH SCHOOL	2:21.16

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Boys 1600 Meter Run Open H.S.**

=====			
Top 32			
Name	Age	Team	Finals
=====			
1	LEWIS, JOSH	SIOUX CITY WEST	4:22.29
2	OBERLE, ANTHONY	HEELAN	4:30.01
3	EGGER, CALEB	GALVA-HOLSTEIN	4:42.21
4	STEWART, AARON	YANKTON HIGH SCHOOL	4:45.42
5	VENTEICHER, COLTEN	MT MICHAEL	4:45.93
6	SOMER, BRYCE	YANKTON HIGH SCHOOL	4:49.97
7	RODRIQUEZ, JOE	CB THOMAS JEFFERSON	4:51.05
8	THIELEN, DOMINIC	SF LINCOLN	4:51.07
9	GESINK, BRIAN	SIOUX CENTER	4:53.00
10	WALTER, CHASE	WOODBURY CEN	4:53.18
11	MCKEWON, NATE	HEELAN	4:54.04
12	WILES, BRIAN	SF LINCOLN	4:56.15
13	MURPHY, TOM	MT MICHAEL	4:58.15
14	WIGNALL, ALDEN	GLENWOOD HIGH SC	4:59.07
15	VAN GORP, COREY	MOC-FLOYD VALLEY	4:59.56
16	JACOBS, AUSTIN	SIOUX CITY EAST	5:01.07
17	HARDENBROOK, DREW	SIOUX CITY EAST	5:01.44
18	ELDAL, AARON	OKOBOJI HIGH SCHOOL	5:01.53
19	SITZMANN, WADE	GEHLEN CATHOLIC	5:01.73
20	PETERSON, JEFF	OKOBOJI HIGH SCHOOL	5:02.66
21	PLUEGER, NICK	LEMARS CENTRAL	5:04.61
22	FRANKL, LUKE	ELK POINT-JEFFERSON	5:07.64
23	WOLPERT, PATRICK	D VALLEY	5:09.18
24	ROBERTS, MICHAEL	LAWTON-BRONSON	5:11.59
25	DOLEZAL, LOREN	HOMER HIGH SCHOOL	5:12.78
25	HANSEN, CARLOS	SIOUX CITY WEST	5:12.78
27	HICKS, KEAGAN	SOUTH O'BRIEN H.S.	5:23.03

Boys 3200 Meter Run Open H.S.

=====			
Top 32			
Name	Age	Team	Finals
=====			
1	FITZSIMMONS, SEAN	YANKTON HIGH SCHOOL	9:37.83
2	WILLIAMS, JON	YANKTON HIGH SCHOOL	9:41.47
3	ANDERSON, BRAD	YANKTON HIGH SCHOOL	9:51.68
4	VANDEBERG, AUSTIN	SF LINCOLN	10:00.64
5	BRAITHWAITE, MATT	SF LINCOLN	10:02.31
6	DUBA, ANDREW	ROOSEVELT	10:15.43
7	MICHALAK, NICK	MT MICHAEL	10:16.40
8	WALTER, CHASE	WOODBURY CEN	10:26.25
9	HALL, NICK	MT MICHAEL	10:31.43
10	GESINK, BRIAN	SIOUX CENTER	10:32.86
11	BUCHANAN, SCOTT	ROOSEVELT	10:35.02
12	MORENO, KENNY	ROOSEVELT	10:35.73
13	SPENCER, JORDAN	LEMARS CENTRAL	10:49.43
14	GOULD, ZACH	SIOUX CITY EAST	10:57.19
15	SITZMANN, WADE	GEHLEN CATHOLIC	11:03.76
16	HERBOLD, DAVID	LAWTON-BRONSON	11:13.29
17	RICKERT, CHRIS	HEELAN	11:14.12
18	KLIEGL, BLAKE	OKOBOJI HIGH SCHOOL	11:17.21
19	DOLEZAL, LOREN	HOMER HIGH SCHOOL	11:17.84

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Boys 3200 Meter Run Open H.S.**

20	HICKS, KEAGAN	SOUTH O'BRIEN H.S.	11:23.05
21	WOLPERT, PATRICK	D VALLEY	11:24.71
22	BRAND, DAMIAN	SGT BLUFF-LU	11:29.61
23	MUELLER, GARRET	EMERSON-HUBBARD	11:33.70
24	ROOK, DEVON	SGT BLUFF-LU	11:43.96
25	LADDUSAW, JON	KINGSLEY-PIERSON	12:06.28

Boys 400 Meter Hurdles Open H.S.

=====				
Top 24 by time				
	Name	Age Team	Finals	H#
=====				
1	KUCHEL, NICK	KINGSLEY-PIERSON	54.78	3
2	MASTER, LOGAN	STORM LAKE HIGH	55.73	3
3	MOORE, TERRY	CB THOMAS JEFFERSON	55.76	3
4	MILLNER, ZACH	CB ABRAHAM LINCOLN	56.18	3
5	VANDE HOEF, COLLIN	MOC-FLOYD VALLEY	57.20	3
6	LUGAR, DREW	CHEROKEE	57.77	2
7	CHAPMAN, DYLAN	OKOBOJI HIGH SCHOOL	57.92	2
8	LANGEL, RYAN	GEHLEN CATHOLIC	57.98	2
9	MORRIS, ZACH	SF LINCOLN	58.00	2
10	VANOTTERLOO, CALEB	LEMARS CENTRAL	58.07	2
11	WASHINGTON, DEREK	SF LINCOLN	58.10	3
12	SCHULTE, PHIL	MT MICHAEL	59.41	2
13	DOWNNS, JUSTIN	SIOUX CITY WEST	59.99	2
14	PANTOJA, BRENNER	SO SIOUX	1:00.62	1
15	BAUMERT, MARC	CB ST ALBERT	1:00.79	1
16	PEVERILL, COLLIN	GLENWOOD HIGH SC	1:01.03	1
17	WHITMIRE, ANDREW	WEST MONONA	1:01.22	1
18	ALBRECHT, TRAVIS	EMERSON-HUBBARD	1:01.70	3
19	HASS, NATHAN	OKOBOJI HIGH SCHOOL	1:02.07	1
20	BENSON, JOSHUB	LAWTON-BRONSON	1:03.78	1
21	ANDERSON, ALEX	ROOSEVELT	1:03.87	3
22	RAMIREZ, ELI	CHEROKEE	1:04.16	1

Boys 4x800 Meter Relay Open H.S.

=====				
Top 16 teams by time				
1 turn stagger				
	Team		Finals	
=====				
1	SIOUX FALLS ROOSEVELT 'A'		8:14.60	
	1) STELZER, KEVIN	2) NELSON, DJ		
	3) KOGEL, BILL	4) ARECHIGO, JAKE		
2	OKOBOJI HIGH SCHOOL 'A'		8:17.98	
3	LEMARS CENTRAL 'A'		8:22.19	
4	CB THOMAS JEFFERSON 'A'		8:22.75	
5	BISHOP HEELAN HIGH SCHOOL 'A'		8:32.09	
6	MT MICHAEL HIGH SCHOOL 'A'		8:39.83	
7	GEHLEN CATHOLIC 'A'		8:41.06	
8	GLENWOOD HIGH SCHOOL 'A'		8:41.64	
9	SIOUX CITY WEST 'A'		8:43.05	
10	LAWTON-BRONSON 'A'		8:47.44	
11	SIOUX CITY EAST 'A'		8:52.25	

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Boys High Jump Open H.S.**

Starting height 5'10"				
Name	Age	Team	Finals	
1 TILLMAN, MARC		GLENWOOD HIGH SC	6-04.00	1.93m
2 MASTER, LOGAN		STORM LAKE HIGH	J6-04.00	1.93m
3 DAWSON, ANDY		CHEROKEE	6-02.00	1.87m
4 CLARK-WINN, BRYAN		CB THOMAS JEFFERSON	5-10.00	1.77m
-- GILLASPIE, KODY		WESTWOOD	NH	
-- PANTOJA, BRENNER		SO SIOUX	NH	
-- PAULSEN, RYAN		SOUTH O'BRIEN H.S.	NH	
-- MOORER, DALLAS		SIOUX CITY EAST	NH	
-- MUELLER, KYLE		YANKTON HIGH SCHOOL	NH	
-- CAMPBELL, NATHAN		WOODBURY CEN	NH	
-- GRAY, ROB		LAWTON-BRONSON	NH	
-- ANDERSON, BRETT		SF LINCOLN	NH	
-- BAUMERT, MARC		CB ST ALBERT	NH	
-- HANSSSEN, JORDAN		ROOSEVELT	NH	
-- RAMM, ROBB		ROOSEVELT	NH	
-- GENTRY, MASON		SIOUX CITY EAST	NH	

Boys Long Jump Open H.S.

Name	Age	Team	Finals	Wind	
1 KOOL, TYREL		YANKTON HIGH SCHOOL	21-09.50	NWI	6.64m
2 ALBUS, AARON		LEMARS CENTRAL	21-02.50	NWI	6.46m
3 SPIRK, JORDAN		SO SIOUX	20-11.50	NWI	6.38m
4 COLLINS, JOSH		SIOUX CITY WEST	20-04.50	NWI	6.21m
5 PETERSON, COREY		CB ABRAHAM LINCOLN	20-03.00	NWI	6.17m
6 SHANNON, BRIAN		CB ABRAHAM LINCOLN	19-11.50	NWI	6.08m
7 HOPE, DYLAN		CB THOMAS JEFFERSON	19-11.00	NWI	6.07m
8 DUNN, MIKE		ROOSEVELT	19-09.00	NWI	6.01m
9 TOMSCHA, ANTHONY		SIOUX CITY NORTH	19-01.00	NWI	5.81m
9 MCMAHAN, KEVIN		GLENWOOD HIGH SC	19-01.00	NWI	5.81m
11 SMITH, JORDAN		YANKTON HIGH SCHOOL	18-10.00	NWI	5.74m
12 GREEN, CHRIS		SIOUX CITY NORTH	18-09.00	NWI	5.71m
12 KRUSE, MAX		SF LINCOLN	18-09.00	NWI	5.71m
14 BISENUIS, MIKE		HEELAN	18-06.00	NWI	5.63m
15 HASS, NATHAN		OKOBOJI HIGH SCHOOL	18-04.50	NWI	5.60m
16 HEITMAN, TYLER		SO SIOUX	18-02.00	NWI	5.53m
17 ALEXANDER, DERICK		EMERSON-HUBBARD	18-00.00	NWI	5.48m
18 STURDEVANT, DAVID		ROOSEVELT	17-09.50	NWI	5.42m
19 PUHRMANN, CLINT		SOUTH O'BRIEN H.S.	17-07.00	NWI	5.35m
20 KNOTEK, TONY		CB ST ALBERT	17-06.50	NWI	5.34m
21 TILLMAN, MARC		GLENWOOD HIGH SC	17-05.00	NWI	5.30m
22 MAST, KANE		KINGSLEY-PIERSON	16-04.50	NWI	4.99m
23 JAMES, MARCUS		SIOUX CITY NORTH	16-00.00	NWI	4.87m

Boys Shot Put Open H.S.

Standard measurement 45'				
Name	Age	Team	Finals	
1 MCINERNEY, SAM		ELK POINT-JEFFERSON	53-10.00	16.40m
2 MCCALL, JOE		CB ABRAHAM LINCOLN	51-06.00	15.69m

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Boys Shot Put Open H.S.**

3	THOMPSON, ANTONIO	ROOSEVELT	50-01.50	15.27m
4	LESSMAN, RYAN	SIOUX CITY EAST	49-06.00	15.08m
5	VONDRAK, ADAM	HEELAN	49-03.50	15.02m
6	KILKER, BRIAN	GEHLEN CATHOLIC	49-00.50	14.94m
7	LUNDGREN, PAUL	MOC-FLOYD VALLEY	48-10.00	14.88m
8	TONSFELDT, ERIK	LEMARS CENTRAL	48-01.00	14.65m
9	LYNCH, TYLER	ROOSEVELT	47-07.00	14.50m
10	BOONSTRA, ANDY	MOC-FLOYD VALLEY	47-02.50	14.38m
11	MADDOX, ADAM	YANKTON HIGH SCHOOL	46-04.00	14.12m
12	MEECHAM, BILLY	SIOUX CITY NORTH	45-05.00	13.84m
13	CASKEY, DANNIE	SO SIOUX	45-01.00	13.74m
14	ALLEN, CLARK	CB ABRAHAM LINCOLN	45-00.00	13.71m
15	MAGNUSSEN, JAY	SOUTH O'BRIEN H.S.	44-09.75	13.65m
16	MARTIN, ANDREW	ROOSEVELT	44-07.00	13.58m
17	HICKS, COLE	OKOBOJI HIGH SCHOOL	43-08.00	13.30m
18	HICKLIN, ALEX	HEELAN	43-07.00	13.28m
19	SCHWARTZ, ALEX	D VALLEY	41-09.75	12.74m
20	MURPHY, CHARLIE	SIOUX CITY WEST	41-09.00	12.72m
21	KLAASSEN, KYLE	OKOBOJI HIGH SCHOOL	41-06.50	12.66m
22	KUXHAUSEN, BRAD	GLENWOOD HIGH SC	41-06.00	12.64m
23	SMITH, TIM	WOODBURY CEN	40-10.25	12.45m
--	TACKE, BRIAN	YANKTON HIGH SCHOOL	ND	
--	CLARK, DJ	SF LINCOLN	ND	
--	RIEDMANN, MATT	EMERSON-HUBBARD	ND	
--	SCOTT, ANDY	WESTWOOD	ND	
--	MUNSON, MIKE	SO SIOUX	ND	

Boys Discus Throw Open H.S.

Standard measurement 125'

To be Held at Heelan East Field

Name	Age	Team	Finals	
1	LYNCH, TYLER	ROOSEVELT	162-09	49.60m
2	KUXHAUSEN, BRAD	GLENWOOD HIGH SC	146-07	44.67m
3	ALLEN, CLARK	CB ABRAHAM LINCOLN	144-09	44.11m
4	VONDRAK, ADAM	HEELAN	143-02	43.63m
5	MCINERNEY, SAM	ELK POINT-JEFFERSON	140-08	42.87m
6	BOONSTRA, ANDY	MOC-FLOYD VALLEY	139-02	42.41m
7	LESSMAN, RYAN	SIOUX CITY EAST	134-08	41.04m
8	HINDS, ADAM	HEELAN	133-09	40.76m
9	RAVELING, TONY	STORM LAKE HIGH	133-08	40.74m
10	LUNDGREN, PAUL	MOC-FLOYD VALLEY	132-03	40.30m
11	SANGEL, TOBY	OKOBOJI HIGH SCHOOL	131-06	40.08m
12	MAGNUSSEN, JAY	SOUTH O'BRIEN H.S.	127-09	38.93m
13	JOHNSTON, COLE	CB ABRAHAM LINCOLN	127-08	38.91m
14	RICHARDSON, MIKE	CB THOMAS JEFFERSON	122-03	37.26m
15	OETKEN, ALLEN	LEMARS CENTRAL	121-00	36.88m
16	CASKEY, DANNIE	SO SIOUX	120-00	36.57m
17	MARTIN, ANDREW	ROOSEVELT	119-09	36.49m
18	KILKER, BRIAN	GEHLEN CATHOLIC	119-06	36.42m
18	GRAY, ROB	LAWTON-BRONSON	119-06	36.42m
--	BELT, JASON	CB THOMAS JEFFERSON	ND	
--	GARVEY, MIKE	SO SIOUX	ND	

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Boys 4x100 Meter Relay Freshman Boys**

2 turn stagger		Finals
Team		
1 BISHOP HEELAN HIGH SCHOOL 'A'		48.78
1) O'BRIEN, CONNOR	2) CASEY, MATT	
3) BUCK, BRYAN	4) WRIGHT, BUCKLEY	
2 SIOUX CITY WEST 'A'		51.38
3 SIOUX CITY EAST 'A'		51.65
-- SIOUX CITY NORTH 'A'		DQ

Boys 4x200 Meter Relay Freshman Boys

4 turn stagger		Finals
Team		
1 SIOUX CITY EAST 'A'		1:41.79
1) BARTH, JERAD	2) POLLOW, TAYLOR	
3) BAUERLY, BRICE	4) MILLER, TREVOR	
2 SIOUX CITY NORTH 'A'		1:45.23
-- SIOUX CITY WEST 'A'		DQ

Boys 4x400 Meter Relay Freshman Boys

3 turn stagger		Finals
Team		
1 BISHOP HEELAN HIGH SCHOOL 'A'		3:48.55
1) RICKORD, BEN	2) CASEY, MATT	
3) KARPUK, DAN	4) DOUGHERTY, BRENDON	
2 SIOUX CITY NORTH 'A'		3:55.23
3 SIOUX CITY EAST 'A'		4:08.69

Boys 100 Meter Dash Elite

Name	Age Team	Finals	Wind
1 KUCHEL, NICK	KINGSLEY-PIERSON	11.04	NWI
2 CLEMENT, JARED	LEMARS CENTRAL	11.18	NWI
3 HOCH, BRET	SO SIOUX	11.28	NWI
4 WILLEY, STEVEN	WEST MONONA	11.52	NWI
5 BILLS, BROCH	ROOSEVELT	11.65	NWI
6 KOOL, TYREL	YANKTON HIGH SCHOOL	11.67	NWI
7 FORD, DERRICK	SIOUX CITY WEST	11.77	NWI
8 WEGHER, BRANDON	HEELAN	11.87	NWI

Boys 110 Meter Hurdles Elite

Name	Age Team	Finals	Wind
1 KUCHEL, NICK	KINGSLEY-PIERSON	14.70	NWI
2 MASTER, LOGAN	STORM LAKE HIGH	15.32	NWI
3 ALBUS, AARON	LEMARS CENTRAL	15.47	NWI
4 ANDERSON, ALEX	ROOSEVELT	15.50	NWI
5 RUSS, TANNER	MOC-FLOYD VALLEY	15.73	NWI
6 KOOL, TYREL	YANKTON HIGH SCHOOL	15.79	NWI

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Boys 110 Meter Hurdles Elite**

7	THOMPSON, ANTONIO	ROOSEVELT	16.00	NWI
8	ROUNDS, MARTY	CB THOMAS JEFFERSON	17.07	NWI

Men 100 Meter Dash Open Men

Name	Age	Team	Prelims	Wind	H#
Preliminaries					
1	PEKAREK, SCOTT	DAKOTA WESLY	11.16q	1.2	2
2	MELVIN, BRIAN	DAKOTA STATE	11.16q	1.2	2
3	REZAC, ANTHONY	MORNINGSIDE COLLEGE	11.20q	0.9	3
4	ROGGATZ, ERIC	MORNINGSIDE COLLEGE	11.31q	1.2	2
5	PILAKOWSKI, TIM	WAYNE STATE COLLEGE	11.32q	0.9	3
6	BEACHEM, CHANG	NO. STATE	11.45q	0.9	3
7	TEWS, NICK	JAMESTOWN COLLEGE	11.48q	0.3	4
8	CONRAD, RYAN	UNATTACHED	11.54q	0.8	1
9	RUST, TIM	USD	11.54	0.9	3
10	JOHNIKIN, JAMES	UNATTACHED	11.71	1.2	2
11	LOZANO, JAVIER	MORNINGSIDE COLLEGE	11.73	0.3	4
12	MUELLER, JON	DAKOTA STATE	11.74	0.3	4
13	LEUSINK, TROY	DORDT COLLEGE	11.76	0.8	1
14	OSCHNER, KYLE	NORTHWESTERN	11.80	0.9	3
15	REIMER, BRIAN	USD	11.80	1.2	2
16	RODEN, WILLIAM	BRIAR CLIFF	11.87	0.9	3
17	SHINKLE, JUSTIN	DAKOTA WESLY	11.90	0.3	4
18	SCHMIDT, LYNDON	JAMESTOWN COLLEGE	11.94	0.9	3
19	EDWARDS, GRANT	DAKOTA WESLY	11.99	1.2	2
20	GUTNIK, BEN	USD	12.05	0.8	1
21	ELLENS, MARK	UNATTACHED	12.07	0.8	1
22	TILSTRA, CALEB	NORTHWESTERN	12.14	1.2	2
23	OGDEN, TOM	JAMESTOWN COLLEGE	12.16	0.3	4
24	LEAR, ETHAN	BRIAR CLIFF	12.27	0.8	1
25	MCDOUGLE, RONNIE	UNATTACHED	12.29	0.9	3
26	KLATT, DEREK	USD	12.35	0.3	4
27	ABEL, MATT	AUGUSTANA COLLEGE	12.48	0.8	1
28	FOSTER, ALEX	U SIOUX FALL	13.37	0.8	1
--	WASHINGTON, JJ	WAYNE STATE COLLEGE	FS	0.8	1

Men 100 Meter Dash Open Men

Name	Age	Team	Finals	Wind
Finals				
1	MELVIN, BRIAN	DAKOTA STATE	10.96	-1.5
2	REZAC, ANTHONY	MORNINGSIDE COLLEGE	11.07	-1.5
3	PEKAREK, SCOTT	DAKOTA WESLY	11.13	-1.5
4	PILAKOWSKI, TIM	WAYNE STATE COLLEGE	11.28	-1.5
5	ROGGATZ, ERIC	MORNINGSIDE COLLEGE	11.29	-1.5
6	BEACHEM, CHANG	NO. STATE	11.30	-1.5
7	CONRAD, RYAN	UNATTACHED	11.34	-1.5
8	TEWS, NICK	JAMESTOWN COLLEGE	11.58	-1.5

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Men 400 Meter Dash Open Men**

Name	Age	Team	Finals	H#
1 HAMIK, JAKE		NO. STATE	49.20	5
2 CONRAD, RYAN		UNATTACHED	49.52	5
3 MAKOUTZ, CHRIS		JAMESTOWN COLLEGE	49.62	4
4 BRINK, KELLY		WAYNE STATE COLLEGE	49.72	4
5 VAN WYK, JARED		DORDT COLLEGE	49.86	5
6 HOWELL, SEAN		MORNINGSIDE COLLEGE	49.98	5
7 BECKER, BRYCE		NORTHWESTERN	49.99	5
8 SCHAFFER, MATT		WAYNE STATE COLLEGE	50.25	4
9 STRAIT, STEPHEN		JAMESTOWN COLLEGE	50.71	5
10 MARCUS, JOSH		DORDT COLLEGE	50.75	4
11 GUETTER, LUKE		AUGUSTANA COLLEGE	51.32	5
12 MCMURPHY, NATE		NO. STATE	51.79	3
13 DYKSTRA, GRANT		DORDT COLLEGE	51.99	3
14 HAWKINS, CYRUS		NO. STATE	52.04	4
15 WALSH, MATT		WAYNE STATE COLLEGE	52.57	2
16 JENSEN, BROCK		NORTHWESTERN	52.59	4
17 PEKAREK, SCOTT		DAKOTA WESLY	52.86	3
18 GUTNIK, BEN		USD	52.92	3
19 VOLENTINE, JOSIAH		USD	52.94	3
20 JANSSEN, AUSTIN		NORTHWESTERN	53.00	4
21 NORDSTROM, CHRIS		MORNINGSIDE COLLEGE	53.16	2
22 OGDEN, TOM		JAMESTOWN COLLEGE	53.23	2
23 MALLETT, BILLY		MORNINGSIDE COLLEGE	53.40	1
24 PRINS, KEVIN		DORDT COLLEGE	53.49	3
25 YOUNG, TEDDY		WAYNE STATE COLLEGE	53.49	2
26 TRETTIN, JACOB		MORNINGSIDE COLLEGE	54.43	2
27 STERNHAGEN, DANIEL		MOUNT MARTY COLLEGE	54.60	3
28 REINDL, LUKE		NO. STATE	54.88	2
29 BECKER, SAM		MORNINGSIDE COLLEGE	55.12	1
30 SANDIDGE, JON		MOUNT MARTY COLLEGE	55.55	2
31 SHINKLE, JUSTIN		DAKOTA WESLY	56.29	1
32 RODEN, AJ		BRIAR CLIFF	56.76	4

Men 800 Meter Run Open Men

Name	Age	Team	Finals
1 NASH, DAVID		UNATTACHED	1:52.84
2 JANSSEN, BEN		WAYNE STATE COLLEGE	1:53.72
3 MEISTER, GREG		UNATTACHED	1:54.81
4 WILLIAMS, RYAN		WAYNE STATE COLLEGE	1:55.04
5 KNUTSON, CHARLES		U SIOUX FALL	1:56.11
6 MCINTIRE, NATE		WAYNE STATE COLLEGE	1:56.16
7 WALBERG, MATT		NO. STATE	1:56.30
8 SCHERGER, CYLE		U SIOUX FALL	1:56.47
9 TRETTIN, JACOB		MORNINGSIDE COLLEGE	1:56.79
10 DANGA, JEREMIAH		MORNINGSIDE COLLEGE	1:57.09
11 HEGGE, JOE		USD	1:57.18
12 FARAH, JAMA		MORNINGSIDE COLLEGE	1:57.28
13 LUEBBE, ETHAN		UNATTACHED	1:58.15
14 VOLENTINE, JOSIAH		USD	1:59.51
15 DE HAAN, JOEL		DORDT COLLEGE	1:59.92

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Men 800 Meter Run Open Men**

16	SCHERGER, JOSH	U SIOUX FALL	2:00.70
17	BALTZELL, JOSH	NO. STATE	2:01.64
18	OVA, JESSE	JAMESTOWN COLLEGE	2:02.10
19	NORDSTROM, CHRIS	MORNINGSIDE COLLEGE	2:02.20
20	ANDREWS, GABLE	UNATTACHED	2:03.34
21	LAWTON, BLAIR	MORNINGSIDE COLLEGE	2:03.74
22	MCKIE, MATT	AUGUSTANA COLLEGE	2:04.86
23	MILLER, DJ	BRIAR CLIFF	2:05.86
24	EVJE, BRANDON	MORNINGSIDE COLLEGE	2:15.41
--	BECKMAN, COREY	BRIAR CLIFF	DNF
--	BRAUER, MIKEY	BRIAR CLIFF	DNF
--	BECKER, SAM	MORNINGSIDE COLLEGE	DNF
--	HORGESHIMER, NATHAN	JAMESTOWN COLLEGE	DNF
--	MCNEELY, JEFF	DAKOTA STATE	DNF

Men 1500 Meter Run Open Men

Name	Age	Team	Finals	
1		WALBERG, MATT	NO. STATE	4:00.03
2		BACKSEN, CHAD	AUGUSTANA COLLEGE	4:05.82
3		DANGA, JEREMIAH	MORNINGSIDE COLLEGE	4:11.35
4		CRABTREE, BEN	WAYNE STATE COLLEGE	4:11.92
5		PETRICH, NATHANIEL	AUGUSTANA COLLEGE	4:12.53
6		BERGEN, NATHANIEL	WAYNE STATE COLLEGE	4:15.15
7		LUEBBE, ETHAN	UNATTACHED	4:17.17
8		HOFFMAN, KASEY	MORNINGSIDE COLLEGE	4:18.19
9		MCINTIRE, NATE	WAYNE STATE COLLEGE	4:20.21
10		WALLACE, JOHN	JAMESTOWN COLLEGE	4:20.28
11		IDE, CASEY	WAYNE STATE COLLEGE	4:20.90
12		BALTZELL, JOSH	NO. STATE	4:21.86
13		LAWTON, BLAIR	MORNINGSIDE COLLEGE	4:24.07
14		BAHNSON, CHUCK	AUGUSTANA COLLEGE	4:24.23
15		SUMMERSIDE, GEORGE	DAKOTA WESLY	4:25.31
16		HESS, BRANDON	JAMESTOWN COLLEGE	4:27.60
17		HICKS, BRANDON	JAMESTOWN COLLEGE	4:28.07
18		WATTERS, JOEL	NORTHWESTERN	4:32.57
19		BRAUER, MIKEY	BRIAR CLIFF	4:34.52
20		URESTE, NILE	NORTHWESTERN	4:37.98
21		EVJE, BRANDON	MORNINGSIDE COLLEGE	4:38.17
22		LANNING, JASON	DAKOTA WESLY	4:39.15
23		ICHINOSE, YUICHI	UNATTACHED	4:39.52
24		SCOTT, DANNY	NO. STATE	4:45.11
25		WILLIAMS, BYRON	DAKOTA WESLY	4:46.53

Men 5000 Meter Run Open Men

Name	Age	Team	Finals	
1		WOOD, ALLEN	JAMESTOWN COLLEGE	15:08.00
2		HUFFMAN, CURTIS	JAMESTOWN COLLEGE	15:29.99
3		JOHNSON, BART	AUGUSTANA COLLEGE	15:30.19
4		EISENGA, TIM	DORDT COLLEGE	15:32.39
5		SCHNEIDER, MATT	WAYNE STATE COLLEGE	15:37.14
6		HEEZAN, CHRIS	DAKOTA STATE	15:50.04

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Men 5000 Meter Run Open Men**

7	ELLIOTT, DUSTIN	DAKOTA WESLY	15:59.85
8	LAVALLIERE, RORY	U SIOUX FALL	16:35.72
9	SCOTT, MATT	NO. STATE	16:58.09
10	WOEHL, JON	NORTHWESTERN	17:04.58
11	HISLOP, BRANDON	DAKOTA WESLY	17:09.39
12	HAMES, DANNY	CREIGHTON	17:12.28
13	ESSLER, ZACH	JAMESTOWN COLLEGE	17:25.86
14	BERENS, KYLE	CREIGHTON	17:28.00
15	NUSTAD, JOE	JAMESTOWN COLLEGE	18:42.22
16	HEIM, REGGIE	JAMESTOWN COLLEGE	19:56.12

Men 10000 Meter Run Open Men

Name	Age	Team	Finals
1	WOOD, ALLEN	JAMESTOWN COLLEGE	31:37.10
2	HUFFMAN, CURTIS	JAMESTOWN COLLEGE	32:34.60
3	YAGGIE, MATT	USD	32:38.10
4	HEEZAN, CHRIS	DAKOTA STATE	32:58.70
5	ARMENT, TRAVIS	U SIOUX FALL	33:23.40
6	WERNER, BRIAN	CREIGHTON	33:26.00
7	BOESE, KALEB	AUGUSTANA COLLEGE	33:39.40
8	BLUE, JOSH	USD	34:49.10
9	ANDERSON, AMIL	AUGUSTANA COLLEGE	35:00.30
10	OIEN, PETER	AUGUSTANA COLLEGE	35:16.80
11	BAHNSON, GRAHM	AUGUSTANA COLLEGE	35:19.10
12	WALHOF, DAN	NORTHWESTERN	35:27.50
13	WOEHL, JON	NORTHWESTERN	35:31.20
14	LAMAS, STEPHEN	WAYNE STATE COLLEGE	37:03.90
15	RADWAY, CAREY	DAKOTA WESLY	37:10.70
16	HOGAN, BRENT	CREIGHTON	37:40.90
--	HOYT, MATT	UNATTACHED	DNF
--	BEELER, CHRIS	UNATTACHED	DNF

Men 110 Meter Hurdles Open Men

Name	Age	Team	Prelims	Wind	H#
Preliminaries					
1	FLAMIG, GARRETT	WAYNE STATE COLLEGE	15.16q	0.9	1
2	CUNDY, ROBBIE	NORTHWESTERN	15.19q	1.9	4
3	HAMIK, JAKE	NO. STATE	15.20q	1.9	4
4	MORRISON, JAKE	JAMESTOWN COLLEGE	15.40q	0.9	1
5	BALL, TOBY	DAKOTA STATE	15.71q	0.6	3
6	SCHULZ, KYLE	DAKOTA STATE	15.73q	2.0	2
7	GREGORY, CODY	WAYNE STATE COLLEGE	16.03q	1.9	4
8	STEEN, TREVOR	NO. STATE	16.07q	2.0	2
9	MASSEY, CHRIS	JAMESTOWN COLLEGE	16.31	2.0	2
10	LORENZ, BRIAN	MORNINGSIDE COLLEGE	16.48	2.0	2
11	STROBEL, TREVOR	DAKOTA STATE	16.49	0.9	1
12	BLAYLOCK, ADMIN	UNATTACHED	16.79	0.6	3
13	RAY, PETER	WAYNE STATE COLLEGE	16.93	0.6	3
14	STEENHOLDT, JACOB	AUGUSTANA COLLEGE	17.04	0.6	3
15	VAN LOO, BRENNAN	NORTHWESTERN	17.33	0.6	3
16	MOOTS, TONY	DAKOTA STATE	17.43	0.9	1

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Men 110 Meter Hurdles Open Men**

17	JOHNSON, MIKE	DAKOTA STATE	17.50	1.9	4
18	STERNHAGEN, DANIEL	MOUNT MARTY COLLEGE	17.63	0.9	1
19	SCHWAN, ERIC	NO. STATE	17.83	2.0	2
20	GRIFFIN, ANDREW	USD	18.34	1.9	4
21	TAYLOR, LEVI	JAMESTOWN COLLEGE	19.74	0.6	3

Men 110 Meter Hurdles Open Men

Name	Age	Team	Finals	Wind
------	-----	------	--------	------

Finals

1	HAMIK, JAKE	NO. STATE	14.75	-2.4
2	FLAMIG, GARRETT	WAYNE STATE COLLEGE	15.06	-2.4
3	CUNDY, ROBBIE	NORTHWESTERN	15.24	-2.4
4	MORRISON, JAKE	JAMESTOWN COLLEGE	15.35	-2.4
5	SCHULZ, KYLE	DAKOTA STATE	15.40	-2.4
6	BALL, TOBY	DAKOTA STATE	15.46	-2.4
7	GREGORY, CODY	WAYNE STATE COLLEGE	15.77	-2.4
8	STEEN, TREVOR	NO. STATE	16.09	-2.4

Men 400 Meter Hurdles Open Men

Name	Age	Team	Finals	H#
------	-----	------	--------	----

1	HAMIK, JAKE	NO. STATE	52.59	3
2	ELLINGWORTH, TOMMY	AUGUSTANA COLLEGE	53.32	3
3	MORRISON, JAKE	JAMESTOWN COLLEGE	53.55	3
4	CUNDY, ROBBIE	NORTHWESTERN	53.79	3
5	STOUDT, DAN	JAMESTOWN COLLEGE	54.69	3
6	STROBEL, TREVOR	DAKOTA STATE	56.30	3
7	VANDER ARK, MATT	DORDT COLLEGE	56.32	2
8	JOHNSON, MIKE	DAKOTA STATE	56.89	2
9	FLAMIG, GARRETT	WAYNE STATE COLLEGE	57.05	2
10	SCHULZ, KYLE	DAKOTA STATE	58.24	1
11	GREGORY, CODY	WAYNE STATE COLLEGE	58.76	2
12	STEINHOFF, JOSH	MORNINGSIDE COLLEGE	59.08	2
13	BLAYLOCK, ADMIN	UNATTACHED	59.99	2
14	STEEN, TREVOR	NO. STATE	1:02.07	2
15	RENSINK, DERRICK	NORTHWESTERN	1:02.28	1
16	MOOTS, TONY	DAKOTA STATE	1:03.05	1
17	TAYLOR, LEVI	JAMESTOWN COLLEGE	1:04.17	1
18	GRIFFIN, ANDREW	USD	1:05.37	1

Men 3000 Meter Steeplechase Open Men

Name	Age	Team	Finals
------	-----	------	--------

1	SCHNEIDER, MATT	WAYNE STATE COLLEGE	9:14.82
2	VAN ENGEN, DAN	UNATTACHED	9:24.78
3	HERRON, JEREMIAH	WAYNE STATE COLLEGE	9:43.11
4	MADUT, THOMAS	UNATTACHED	10:01.98
5	WALHOF, DAN	NORTHWESTERN	10:21.99
6	SCOTT, DANNY	NO. STATE	10:22.32
7	URESTE, NILE	NORTHWESTERN	10:27.36

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Men 3000 Meter Steeplechase Open Men**

8	MIEDEMA, MARK	DORDT COLLEGE	10:35.57
9	HOSMAN, JUSTIN	JAMESTOWN COLLEGE	10:37.01
10	BOUSEMA, BRETT	DORDT COLLEGE	10:46.34
11	WARD, CHARLES	U SIOUX FALL	10:47.17
12	ROBINSON, JATHAN	DORDT COLLEGE	10:48.42
13	PLACK, BRAD	NO. STATE	10:56.64
14	WINGERT, JEFF	DAKOTA WESLY	10:57.96
15	ALLEN, MICHAEL	UNATTACHED	12:16.02

Men 4x100 Meter Relay Open Men

=====			
2 turn stagger			
Team		Prelims	H#
=====			
Preliminaries			
1	MORNINGSIDE COLLEGE 'A'	42.99q	1
2	DAKOTA STATE UNIVERSITY 'A'	43.12q	2
3	NORTHERN STATE UNIVERSITY 'A'	43.56q	1
4	WAYNE STATE COLLEGE 'A'	43.61q	2
5	NORTHWESTERN COLLEGE 'A'	43.82q	1
6	DORDT COLLEGE 'A'	44.65q	2
7	UNIVERSITY SOUTH DAKOTA 'A'	45.46q	2
--	JAMESTOWN COLLEGE 'A'	DNF	1

Men 4x100 Meter Relay Open Men

=====			
2 turn stagger			
Team		Finals	
=====			
Finals			
1	DAKOTA STATE UNIVERSITY 'A'	42.87	
	1) BALL, TOBY		2) BURGGRAFF, RYAN
	3) HOFFMAN, KYLE		4) MELVIN, BRIAN
2	WAYNE STATE COLLEGE 'A'	43.00	
3	MORNINGSIDE COLLEGE 'A'	43.20	
4	NORTHWESTERN COLLEGE 'A'	44.10	
5	DORDT COLLEGE 'A'	44.85	

Men 4x200 Meter Relay Open Men

=====			
4 turn stagger			
Team		Finals	
=====			
1	DAKOTA STATE UNIVERSITY 'A'	1:29.73	
	1) BALL, TOBY		2) BURGGRAFF, RYAN
	3) HOFFMAN, KYLE		4) MELVIN, BRIAN
2	MORNINGSIDE COLLEGE 'A'	1:29.99	
3	NORTHERN STATE UNIVERSITY 'A'	1:30.76	
4	NORTHWESTERN COLLEGE 'A'	1:31.58	
5	JAMESTOWN COLLEGE 'A'	1:32.03	
--	DORDT COLLEGE 'A'	DNF	

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****Men 4x400 Meter Relay Open Men**

3 turn stagger		Finals
Team		
1	JAMESTOWN COLLEGE 'A' 1) STRAIT, STEPHEN 3) MORRISON, JAKE	3:17.95
	2) STOUDT, DAN 4) MAKOUTZ, CHRIS	
2	WAYNE STATE COLLEGE 'A'	3:20.86
3	NORTHWESTERN COLLEGE 'A'	3:21.44
4	DORDT COLLEGE 'A'	3:22.61
5	MORNINGSIDE COLLEGE 'A'	3:24.21
6	NORTHERN STATE UNIVERSITY 'A'	3:27.11
7	MORNINGSIDE COLLEGE 'B'	3:37.68
--	UNIVERSITY SOUTH DAKOTA 'A'	DQ

Men 4x800 Meter Relay Open Men

1 turn stagger		Finals
Team		
1	WAYNE STATE COLLEGE 'A' 1) MCINTIRE, NATE 3) WILLIAMS, RYAN	7:49.13
	2) IDE, CASEY 4) JANSEN, BEN	
2	MORNINGSIDE COLLEGE 'A'	7:57.99
3	UNIVERSITY SIOUX FALLS 'A'	8:06.46
4	DORDT COLLEGE 'A'	8:06.98
5	JAMESTOWN COLLEGE 'A'	8:10.01
6	NORTHWESTERN COLLEGE 'A'	8:17.20
7	NORTHERN STATE UNIVERSITY 'A'	8:21.95

Men 1600 Sprint Medley Open Men

3 turn stagger		Finals	H#
Team			
1	UNATTACHED 'A' 1) DE VRIES, WADE 3) MEISTER, GREG	3:34.03	2
	2) CONRAD, RYAN 4)		
2	UNIVERSITY SIOUX FALLS 'A'	3:34.96	2
3	JAMESTOWN COLLEGE 'A'	3:36.22	2
4	UNIVERSITY SOUTH DAKOTA 'A'	3:36.68	2
5	MORNINGSIDE COLLEGE 'A'	3:37.01	2
6	DORDT COLLEGE 'A'	3:42.29	2
7	NORTHWESTERN COLLEGE 'A'	3:46.20	1
8	BRIAR CLIFF UNIVERSITY 'A'	3:46.45	1
9	AUGUSTANA COLLEGE 'A'	3:47.97	1
10	NORTHERN STATE UNIVERSITY 'A'	3:55.81	2

Men Distance Medley Open Men

1 turn stagger		Finals
Running Order 1200-400-800-1600		
Team		
1	WAYNE STATE COLLEGE 'A' 1) IDE, CASEY	10:16.56
	2) WILLIAMS, RYAN	

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****....Men Distance Medley Open Men**

3) JANSEN, BEN	4) SCHNEIDER, MATT
2 AUGUSTANA COLLEGE 'A'	10:37.41
3 JAMESTOWN COLLEGE 'A'	11:02.69
4 NORTHWESTERN COLLEGE 'A'	11:15.11
5 DORDT COLLEGE 'A'	11:24.92
6 MOUNT MARTY COLLEGE 'A'	12:11.63

Men High Jump Open Men

Name	Age Team	Finals
1 DE JONG, DAN	DORDT COLLEGE	6-04.00 1.93m
2 LIDDELL, JAYME	USD	J6-04.00 1.93m
3 SOUTH, BRAD	UNATTACHED	J6-04.00 1.93m
4 ORTMEIER, MICHAEL	NORTHWESTERN	6-02.00 1.87m
4 FETERL, BRYANT	NO. STATE	6-02.00 1.87m
4 HAUGLAND, DEMING	AUGUSTANA COLLEGE	6-02.00 1.87m
6 ANDERSON, MATT	NO. STATE	J6-00.00 1.82m
7 STERNHAGEN, DANIEL	MOUNT MARTY COLLEGE	6-00.00 1.82m
8 KARAKAS, NICK	JAMESTOWN COLLEGE	J6-00.00 1.82m
8 EDWARDS, GRANT	DAKOTA WESLY	J6-00.00 1.82m
8 SWART, TIM	NORTHWESTERN	J6-00.00 1.82m
-- LESNAR, BRADY	NO. STATE	NH

Men Pole Vault Open Men

Name	Age Team	Finals
1 DOGGETT, MATT	WAYNE STATE COLLEGE	15-00.00 4.57m
2 ROYER, WADE	NO. STATE	14-06.00 4.41m
3 ROTERT, MATT	USD	14-00.00 4.26m
4 PFEIFLE, ROSS	NO. STATE	13-06.00 4.11m
5 SHUBECK, JOHN	USD	J13-06.00 4.11m
6 VOSSLER, JOEY	JAMESTOWN COLLEGE	13-00.00 3.96m
7 RUST, TIM	USD	12-06.00 3.81m
8 SMITH, RILEY	MOUNT MARTY COLLEGE	J12-06.00 3.81m
9 HAJEK, RYAN	MOUNT MARTY COLLEGE	J12-06.00 3.81m
9 VAHRENKAMP, JIM	USD	J12-06.00 3.81m
-- PICKINPAUGH, JOE	WAYNE STATE COLLEGE	NH
-- HIEMENGA, DAVE	DORDT COLLEGE	NH
-- HELM, ANDREW	JAMESTOWN COLLEGE	NH
-- VANDER WELL, BRANDON	DORDT COLLEGE	NH

Men Long Jump Open Men

Name	Age Team	Finals	Wind
1 LAWSON, DANNY	JAMESTOWN COLLEGE	22-11.00	NWI 6.98m
2 DE VRIES, WADE	UNATTACHED	22-07.50	NWI 6.89m
3 WASHINGTON, JJ	WAYNE STATE COLLEGE	22-06.50	1.0 6.87m
4 TEWS, NICK	JAMESTOWN COLLEGE	21-11.00	NWI 6.68m
5 SOUTH, BRAD	UNATTACHED	21-06.50	NWI 6.56m
6 BALL, TOBY	DAKOTA STATE	20-10.50	NWI 6.36m
7 LISKA, COLE	WAYNE STATE COLLEGE	20-09.00	1.1 6.32m
8 LOCKHART, JON	JAMESTOWN COLLEGE	20-07.50	NWI 6.28m

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Men Long Jump Open Men**

9	SCHWAN, ERIC	NO. STATE	20-07.00	0.1	6.27m
9	VANDER ARK, MATT	DORDT COLLEGE	20-07.00	NWI	6.27m
11	BLANKERS, KYLE	NORTHWESTERN	20-05.50	NWI	6.23m
12	MEUZELAAR, JEFF	DORDT COLLEGE	20-01.50	NWI	6.13m
13	RAY, PETER	WAYNE STATE COLLEGE	20-00.50	0.1	6.10m
14	DE BOER, KYLE	NORTHWESTERN	19-09.00	NWI	6.01m
15	RASSPERRY, KEVIN	UNATTACHED	19-06.00	NWI	5.94m
16	LOWE, RYAN	USD	19-05.50	-0.7	5.93m
17	MALLET, BRAD	MORNINGSIDE COLLEGE	19-04.00	NWI	5.89m
18	HIEMENGA, DAVE	DORDT COLLEGE	19-02.00	NWI	5.84m
19	LESNAR, BRADY	NO. STATE	18-07.50	0.6	5.67m
20	REIMER, BRIAN	USD	18-00.00	-0.8	5.48m
21	MARTIN, JEREMY	AUGUSTANA COLLEGE	17-10.50	0.3	5.44m
22	CAOUCETTE, LARRY	BRIAR CLIFF	16-11.00	NWI	5.15m
--	KLATT, DEREK	USD		ND NWI	

Men Triple Jump Open Men

Name	Age	Team	Finals	Wind
1	DE VRIES, WADE	UNATTACHED	47-01.00	NWI 14.35m
2	DE JONG, DAN	DORDT COLLEGE	46-10.50	NWI 14.28m
3	LIDDELL, JAYME	USD	46-06.75	0.8 14.19m
4	LOCKHART, JON	JAMESTOWN COLLEGE	43-10.00	NWI 13.36m
5	LISKA, COLE	WAYNE STATE COLLEGE	42-10.50	0.1 13.06m
6	TEWS, NICK	JAMESTOWN COLLEGE	42-07.75	NWI 12.99m
7	RAY, PETER	WAYNE STATE COLLEGE	41-01.75	1.1 12.54m
8	MARTIN, JEREMY	AUGUSTANA COLLEGE	40-02.25	1.1 12.24m
9	EDWARDS, GRANT	DAKOTA WESLY	39-04.00	NWI 11.98m

Men Shot Put Open Men

Standard for measurement 43'

Name	Age	Team	Finals
1	FYNAARDT, NICK	NORTHWESTERN	54-08.00 16.66m
2	BROMMER, ERIC	UNATTACHED	53-03.00 16.23m
3	WARWICK, KEEGAN	U SIOUX FALL	48-00.00 14.63m
4	EICKMAN, JEREMY	WAYNE STATE COLLEGE	47-05.00 14.45m
5	HALLING, DARRYL	DAKOTA STATE	47-02.00 14.37m
6	GONZALEZ, PORFIRIO	JAMESTOWN COLLEGE	46-09.50 14.26m
7	EDISON, ANDREW	MORNINGSIDE COLLEGE	45-03.50 13.80m
8	BROMMER, DANIEL	UNATTACHED	44-10.00 13.66m
9	DAVIS, NICK	NO. STATE	44-01.00 13.43m
9	MEYER, TIM	WAYNE STATE COLLEGE	44-01.00 13.43m
11	SOUTH, BRAD	UNATTACHED	44-00.25 13.41m
12	UNDERBERG, BROOKES	U SIOUX FALL	42-07.00 12.97m
13	PONTIS, LOGAN	UNATTACHED	42-05.25 12.93m
14	KUNTZ, DAVID	MORNINGSIDE COLLEGE	40-05.00 12.31m
14	CAAUWE, BYRON	DAKOTA STATE	40-05.00 12.31m
16	PFENNIG, TYLER	JAMESTOWN COLLEGE	40-02.00 12.24m
17	SHECKLER, CHRIS	DAKOTA WESLY	39-06.00 12.03m
17	KUYPER, CORY	NORTHWESTERN	39-06.00 12.03m
19	ENGELJES, TONY	DORDT COLLEGE	39-02.00 11.93m
20	ORTH, ROBERT	DAKOTA STATE	38-07.00 11.76m

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Men Shot Put Open Men**

21	WONDERS, KYLE	BRIAR CLIFF	38-02.00	11.63m
22	SCHWAN, ERIC	NO. STATE	37-08.00	11.48m
23	LESNAR, BRADY	NO. STATE	34-06.00	10.51m

Men Discus Throw Open Men

Standard for measurement 135'

Name	Age	Team	Finals	
1	ORTMEIER, ANDREW	UNATTACHED	48.34m	158-07
2	FYNAARDT, NICK	NORTHWESTERN	46.44m	152-04
3	BROCK, TROY	NO. STATE	45.19m	148-03
4	PONTIS, LOGAN	UNATTACHED	43.33m	142-02
5	SUCKSTORF, BRETT	WAYNE STATE COLLEGE	43.17m	141-08
6	SCOTT, PRESTON	USD	42.40m	139-01
7	SVITAK, JAMES	UNATTACHED	41.25m	135-04
8	GARZA, ELOY	MORNINGSIDE COLLEGE	39.94m	131-00
9	PFENNIG, TYLER	JAMESTOWN COLLEGE	38.76m	127-02
10	HALLING, DARRYL	DAKOTA STATE	37.77m	123-11
11	WONDERS, KYLE	BRIAR CLIFF	36.89m	121-00
12	VAHRENKAMP, JIM	USD	36.86m	120-11
13	SLOUP, JOHN	WAYNE STATE COLLEGE	36.68m	120-04
14	OLAWSKY, JON	DAKOTA STATE	36.60m	120-01
15	HALLING, ANDREW	UNATTACHED	36.25m	118-11
16	CAAUWE, BYRON	DAKOTA STATE	35.95m	117-11
17	HAUGEN, MATTHEW	JAMESTOWN COLLEGE	35.46m	116-04
18	BAKER, JUSTIN	JAMESTOWN COLLEGE	34.31m	112-07
19	TATRO, RYAN	BRIAR CLIFF	33.04m	108-05
20	ORTH, ROBERT	DAKOTA STATE	32.11m	105-04
21	SHUBECK, JOHN	USD	26.29m	86-03
--	BROMMER, ERIC	UNATTACHED	ND	
--	DEWITT, JOHN	MOUNT MARTY COLLEGE	ND	
--	HAGEMANN, NICK	USD	ND	

Men Hammer Throw Open Men

Name	Age	Team	Finals	
1	TOLSMA, DAN	USD	60.83m	199-07
2	HAGEMANN, NICK	USD	54.00m	177-02
3	HRUBY, JEFF	DAKOTA WESLY	50.17m	164-07
4	BROCK, TROY	NO. STATE	49.14m	161-03
5	ORTMEIER, ANDREW	UNATTACHED	48.77m	160-00
6	SCHROCK, JEREMIAH	MORNINGSIDE COLLEGE	48.09m	157-09
7	DAVIS, NICK	NO. STATE	46.15m	151-05
8	SLOUP, JOHN	WAYNE STATE COLLEGE	44.70m	146-08
9	EICKMAN, JEREMY	WAYNE STATE COLLEGE	42.63m	139-10
10	GONZALEZ, PORFIRIO	JAMESTOWN COLLEGE	42.33m	138-10
11	LEDDA, DANY	JAMESTOWN COLLEGE	41.32m	135-07
12	SCOTT, PRESTON	USD	40.87m	134-01
13	GARZA, ELOY	MORNINGSIDE COLLEGE	39.19m	128-07
14	SHECKLER, CHRIS	DAKOTA WESLY	38.65m	126-10
15	SUCKSTORF, BRETT	WAYNE STATE COLLEGE	37.88m	124-03
16	TATRO, RYAN	BRIAR CLIFF	36.61m	120-01
17	PFENNIG, TYLER	JAMESTOWN COLLEGE	35.24m	115-07

Sioux City Relays 2006 - 4/21/2006 to 4/22/2006**Olsen Stadium****Results****...Men Hammer Throw Open Men**

18	EDISON, ANDREW	MORNINGSIDE COLLEGE	31.62m	103-09
--	KUNTZ, DAVID	MORNINGSIDE COLLEGE	ND	
--	HAUGEN, MATTHEW	JAMESTOWN COLLEGE	ND	
--	DEWITT, JOHN	MOUNT MARTY COLLEGE	ND	

Men Javelin Throw Open Men

Name	Age	Team	Finals	
1	LUNNE, DUANE	UNATTACHED	198-04	60.45m
2	HAUGEN, MATTHEW	JAMESTOWN COLLEGE	183-03	55.85m
3	SOUTH, BRAD	UNATTACHED	181-01	55.19m
4	SCHWAN, ERIC	NO. STATE	178-09	54.48m
5	HANLON, PAT	NORTHWESTERN	177-00	53.94m
6	ORTMEIER, ANDREW	UNATTACHED	175-04	53.44m
7	KLASSEN, JEREMY	UNATTACHED	171-03	52.19m
8	LEE, CHRIS	UNATTACHED	166-00	50.59m
9	STERNHAGEN, DANIEL	MOUNT MARTY COLLEGE	154-09	47.16m
10	KRAAYENBRINK, DAVID	DORDT COLLEGE	154-03	47.01m
11	WEIDEL, ANDREW	WAYNE STATE COLLEGE	152-07	46.50m
12	ORTMEIER, MICHAEL	NORTHWESTERN	145-03	44.27m
13	BAKER, JUSTIN	JAMESTOWN COLLEGE	142-11	43.56m
14	SLAATHAUG, BRETT	U SIOUX FALL	138-10	42.31m
15	CAOUCETTE, LARRY	BRIAR CLIFF	134-09	41.07m
16	OLAWSKY, JON	DAKOTA STATE	129-03	39.39m
17	TATRO, RYAN	BRIAR CLIFF	123-07	37.66m
18	SANDIDGE, JON	MOUNT MARTY COLLEGE	115-03	35.12m
19	YOUNG, MARK	WAYNE STATE COLLEGE	104-00	31.69m
20	LESNAR, BRADY	NO. STATE	91-07	27.91m