

Sioux City Relays 2011 - 4/15/2011 to 4/16/2011

Olsen Stadium

Meet Program

Event 1 Girls 100 Meter Dash Class"A"

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Michelle Brown	09	Sc- North	
2	Crystal Trospers	12	Sc- West	
3	Shameka Hunt	09	South Sioux	
4	Tina Holden	10	Sc- East	
5	Rylee Parkhill	12	Sc- West	
6	Shelby Dao	10	South Sioux	
7	Cheyenne Simon	12	Sc- West	
8				
Section 2 of 2 Finals				
1	Madison Yohe	11	Heelan	
2	Kelly Daniels	12	Heelan	
3	Sydney Torgrude	10	SF Lincoln	
4	Cecilia Mendiola	12	Sc- North	
5	Reyna Mikulicz	11	Sc- East	
6	Mary Chicoine	11	Heelan	
7	Kaisha Billings	09	Sc- North	
8	Chaunte Pope	12	Sc- West	

Event 9 Girls 100 Meter Hurdles Class"A"

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1				
2	Michelle Brown	09	Sc- North	
3	Kelsey Krohn	09	Sb-Luton	
4	Emily Keane	10	Heelan	
5	Hailey Hinds	09	South Sioux	
6	Abby Pollow	10	Sc- East	
7	Morgan Hansen	10	South Sioux	
8				
Section 2 of 2 Finals				
1	Savannah Murray	09	SF Lincoln	
2	Courtney Morrison	09	Sb-Luton	
3	Mackenzie Geary	10	Heelan	
4	Kaity Schumacher	12	Sc- West	
5	Sydney Bartels	10	SF Lincoln	
6	Abbie Hohman	12	SF Lincoln	
7	Trista Thoreson	10	South Sioux	
8	Emily McElwain	10	Sc- East	

Event 31 Girls 4x100 Meter Relay Class"A"

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Sc- North	A	
	1) Cecilia Mendiola 12		2) Michelle Brown 09
	3) Audrey Lovan 09		4) Kaisha Billings 09
	5) Jesse Motley 10		
2	Sb-Luton	A	
	1) Jessica Becker 09		2) Kelsey Krohn 09
	3) Mackenzie Smith 11		4) Cassidy Breon 11
	5) Sierra Brand 09		
3	SF Lincoln	A	
	1) Sydney Torgrude 10		2) Allie Lahren 11
	3) Jamie Eszlinger 12		4) Meghan Lambert 12
	5) Sydney Bartels 10		
4	Sc- East	A	
	1) Jordyn Anderson 10		2) Tina Holden 10
	3) Reyna Mikulicz 11		4) Lexi Strom 11
	5) Elizabeth Bohlmann 09		6) Britney Cavillo 09
5	Heelan	A	
	1) Madison Yohe 11		2) Emily Keane 10
	3) Brielle Luft 11		4) Mary Chicoine 11
	5) Kylee Hickman 09		6) Kelly Daniels 12
6	Sc- West	A	
	1) Rylee Parkhill 12		2) Cheyanne Simon 12
	3) Kaity Schumacher 12		4) Chaunte Pope 12
	5) Crystal Trospers 12		6) Chloe Huck 10
7	South Sioux	A	
	1) Halie Hoch 11		2) Trista Thoreson 10
	3) Morgan Hansen 10		4) Taylor Bleil 10
	5) Shelby Dao 10		
8			

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Event 39 Girls 4x200 Meter Relay Class"A"

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1			
2	Sc- West	A	
	1) Rylee Parkhill 12	2) Crystal Trospers 12	
	3) Cheyanne Simon 12	4) Chaunte Pope 12	
	5) Heidi Jones 09	6) Ashley Myers 11	
3	SF Lincoln	A	
	1) Jamie Eszlinger 12	2) Victoria Makimova 11	
	3) Allie Lahren 11	4) Anna Uthe 10	
	5) Meghan Lambert 12	6) Sydney Torgrude 10	
4	Sc- North	A	
	1) Audrey Lovan 09	2) Amy Samuelson 11	
	3) Trinitie Harris 09	4) Jesse Motley 10	
	5) Betsi Alvarado 09		
5	Sc- East	A	
	1) Jordyn Anderson 10	2) Tina Holden 10	
	3) Lexi Strom 11	4) Reyna Mikulicz 11	
	5) Britney Cavillo 09	6) Elizabeth Bohlmann 09	
6	Heelan	A	
	1) Madison Yohe 11	2) Emily Keane 10	
	3) Kelly Daniels 12	4) Mary Chicoine 11	
	5) Brielle Luft 11	6) Kylee Hickman 09	
7	Sb-Luton	A	
	1) Jessica Becker 09	2) Kelsey Krohn 09	
	3) Mackenzie Smith 11	4) Cassidy Breon 11	
	5) Sierra Brand 09		
8			

Event 47 Girls 4x400 Meter Relay Class"A"

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1			
2	Sc- North	A	
	1) Josee Jansen 12	2) Cecilia Mendiola 12	
	3) Amy Samuelson 11	4) Jesse Motley 10	
	5) Betsi Alvarado 09		
3	Heelan	A	
	1) Brenna Sweeney 09	2) Abby Wostoupal 11	
	3) Larissa Uhl 10	4) Kelly Daniels 12	
	5) Emily Manning 12	6) Kelcie Meier 10	
4	Sc- East	A	
	1) Lexi Strom 11	2) Cassie Geopfert 09	
	3) Reyna Mikulicz 11	4) Shelby Houlihan 12	
	5) Tina Holden 10	6) Jordyn Anderson 10	
5	SF Lincoln	A	
	1) Saprina Ruppert 12	2) Victoria Makimova 11	
	3) Anna Uthe 10	4) Meghan Lambert 12	
	5) Allie Lahren 11	6) Jamie Eszlinger 12	
6	Sc- West	A	
	1) Marquesha Farris 11	2) Aerial Williams 12	
	3) Cheyanne Simon 12	4) Heidi Jones 09	
	5) Alyssa Nash 09	6) Chaunte Pope 12	
7			
8			

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Event 57 Girls Distance Medley Class"A"

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1			
2	Sc- East	A	
	1) Elizabeth Bohlmann 09	2) Jordyn Anderson 10	
	3) Britney Cavillo 09	4) Cassie Geopfert 09	
	5) Tina Holden 10	6) Caitlyn Foley 09	
3	Sc- North	A	
	1) Audrey Lovan 09	2) Kaisha Billings 09	
	3) Cecilia Mendiola 12	4) Josee Jansen 12	
	5) Jesse Motley 10	6) Amy Samuelson 11	
4	South Sioux	A	
	1) Morgan Hansen 10	2) Trista Thoreson 10	
	3) Taylor Bleil 10	4) Halie Hoch 11	
5	Heelan	A	
	1) Madison Yohe 11	2) Mary Chicoine 11	
	3) Kelly Daniels 12	4) Abby Wostoupal 11	
	5) Kylee Hickman 09	6) Kelcie Meier 10	
6	Sc- West	A	
	1) Rylee Parkhill 12	2) Cheyanne Simon 12	
	3) Chaunte Pope 12	4) Alyssa Nash 09	
	5) Crystal Trosopers 12	6) Heidi Jones 09	
7	SF Lincoln	A	
	1) Anna Uthe 10	2) Saprina Ruppert 12	
	3) Emma Nykamp 08	4) Carly Holmstrom 11	
	5) Victoria Makimova 11	6) Meghan Lambert 12	
8	Sb-Luton	A	
	1) Jessica Becker 09	2) Kelsey Krohn 09	
	3) Cassidy Breon 11	4) Mackenzie Smith 11	
	5) Sierra Brand 09		

Event 2 Girls 100 Meter Dash Class"B"

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1				
2	Cara Shanks	09	Kp/Wcentral	
3	Rachel Bos	10	Unity Chrst-	
4	Lindsey Arneson	12	Spirit Lake	
5	Kecia Caudill	09	Glenwood	
6	Rebecca Grote	12	Oa-Bcig	
7				
8				
Section 2 of 2 Finals				
1	Jade Hanson	10	Moc-Fv	
2	Ebony Stone	11	LeMars	
3	Danni Roethler	09	Cherokee- Wa	
4	Brooke Wolterstorff	10	Wc-Hull	
5	Nichelle Carney	10	Wc-Hull	
6	Natasha Vermeys	12	Oa-Bcig	
7	Sarah Salerno	09	Glenwood	
8	Jessica Sanchez	10	Moc-Fv	

Event 10 Girls 100 Meter Hurdles Class"B"

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Caitlin Haarsma	09	Unity Chrst-	
2	Riley Kliegl	09	Moc-Fv	
3	Nicole Morgan	12	Cherokee- Wa	
4	Alex Howrey	12	Kp/Wcentral	
5	Devin Jackson	10	Glenwood	
6	Carly Brosius	11	Oa-Bcig	
7	Leah Van Tol	11	Wc-Hull	
8	Courtney Scholten	10	Unity Chrst-	
Section 2 of 2 Finals				
1	Kirstie Ruhland	12	LeMars	
2	Mercedes Liparoto	11	Glenwood	
3	Emily Anderson	12	LeMars	
4	DeAndra Mahrt	11	Kp/Wcentral	
5	Katie Kallin	12	Oa-Bcig	
6	Kim Kroeze	10	Wc-Hull	
7	Abby Brown	12	Glenwood	
8	Faith Vander Voort	09	Moc-Fv	

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Event 32 Girls 4x100 Meter Relay Class"B"

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Sioux Center	A	
	1) Julie Schuiteman 09	2) Haley Simonson 09	
	3) Madison Dubbs 10	4) Jillian Estes 10	
	5) Bethany Larson 11	6) Miranda Mouw 09	
2	Kp/Wcentral	A	
	1) Alex Howrey 12	2) Rebecca Quade 09	
	3) Baylee Bechen 09	4) DeAndra Mahrt 11	
	5) Cara Shanks 09		
3	Moc-Fv	A	
	1) Jessica Sanchez 10	2) Ali Achterhof 09	
	3) Jade Hanson 10	4) Alexis Conaway 09	
	5) Katelyn Probst 09	6) Riley Kliegl 09	
4	Wc-Hull	A	
	1) Nichelle Carney 10	2) Kayla Gesink 12	
	3) Kim Kroeze 10	4) Brooke Wolterstorff 10	
	5) Kenzie VandeVege 10	6) Elissa Jansma 10	
5	LeMars	A	
	1) Wichers Lindsey 12	2) Emily Anderson 12	
	3) Kirstie Ruhland 12	4) Ebony Stone 11	
6	Glenwood	A	
	1) Kecia Caudill 09	2) Reiny Ostrander 09	
	3) Devin Jackson 10	4) Sarah Salerno 09	
	5) McKenna Henze 10	6) Hanna Ringsdorf 10	
7	Oa-Bcig	A	
	1) Carly Brosius 11	2) Cheyenne Wilcke 09	
	3) Rebecca Grote 12	4) Natasha Vermeys 12	
	5) Katey Krager 09	6) Mariah Cates 10	
8	Unity Chrst-	A	
	1) Rachel Bos 10	2) Lindsey Broek 10	
	3) Kinza Brue 09	4) Courtney Vreugdenhil 11	
	5) Katelyn Franken 09	6) Caitlin Haarsma 09	

Event 40 Girls 4x200 Meter Relay Class"B"

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Kp/Wcentral	A	
	1) Abbie Edgar 11	2) Rebecca Quade 09	
	3) Bailey Kennedy 10	4) Baylee Bechen 09	
	5) DeAndra Mahrt 11		
2	Mv-Ao	A	
	1) Sam Paulsen 12	2) Morgan Koenigs 10	
	3) Lindsey Brown 11	4) Katie Burkhart 12	
	5) Sam Halbur 09		
3	Moc-Fv	A	
	1) Jessica Sanchez 10	2) Ali Achterhof 09	
	3) Jade Hanson 10	4) Riley Kliegl 09	
	5) Alexis Conaway 09	6) Katelyn Probst 09	
4	Wc-Hull	A	
	1) Nichelle Carney 10	2) Kayla Gesink 12	
	3) Kenzie VandeVege 10	4) Brooke Wolterstorff 10	
	5) Kim Kroeze 10	6) Elissa Jansma 10	
5	LeMars	A	
	1) Lindsey Wichers 12	2) Emily Anderson 12	
	3) Jess Arnold 11	4) Kirstie Ruhland 12	
	5) Leah Clement 12		
6	Oa-Bcig	A	
	1) Natasha Vermeys 12	2) Mallory Cates 10	
	3) Mariah Cates 10	4) Katie Kallin 12	
	5) Katey Krager 09	6) Rebecca Grote 12	
7	Glenwood	A	
	1) Kecia Caudill 09	2) Reiny Ostrander 09	
		4) Sarah Salerno 09	
	5) Devin Jackson 10	6) McKenna Henze 10	
8	Unity Chrst-	A	
	1) Rachel Bos 10	2) Lindsey Broek 10	
	3) Kinza Brue 09	4) Courtney Vreugdenhil 11	
	5) Heather Kaemingk 10		

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Event 48 Girls 4x400 Meter Relay Class"B"

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Unity Chrst-	A	
	1) Kayla Byl 11	2) Courtney Vreugdenhil 11	
	3) Heather Kaemingk 10	4) Emily Broers 12	
	5) Abby DeVries 12	6) Lindsey Broek 10	
2	Sioux Center	A	
	1) Miranda Mouw 09	2) Jillian Estes 10	
	3) Arybella Denton-Parry 09	4) Katelyn Kragt 12	
	5) Haley Simonson 09	6) Bethany Larson 11	
3	Oa-Bcig	A	
	1) Mallory Cates 10	2) Jensen Boger 09	
	3) Mariah Cates 10	4) Katey Krager 09	
	5) Hana Berry 09	6) Mandi Hare 12	
4	Wc-Hull	A	
	1) Kayla Gesink 12	2) Alissa Pollema 09	
	3) Kim Kroeze 10	4) Brooke Wolterstorff 10	
	5) Kenzie VandeVegte 10	6) Nichelle Carney 10	
5	Moc-Fv	A	
	1) Kara Nonnemacher 12	2) Katie Landhuis 09	
	3) Ali Achterhof 09	4) Alexis Conaway 09	
	5) Jade Hanson 10	6) Riley Kliegl 09	
6	Glenwood	A	
	1) Chelsea Webster 09	2) Kecia Caudill 09	
	3) Maddie Mead 09	4) Makayla Nelson 09	
	5) Bailey Starner 09	6) Lisa Nebel 09	
7	LeMars	A	
	1) Jenna Preiksats 11	2) Morgan Ohm 10	
	3) Leah Clement 12	4) Hannah Steen 11	
	5) Jess Arnold 11	6) Nikki Sluiter 12	
8	Kp/Wcentral	A	
	1) Bailey Kennedy 10	2) Meghann Pucelik 12	
	3) Baylee Bechen 09	4) Rebecca Quade 09	
	5) Hanna Seggerman 09	6) Amanda Ricard 09	

Event 50 Girls Distance Medley Class"B"

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Sioux Center	A	
	1) Haley Simonson 09	2) Jillian Estes 10	
	3) Bethany Larson 11	4) Katelyn Kragt 12	
	5) Rachel Hulshof 12	6) Miranda Mouw 09	
2	Unity Chrst-	A	
	1) Heather Kaemingk 10	2) Lindsey Broek 10	
	3) Courtney Vreugdenhil 11	4) Emily Broers 12	
	5) Kinza Brue 09		
3	Moc-Fv	A	
	1) Jessica Sanchez 10	2) Jade Hanson 10	
	3) Ali Achterhof 09	4) Alexis Conaway 09	
	5) Katie Landhuis 09	6) Riley Kliegl 09	
4	Oa-Bcig	A	
	1) Natasha Vermeys 12	2) Mariah Cates 10	
	3) Mallory Cates 10	4) Mandi Hare 12	
	5) Katey Krager 09	6) Hana Berry 09	
5	Wc-Hull	A	
	1) Kenzie VandeVegte 10	2) Abby Pollema 09	
	3) Anna VandeKamp 10	4) Erica Douma 09	
	5) Alissa Pollema 09	6) Nichelle Carney 10	
6	Mv-Ao	A	
	1) Sam Paulsen 12	2) Katie Burkhart 12	
	3) Morgan Koenigs 10	4) Lindsey Brown 11	
	5) Sam Halbur 09	6) Paisley Conlon 12	
7	LeMars	A	
	1) Wichers Lindsey 12	2) Leah Clement 12	
	3) Jenna Preiksats 11	4) Hannah Steen 11	
	5) Nikki Sluiter 12	6) Morgan Ohm 10	
8	Glenwood	A	
	1) Sarah Salerno 09	2) Reiny Ostrander 09	
	3) Maddie Mead 09	4) Carlie Cooper 09	
	5) Kecia Caudill 09	6) Chelsea Webster 09	

Event 3 Girls 100 Meter Dash Class"C"

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1				
2	Rita Smith	10	W-Wood-Sloan	
3	Brittney Shropshire	11	River Valley	
4	Justine Cleveland	12	W-Wood-Sloan	
5	Shelby Fastert		CentLyon- RR	
6	Allyson Acevedo		CentLyon- RR	
7				
8				

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Section 2 of 2 Finals...(Event 3 Girls 100 Meter Dash

1	Katelin Langel	10	Gehlen Cath
2	Taylor Ruby	09	Dakota Vall
3	Jennifer Petsche	12	W Mon-Onawa
4	Karlie Dahl	12	Homer NE
5	Jacy Bretschneider	09	Pierce NE
6	Erica Dreckman	11	Marc-Meri-Cl
7	Maddie Jenkins	09	Pierce NE
8	Ellie Bohan	09	Dakota Vall

Event 11 Girls 100 Meter Hurdles Class"C"

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Kirstin Berg	12	W-Wood-Sloan	
2	Brittney Shropshire	11	River Valley	
3	Lexi Ackerman		CentLyon- RR	
4	Steph Rohe	11	Gehlen Cath	
5	Nicole Ryan	11	Gehlen Cath	
6	Jody Vanden Hoek		CentLyon- RR	
7	Ashley Alons	12	W-Wood-Sloan	
8	Katie Atkins	10	Pierce NE	

Event 33 Girls 4x100 Meter Relay Class"C"

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Marc-Meri-Cl	A	
	1) Sydney Roberts 09	2) Nicki Schwarz 09	
	3) Amanda Hoefling 12	4) Erica Dreckman 11	
	5) Sarah Bird 10	6) Heather Hoefling 09	
2	W-Wood-Sloan	A	
	1) Katie Struble 11	2) Megan Crawford 10	
	3) Rita Smith 10	4) Megan Polly 11	
	5) Kirstin Berg 12	6) Abby Rea 11	
3	CentLyon- RR	A	
	1) Shelby Fastert	2) Jody Vanden Hoek	
	3) Allyson Acevedo	4) Brenda Hofer	
	5) Kori Schulte	6) Lexi Ackerman	
4	Gehlen Cath	A	
	1) Katelin Langel 10	2) Emily Holtgrewe 10	
	3) MacKenzie Kellen 11	4) Kaitlin Roberts 11	
	5) Leah Ellensohn 09	6) Alli Sitzmann 10	
5	Homer NE	A	
	1) Cara Olerich 11	2) Brandan Tighe 09	
	3) Kylie Andersen 11	4) Karlie Dahl 12	
6	Pierce NE	A	
	1) Katie Atkins 10	2) Jacy Bretschneider 09	
	3) Carly McElhose 09	4) Maddie Jenkins 09	
	5) Alisha White 09		
7	Ridge View	A	
	1) Gretchen Kistenmacher 10	2) Emily Schiernbeck 12	
	3) Brooke Wiese 12	4) Roxanne Grundmeier 12	
	5) Sydney Kistenmacher 09	6) Emily Kenny 09	
8			

Event 41 Girls 4x200 Meter Relay Class"C"

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1			
2			
3	South Obrien	A	
	1) Mikayla Hintz 09	2) Breana Van Beek 11	
	3) Taylor Paulsen 09	4) Erin Brassler 11	
	5) Casie Rehder 11	6) Heather Penning 12	
4	Homer NE	A	
	1) Kylie Andersen 11	2) Brandan Tighe 09	
	3) Cara Olerich 11	4) Karlie Dahl 12	
	5) Jenna Raveling 11		
5	W-Wood-Sloan	A	
	1) Megan Crawford 10	2) Rita Smith 10	
	3) Megan Polly 11	4) Natalie Parsley 09	
6			
7			
8			
Section 2 of 2 Finals			
1			
2	Pierce NE	A	
	1) Katie Atkins 10	2) Carly McElhose 09	
	3) Alisha White 09	4) Jacy Bretschneider 09	
	5) Maddie Jenkins 09		
3	Emerson-H NE	A	
	1) Marisa Blanke 10	2) Brittni Bormann 11	
	3) Brittany Pallas 10	4) Justine Sebade 11	
	5) Sam Hogan 12		
4	Ridge View	A	
	1) Emily Schiernbeck 12	2) Sydney Kistenmacher 09	
	3) Brooke Wiese 12	4) Roxanne Grundmeier 12	
	5) Gretchen Kistenmacher 10	6) Jessica Mathes 12	
5	CentLyon- RR	A	
	1) Lexi Ackerman	2) Morgan Herda	
	3) Shelby Fastert	4) Tori Figge	
	5) Brenda Hofer	6) Allyson Acevedo	
6	Gehlen Cath	A	
	1) Emily Holtgrewe 10	2) Steph Rohe 11	
	3) Kaitlin Roberts 11	4) Katelin Langel 10	
	5) MacKenzie Kellen 11	6) Alli Sitzmann 10	
7	Marc-Meri-Cl	A	
	1) Sydney Roberts 09	2) Nicki Schwarz 09	
	3) Amanda Hoefling 12	4) Erica Dreckman 11	
	5) Sarah Bird 10	6) Heather Hoefling 09	
8			

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Event 49 Girls 4x400 Meter Relay Class"C"

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	W-Wood-Sloan	A	
	1) Kelsey Lyon 09	2) McKayla Wood 10	
	3) Janell Walker 11	4) Sam Hamann 11	
	5) Ashley Alons 12	6) Kirstin Berg 12	
2	Marc-Meri-Cl	A	
	1) Sydney Roberts 09	2) Nicki Schwarz 09	
	3) Amanda Hoefling 12	4) Erica Dreckman 11	
	5) Sarah Bird 10	6) Heather Hoefling 09	
3	Homer NE	A	
	1) Kylie Andersen 11	2) Brandan Tighe 09	
	3) Jenna Raveling 11	4) Karlie Dahl 12	
	5) Cara Olerich 11		
4	Elk Pt Jeff	A	
	1) Caitlin Davis 10	2) Jordyn Hudelson 11	
	3) Bobbie McLaury 12	4) Keely Bertram 09	
5	CentLyon- RR	A	
	1) Tori Figge	2) Allyson Acevedo	
	3) Kori Schulte	4) Brenda Hofer	
	5) Shelby Fastert	6) Jody Vanden Hoek	
6	Ridge View	A	
	1) Nicole Snyder 10	2) Jessica Mathes 12	
	3) Sydney Kistenmacher 09	4) Roxanne Grundmeier 12	
	5) Gretchen Kistenmacher 10	6) Emily Schiernbeck 12	
7	Ponca NE	A	
	1) Beth Finnegan 12	2) Madison Charlson 09	
	3) Krystal Richards 10	4) Samantha Gill 10	
	5) Rachel Krause 10		
8			

Event 59 Girls Distance Medley Class"C"

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Gehlen Cath	A	
	1) Steph Rohe 11	2) Alli Sitzmann 10	
	3) Nicole Ryan 11	4) Katelin Langel 10	
	5) Emily Holtgrewe 10	6) MacKenzie Kellen 11	
2	Elk Pt Jeff	A	
	1) Caitlin Davis 10	2) Keely Bertram 09	
	3) Tascha Donnelly 12	4) Tatum Adema 10	
3	Ridge View	A	
	1) Emily Schiernbeck 12	2) Sydney Kistenmacher 09	
	3) Roxanne Grundmeier 12	4) Nicole Snyder 10	
	5) Brooke Wiese 12	6) Jessica Mathes 12	
4	CentLyon- RR	A	
	1) Lexi Ackerman	2) Morgan Herda	
	3) Brenda Hofer	4) Tori Figge	
	5) Shelby Fastert	6) Kori Schulte	
5	Marc-Meri-Cl	A	
	1) Sydney Roberts 09	2) Nicki Schwarz 09	
	3) Amanda Hoefling 12	4) Erica Dreckman 11	
	5) Sarah Bird 10	6) Heather Hoefling 09	
6	South Obrien	A	
	1) Mikayla Hintz 09	2) Breana Van Beek 11	
	3) Erin Brassler 11	4) Kaitlyn Aberson 10	
	5) Heather Penning 12	6) Taylor Paulsen 09	
7	W-Wood-Sloan	A	
	1) Megan Crawford 10	2) Abby Rea 11	
	3) Janell Walker 11	4) Sam Hamann 11	
	5) Kelsey Lyon 09	6) Ashley Alons 12	
8			

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Event 25 Girls 800 Meter Run OHS

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Shelby Houlihan	12	Sc- East	
2	Josee Jansen	12	Sc- North	
3	Mackenzie Smith	11	Sb-Luton	
4	Cassie Geopfert	09	Sc- East	
5	Abby Wostoupal	11	Heelan	
6	Kaylene Leiting	11	Heelan	
7	Alexis Conaway	09	Moc-Fv	
8	Bailey Starner	09	Glenwood	
9	Megan Carlson	10	Cherokee- Wa	
10	Emma Nykamp	08	SF Lincoln	
11	Katie Landhuis	09	Moc-Fv	
12	Beth Finnegan	12	Ponca NE	
13	Alyssa Nash	09	Sc- West	
14	Nicki Schwarz	09	Marc-Meri-Cl	
15	Nikki Betzler	11	SF Lincoln	
16	Miranda Hulstein	09	Wc-Hull	
17	Lisa Nebel	09	Glenwood	
18	Erica Douma	09	Wc-Hull	
19	Mandi Hare	12	Oa-Bcig	
20	Katie Droog	12	Unity Chrst-	
21	Samantha Bandstra	10	Unity Chrst-	
22	Sarah Bird	10	Marc-Meri-Cl	
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Event 27 Girls 1500 Meter Run OHS

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Shelby Houlihan	12	Sc- East	
2	Josee Jansen	12	Sc- North	
3	Carlie Cooper	09	Glenwood	
4	Carson Leiting	10	Heelan	
5	Brooke Bleeker	09	Heelan	
6	Serina Robinson	12	SF Lincoln	
7	Meredith Rand	10	LeMars	
8	Kayla Byl	11	Unity Chrst-	
9	Brittini Bormann	11	Emerson-H NE	
10	Miranda Hulstein	09	Wc-Hull	
11	Alissa Pollema	09	Wc-Hull	
12	Brittany Pallas	10	Emerson-H NE	
13	Amber Sandbulte	12	Sioux Center	
14	Nikki Betzler	11	SF Lincoln	
15	Beth Finnegan	12	Ponca NE	
16	Casie Van Der Weide	12	Moc-Fv	
17	Dondi Schmidt	09	Spirit Lake	
18	Abby DeVries	12	Unity Chrst-	
19	Briana Brunsvold	12	Spirit Lake	
20	Marissa Mareck	10	LeMars	
21	Nicki Schwarz	09	Marc-Meri-Cl	
22	Morgan Naughton	09	Glenwood	
23	Alyssa Nash	09	Sc- West	
24	Lindsey Brown	11	Mv-Ao	
25	Alli Sitzmann	10	Gehlen Cath	
26	Leah Ellensohn	09	Gehlen Cath	
27	Hana Berry	09	Oa-Bcig	
28	Jenna Kittler	09	Dakota Vall	
29	Renee Choquette	09	W-Wood-Sloan	
30	Shanna Frazier	10	South Sioux	
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Meet Program

Event 29 Girls 3000 Meter Run OHS

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1				
2	Carlie Cooper	09	Glenwood	
3	Miranda Hulstein	09	Wc-Hull	
4	Molly Wankum	11	Gehlen Cath	
5	Briana Brunsvold	12	Spirit Lake	
6	Morgan Naughton	09	Glenwood	
7	Marissa Mareck	10	LeMars	
8	Lindsay Joyce	09	Heelan	
9	Brooke Bleeker	09	Heelan	
10	Katie Droog	12	Unity Chrst-	
11	Casie Van Der Weide	12	Moc-Fv	
12	Jenna Kittler	09	Dakota Vall	
13	Alyssa Nash	09	Sc- West	
14	Sadie Clements	11	Dakota Vall	
15	Katie Schmidt	12	Sc- West	
16	Amanda Delzell	10	Sc- North	
17	Sarah Seuntjens	09	Kp/Wcentral	
18	Amanda Ricard	09	Kp/Wcentral	
19	Danielle Kersting	09	South Sioux	
20	Paige McGrath	10	Sb-Luton	
21	Dondi Schmidt	09	Spirit Lake	
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31				
32				

Event 23 Girls 400 Meter Hurdles OHS

Lane	Name	Yr	School	Seed Time
Section 1 of 3 Finals				
1				
2				
3	Casie Rehder	11	South Obrien	
4	Whitney Zenk	10	LeMars	
5	Selma DeAnda	10	South Sioux	
6				
7				
8				

Section 2 of 3 Finals

1	Ally Vande Vegte	12	LeMars
2	Kaylene Leiting	11	Heelan
3	Emily Keane	10	Heelan
4	Alex Howrey	12	Kp/Wcentral
5	Sam Wielenga	10	Moc-Fv
6	Leah Van Tol	11	Wc-Hull
7	Emily McElwain	10	Sc- East
8	Shaina McCullough	10	Sc- East

Section 3 of 3 Finals

1	Katey Krager	09	Oa-Bcig
2	Morganne Pfaffle	09	Dakota Vall
3	Kendra Stokke	10	Spirit Lake
4	Kim Kroeze	10	Wc-Hull
5	Katie Kallin	12	Oa-Bcig
6	McKenna Henze	10	Glenwood
7	Sydney Bartels	10	SF Lincoln
8	Kaity Schumacher	12	Sc- West

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Meet Program

Event 55 Girls 4x800 Meter Relay OHS

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	CentLyon- RR	A	
	1) Morgan Herda	2) Kori Schulte	
	3) Tori Figge	4) Brenda Hofer	
	5) Kelsey Ackerman		
2	Wc-Hull	A	
	1) Shae DeJager 10	2) Miranda Hulstein 09	
	3) Anna VandeKamp 10	4) Alissa Pollema 09	
	5) Abby Pollema 09	6) Erica Douma 09	
3	Elk Pt Jeff	A	
	1) Bobbie McLaury 12	2) Keely Bertram 09	
	3) Tatum Adema 10	4) Jordyn Hudelson 11	
4	Moc-Fv	A	
	1) Kara Nonnemacher 12	2) Katie Landhuis 09	
	3) Casie Van Der Weide 12	4) Alexis Conaway 09	
	5) Ali Achterhof 09		
5	Heelan	A	
	1) Carson Leiting 10	2) Brooke Bleeker 09	
	3) Kaylene Leiting 11	4) Abby Wostoupal 11	
	5) Emily Manning 12	6) Lindsay Joyce 09	
6	Glenwood	A	
	1) Carlie Cooper 09	2) Megan McKern 10	
	3) Maddie Mead 09	4) Bailey Starner 09	
	5) Lisa Nebel 09	6) Makayla Nelson 09	
7	SF Lincoln	A	
	1) Carly Holmstrom 11	2) Emma Nykamp 08	
	3) Nikki Betzler 11	4) Saprina Ruppert 12	
	5) Victoria Makimova 11	6) Anna Uthe 10	
8	Unity Chrst-	A	
	1) Kayla Byl 11	2) Emily Broers 12	
	3) Samantha Bandstra 10	4) Abby DeVries 12	
	5) Katie Droog 12		
9	LeMars	A	
	1) Yashila Permeswaran 10	2) Hannah Steen 11	
	3) Nikki Sluiter 12	4) Meredith Rand 10	
	5) Hannah Jungers 10		
10	Emerson-H NE	A	
	1) Brittnei Bormann 11	2) Brittany Pallas 10	
	3) Marisa Blanke 10	4) Justine Sebade 11	
	5) Sam Hogan 12		
11	Sioux Center	A	
	1) Amber Sandbulte 12	2) Miranda Mouw 09	
	3) Bethany Larson 11	4) Arybella Denton-Parry 09	
	5) Katelyn Kragt 12	6) Jasmine Moulton 11	
12	South Sioux	A	
	1) Halie Hoch 11	2) Taylor Bleil 10	
	3) Shanna Frazier 10	4) Audra Thramer 09	
	5) Selma DeAnda 10		
13	Kp/Wcentral	A	
	1) Maddie Bain 10	2) Brittany Schermann 10	
	3) Bailey Kennedy 10	4) Meghann Pucelik 12	
	5) Amanda Ricard 09	6) Hanna Seggerman 09	
14	South Obrien	A	
	1) Casie Rehder 11	2) Erin Brassler 11	
	3) Heather Penning 12	4) Kaitlyn Abersson 10	
	5) Rachel Struve 09	6) Emily Heeren 09	
15	Sc- West	A	

	1) Maddie Hansen 09	2) Aerial Williams 12
	3) Shelby Lambing 12	4) Alyssa Nash 09
	5) Angela Meyer 11	6) Lindsey Combs 12
16	Gehlen Cath	A
	1) Nicole Ryan 11	2) Kaitlin Roberts 11
	3) Molly Wankum 11	4) Alli Sitzmann 10
	5) Leah Ellensohn 09	

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Sioux City Relays 2011 - 4/15/2011 to 4/16/2011

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Meet Program

Event 205 Girls 4x100 Meter Shuttle Hurdle OHS

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1	Spirit Lake	A	
	1) Miranda Bruggeman 09	2) Kendra Stokke 10	
	3) Kayla Herrig 09	4) Kaela Delperdang 09	
	5) Corri VanderWoude 09		
2			
3	LeMars	A	
	1) Emily Anderson 12	2) Megan Schwartz 10	
	3) Morgan Ohm 10	4) Kirstie Ruhland 12	
	5) Alex Schuett 12	6) Whitney Zenk 10	
4			
5	W-Wood-Sloan	A	
	1) Justine Cleveland 12	2) Kirstin Berg 12	
	3) Renee Choquette 09	4) Ashley Alons 12	
	5) Megan Crawford 10		
6			
7	Kp/Wcentral	A	
	1) DeAndra Mahrt 11	2) Alex Howrey 12	
	3) Cara Shanks 09	4) Keely Collins 10	
	5) Maddie Bain 10		
8			
Section 2 of 2 Finals			
1	Glenwood	A	
	1) Abby Brown 12	2) Devin Jackson 10	
	3) McKenna Henze 10	4) Mercedes Liparoto 11	
	5) Noa Bales 09		
2			
3	Gehlen Cath	A	
	1) Emily Holtgrewe 10	2) Steph Rohe 11	
	3) Katelin Langel 10	4) Nicole Ryan 11	
	5) Kaitlin Roberts 11		
4			
5	CentLyon- RR	A	
	1) Heather Busch	2) Jody Vanden Hoek	
	3) Kelsey Ackerman	4) Lexi Ackerman	
	5) Makayla Miller		
6			
7	Moc-Fv	A	
	1) Jessica Sanchez 10	2) Riley Kliegl 09	
	3) Sam Wielenga 10	4) Faith Vander Voort 09	
8			

Event 75 Girls High Jump OHS

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Alexis Conaway	09	Moc-Fv	
2	Katelyn Kragt	12	Sioux Center	
3	Mackenzie Geary	10	Heelan	
4	Jess Arnold	11	LeMars	
5	Katie Landhuis	09	Moc-Fv	
6	Abbie Hohman	12	SF Lincoln	
7	Josie Kopal	10	LawtonBronson	
8	Jordyn Anderson	10	Sc- East	
9	Shelby Brewster	12	Glenwood	
10	Krystina Koepke	10	Pierce NE	
11	Kendra Stokke	10	Spirit Lake	
12	Rachel Struve	09	South Obrien	
13	Sydney Torgrude	10	SF Lincoln	
14	Lexi Fisher	11	Glenwood	
15	Ashley Zobel	12	Oa-Bcig	
16	Brenna Karrer	09	Heelan	
17	Nicole Hahn	09	Sc- East	
18	Annie Pierce	11	South Sioux	
19				
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Event 73 Girls Long Jump OHS

Pos	Name	Yr	School	Seed Mark
Flight 1 of 4 Finals				
1	Marisa Blanke	10	Emerson-H NE	
2	Chaunte Pope	12	Sc- West	
3	Cheyenne Simon	12	Sc- West	
4	Kaisha Billings	09	Sc- North	
5	Jessica Becker	09	Sb-Luton	
6	Miranda Bruggeman	09	Spirit Lake	
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8				
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10				
11				

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Meet Program

Flight 2 of 4 Finals

1	Kylee Hickman	09	Heelan
2	Justine Cleveland	12	W-Wood-Sloan
3	Sarah Salerno	09	Glenwood
4	Jessie Kabele	09	Spirit Lake
5	Cady Reinke	12	Pierce NE
6	Michelle Brown	09	Sc- North
7	Amber Sandbulte	12	Sioux Center
8	Kirstin Berg	12	W-Wood-Sloan
9			
10			
11			

Flight 3 of 4 Finals

1	Morgan Koenigs	10	Mv-Ao
2	Emily Manning	12	Heelan
3	Caitlin Davis	10	Elk Pt Jeff
4	Gretchen Kistenmacher	10	Ridge View
5	Abby Brown	12	Glenwood
6	Meghan Lambert	12	SF Lincoln
7	Katelyn Probst	09	Moc-Fv
8	Katy Hart	11	Cherokee- Wa
9			
10			
11			

Flight 4 of 4 Finals

1	Mallory Cates	10	Oa-Bcig
2	Katie Kallin	12	Oa-Bcig
3	MacKenzie Kellen	11	Gehlen Cath
4	Allie Lahren	11	SF Lincoln
5	Jacy Bretschneider	09	Pierce NE
6	Elizabeth Bohlmann	09	Sc- East
7	Kylie Andersen	11	Homer NE
8	Kelly Reed	12	Elk Pt Jeff
9			
10			
11			

Event 69 Girls Shot Put OHS

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 4 Finals

1	Kaylee Hobbs	11	W-Wood-Sloan
2	Sydney Handsaker	12	Sc- East
3	Caroline Mulder	09	Unity Chrst-
4			
5			
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7			
8			
9			
10			

Flight 2 of 4 Finals...(Event 69 Girls Shot Put OHS)

1	Skye Jensen	11	Homer NE
2	Kaitlynn Madsen	10	Ridge View
3	Taylor Throne	10	Sb-Luton
4	Emily Spartz	12	Heelan
5	Kysa Bennett	12	Ridge View
6	Ashton Johnson	11	Pierce NE
7	Miles Ludwigs	09	Sb-Luton
8	Skylar Roupe	09	Sc- West
9	Kelsey Van Patten	12	Heelan
10			

Flight 3 of 4 Finals

1	Jade De Jong	12	Sioux Center
2	Kylie Martin	10	Dakota Vall
3	Katelyn Ewing	12	LeMars
4	Heather Lieber	10	Ponca NE
5	Cheyenne Wilcke	09	Oa-Bcig
6	Ira De Jong	09	Moc-Fv
7	Nikki Van Dyke	12	Sioux Center
8	Andreanna Sharpback	11	South Sioux
9	Faythe Pitkin	12	Sc- North
10	Andrea Urban	09	LeMars

Flight 4 of 4 Finals

1	Molly Hutchins	12	Spirit Lake
2	Cassie Kruse	10	Glenwood
3	Tristen Sharp	12	South Sioux
4	Cara Olerich	11	Homer NE
5	Taylor Woods	11	Cherokee- Wa
6	Ariel Hudson	12	Sc- North
7	Cera Ledbetter	10	SF Lincoln
8	Allison Sexton	09	Dakota Vall
9	Lauren McDonald	11	Moc-Fv
10	Emily Mercer	11	Spirit Lake

Event 71 Girls Discus Throw OHS

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 4 Finals

1	Lacey Krohn	10	Ponca NE
2	Taylor Throne	10	Sb-Luton
3	Naomi Greder	11	W-Wood-Sloan
4	Caroline Mulder	09	Unity Chrst-
5	Kara Groetken	11	Sc- West
6			
7			
8			
9			

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Meet Program

Flight 2 of 4 Finals

1	Melissa Mounts	10	Sc- East
2	Emily Spartz	12	Heelan
3	Chantelle De Haan	09	Unity Chrst-
4	Katelyn Ewing	12	LeMars
5	Faythe Pitkin	12	Sc- North
6	Miles Ludwigs	09	Sb-Luton
7	Sydney Handsaker	12	Sc- East
8	Mary Kate Eckstaine	10	LeMars
9	Sierra Matthews	09	South Obrien

Flight 3 of 4 Finals

1	Kylie Martin	10	Dakota Vall
2	Emily Mercer	11	Spirit Lake
3	Taylor Woods	11	Cherokee- Wa
4	Cassie Kruse	10	Glenwood
5	Brandi Orr	11	Marc-Meri-Cl
6	Kysa Bennett	12	Ridge View
7	Andreanna Sharpback	11	South Sioux
8	Rachelle Martin	12	Glenwood
9	Kaitlynn Madsen	10	Ridge View

Flight 4 of 4 Finals

1	Jade De Jong	12	Sioux Center
2	Ariel Hudson	12	Sc- North
3	Brook Jacobsma	10	Moc-Fv
4	Lauren McDonald	11	Moc-Fv
5	Molly Hutchins	12	Spirit Lake
6	Cera Ledbetter	10	SF Lincoln
7	Ashton Johnson	11	Pierce NE
8	Kelsey Van Patten	12	Heelan
9	Tristen Sharp	12	South Sioux

Event 216 Girls 800 Meter Run Freshman Girls

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Sydney Smith	09	Sb-Luton	
2	Alyssa Nash	09	Sc- West	
3	Brooke Bleeker	09	Heelan	
4	Maddie Hansen	09	Sc- West	
5	Betsi Alvarado	09	Sc- North	
6	Sierra Brand	09	Sb-Luton	
7	Lindsay Joyce	09	Heelan	
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18				
19				

Event 63 Girls 4x100 Meter Relay Freshman Girls

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Sc- North	A	
	1) Audrey Lovan 09		2) Michelle Brown 09
	3) Trinitie Harris 09		4) Kaisha Billings 09
2	Sb-Luton	A	
	1) Madison Archer 09		2) Allison Stockfleth 09
	3) Peyton Harms 09		4) Kennedy Colvert 09
3	LeMars	A	
4	Heelan	A	
	1) Carissa Sininger 09		2) Brenna Karrer 09
	3) Rachel Fiedler 09		4) Kylee Hickman 09
	5) Brenna Sweeney 09		6) Gracie Twohig 09
5	Oa-Bcig	A	
	1) Katey Krager 09		2) Cheyenne Wilcke 09
	3) Hana Berry 09		4) Jensen Boger 09
6	Sc- West	A	
	1) Annaliese Hansen 09		2) Maddie Hansen 09
	3) Aliee Moritz 09		4) Heidi Jones 09
7	Sc- East	A	
8	South Sioux	A	
	1) Hailey Hinds 09		2) Shameka Hunt 09
	3) Audra Thramer 09		4) Sandra Murguia 09

Event 65 Girls 4x200 Meter Relay Freshman Girls

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Sc- East	A	
2	LeMars	A	
3	Sc- North	A	
	1) Trinitie Harris 09		2) Breanna Zellers 09
	3) Katrina Shotswell 09		4) Danila Quintanilla 09
4	Heelan	A	
	1) Brenna Sweeney 09		2) Kylee Hickman 09
	3) Brenna Karrer 09		4) Carissa Sininger 09
	5) Rachel Fiedler 09		6) Gracie Twohig 09
5	Oa-Bcig	A	
	1) Katey Krager 09		2) Cheyenne Wilcke 09
	3) Hana Berry 09		4) Jensen Boger 09
6	South Sioux	A	
	1) Shameka Hunt 09		2) Audra Thramer 09
	3) Hailey Hinds 09		4) Sandra Murguia 09
7	Sb-Luton	A	
	1) Madison Archer 09		2) Allison Stockfleth 09
	3) Peyton Harms 09		4) Kennedy Colvert 09
8	Sc- West	A	
	1) Annaliese Hansen 09		2) Maddie Hansen 09
	3) Aliee Moritz 09		4) Heidi Jones 09

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Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Sb-Luton	A	
	1) Madison Archer 09	2) Allison Stockfleth 09	
	3) Peyton Harms 09	4) Kennedy Colvert 09	
2	Sc- East	A	
3	Heelan	A	
	1) Brenna Sweeney 09	2) Brooke Bleeker 09	
	3) Lindsay Joyce 09	4) Gracie Twohig 09	
	5) Kylee Hickman 09	6) Brenna Karrer 09	
4	LeMars	A	
5	South Sioux	A	
	1) Danielle Kersting 09	2) Jordan Bowman 09	
	3) Audra Thramer 09	4) Cassandra Munoz 09	
6	Sc- West	A	
	1) Alyssa Nash 09	2) Aliee Moritz 09	
	3) Maddie Hansen 09	4) Heidi Jones 09	
7	Oa-Bcig	A	
	1) Katey Krager 09	2) Cheyenne Wilcke 09	
	3) Hana Berry 09	4) Jensen Boger 09	
8	Sc- North	A	
	1) Betsi Alvarado 09	2) Danila Quintanilla 09	
	3) Breanna Zellers 09	4) Katrina Shotswell 09	

Event 214 Girls 4x400 Meter Relay 8th Grade

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Dakota Vall	A	
2	East Middle	A	
	1) Carlee Horn	2) Kara Niles	
	3) Aspen Bennier	4) Kartrina Diaz	
3	Heelan MS	A	
	1) Madie Pike	2) Noelle Weaver	
	3) Rachel Vondrak	4) Lauren Graves	
	5) Yaz Rose		
4	LawtonBronson	A	
5	North Middle	A	
	1) Katlyn Frane	2) Aliza Wink	
	3) Jasmine Ruelas	4) Shauna Folchert	
	5) Brayah Ruhrer	6) Cheyenne Overgaard	
6	Sbl MS	A	
	1) Gabrielle Olszewski	2) Amber Schubert	
	3) Madison Ryan	4) Megan Adams	
	5) Tana Boekelman	6) Abby Kolar	
7	South Sioux MS	A	
	1) Dana Fisher	2) Lila Peterson	
	3) Brooke Heinemann	4) Rheanna Klassen	
	5) Crystal Halloway	6) Hope Hassebroek	
8	WMS	A	
	1) Kayla Doran	2) Shelby Boettcher	
	3) Jessica Molden	4) Azaria Hudson	
	5) Maria Harris		

Event 5 Boys 100 Meter Dash Class"A"

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Breckin Anderson	12	South Sioux	
2	Dakota Linafelter	12	Sb-Luton	
3	Jon Halvorson	12	SF Lincoln	
4	Dajo Hubert	10	Sc- North	
5	Chris Harner	11	SF Lincoln	
6	Manny Alcaez	10	Heelan	
7	Ethan Lieber	12	Sb-Luton	
8	Bart Kent	11	South Sioux	
Section 2 of 2 Finals				
1	Tim Keane	11	Heelan	
2	Cleo Harris	11	Cb- AL	
3	Darius Pearson	11	Sc- West	
4	Datrck Hollis	12	Sc- West	
5	Austin Ebertowski	12	Cb- AL	
6	Spencer Zook	12	Sc- North	
7	Anthony Dreeszen	10	Sc- East	
8	Ronald Nash	09	Sc- East	

Event 13 Boys 110 Meter Hurdles Class"A"

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Hashim Gabon	12	SF Lincoln	
2	DJ Jefferson	11	Cb- AL	
3	Logan Shine	12	Sb-Luton	
4	Ty Robinson	12	Sc- West	
5	Cody O'Dell	12	South Sioux	
6	Austin Krohn	11	Sb-Luton	
7	Caden Quintinilla	09	SF Lincoln	
8	Alex Inming	11	Sc- East	

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Meet Program

Event 35 Boys 4x100 Meter Relay Class"A"

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Sb-Luton	A	
	1) Dakota Linafelter 12	2) Ethan Lieber 12	
	3) Jake Wimmer 12	4) Dillon Hiserote 10	
	5) Austin Krohn 11	6) Kendall Duerkson 12	
2	Heelan	A	
	1) Zach Skibinski 10	2) Tim Keane 11	
	3) Dane Hickman 11	4) Michael Malloy 11	
	5) Manny Alcaarez 10	6) Philip Jacobson 09	
3	SF Lincoln	A	
	1) Caden Quintinilla 09	2) Chris Harner 11	
	3) Nick Goeman 11	4) Gemechu Godi 11	
	5) Josh Kunzmann 09	6) Ethan Decosse 10	
4	Sc- West	A	
	1) Antonio Anderson 12	2) Darius Pearson 11	
	3) Daquane Triplett 12	4) Dattrick Hollis 12	
	5) James Burton 12	6) Dalvin Damon 12	
5	Sc- East	A	
	1) Anthony Dreeszen 10	2) Ryan Anderson 12	
	3) Steven Bentz 12	4) Eric Peters 12	
	5) Ronald Nash 09	6) Quenton James 12	
6	Cb- AL	A	
	1) Payton Mass 12	2) Dylan Garner 09	
	3) Alex White 11	4) Devin Thomas 12	
	5) Cleo Harris 11	6) Austin Ebertowski 12	
7	Sc- North	A	
	1) Spencer Zook 12	2) Charley Forey 11	
	3) Dajo Hubert 10	4) Quinn Williams 11	
	5) Dondre Hubert 12		
8			

Event 43 Boys 4x200 Meter Relay Class"A"

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Sb-Luton	A	
	1) Dakota Linafelter 12	2) Ethan Lieber 12	
	3) Jake Wimmer 12	4) Dillon Hiserote 10	
	5) Austin Krohn 11	6) Cody Solari 12	
2	Heelan	A	
	1) Zach Skibinski 10	2) Dane Hickman 11	
	3) Tim Keane 11	4) Michael Malloy 11	
	5) Manny Alcaarez 10	6) Philip Jacobson 09	
3	Sc- East	A	
	1) Anthony Dreeszen 10	2) Ronald Nash 09	
	3) Steven Bentz 12	4) Eric Peters 12	
	5) Cole Huisenga 12	6) Ryan Anderson 12	
4	Sc- West	A	
	1) Dattrick Hollis 12	2) Darius Pearson 11	
	3) Dalvin Damon 12	4) Antonio Anderson 12	
	5) Daquane Triplett 12	6) James Burton 12	
5	SF Lincoln	A	
	1) Zach Mcknelly 10	2) Josh Kunzmann 09	
	3) Nick Goeman 11	4) Gemechu Godi 11	
	5) Ethan Decosse 10	6) Patrick Leach 11	
6	Cb- AL	A	
	1) Dylan Garner 09	2) Cleo Harris 11	
	3) Alex White 11	4) Austin Ebertowski 12	
	5) Devin Thomas 12	6) DJ Jefferson 11	
7	Sc- North	A	
	1) Spencer Zook 12	2) Ashanti Smith 12	
	3) Dajo Hubert 10	4) Quinn Williams 11	
	5) Gage Hays 10	6) Brady Mayo 09	
8			

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Meet Program**Event 51 Boys 4x400 Meter Relay Class"A"**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	South Sioux	A	
	1) Michael Offerman 10	2) Cody O'Dell 12	
	3) Austin Fritza 10	4) Moti Abdissa 11	
2	Cb- AL	A	
	1) Alex Olsen 12	2) Alex Dixon 12	
	3) Cleo Harris 11	4) Austin Ebertowski 12	
	5) DJ Jefferson 11	6) Dylan Garner 09	
3	Sc- East	A	
	1) Greg Kirwan 09	2) Cole Huisenga 12	
	3) Steven Bentz 12	4) Eric Peters 12	
	5) Carter Lilly 09	6) Wyatt Mounts 09	
4	Sc- West	A	
	1) Antonio Anderson 12	2) Daquane Triplett 12	
	3) Dattrick Hollis 12	4) Darius Pearson 11	
	5) Tucker Askelson 10	6) Mo Teuchert 12	
5	SF Lincoln	A	
	1) Gemechu Godi 11	2) Zach Mcknelly 10	
	3) Brett Michels 12	4) Patrick Leach 11	
	5) Nick Goeman 11	6) Alex Hall 12	
6	Heelan	A	
	1) Michael Malloy 11	2) Joe Hindman 11	
	3) Roland Henry 11	4) Tony Myers 11	
	5) Philip Jacobson 09	6) Manny Alcaarez 10	
7	Sb-Luton	A	
	1) Ben Robinson 09	2) Nate Glisar 09	
	3) Jack DeMoss 09	4) Kollin George 10	
	5) Blake McCauley 10	6) Logan Shine 12	
8	Sc- North	A	
	1) Charley Forey 11	2) Anthony Gonzales 10	
	3) Quinn Williams 11	4) Josh Jensen 12	

Event 58 Boys 1600 Sprint Medley Class"A"

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Sc- West	A	
	1) Dalvin Damon 12	2) Daquane Triplett 12	
	3) Tucker Askelson 10	4) Tucker Carrell 11	
	5) James Burton 12	6) Daniel Gassaway 11	
2	Sc- East	A	
	1) Jake McDonald 10	2) Cole Huisenga 12	
	3) Wyatt Mounts 09	4) Carter Lilly 09	
	5) Ryan Anderson 12	6) Steven Bentz 12	
3	Cb- AL	A	
	1) Austin Ebertowski 12	2) Dylan Garner 09	
	3) Alex Olsen 12	4) Alex Dixon 12	
	5) Cleo Harris 11	6) Devin Thomas 12	
4	SF Lincoln	A	
	1) Ethan Decosse 10	2) Patrick Leach 11	
	3) Zach Mcknelly 10	4) Alex Hall 12	
	5) Chris Harner 11	6) Brett Michels 12	
5	Sc- North	A	
	1) Spencer Zook 12	2) Ashanti Smith 12	
	3) Josh Jensen 12	4) Abbabiya Simbassa 12	
6	Heelan	A	
	1) Zach Skibinski 10	2) Tim Keane 11	
	3) Joe Hindman 11	4) Roland Henry 11	
	5) Manny Alcaarez 10	6) Dane Hickman 11	
7	Sb-Luton	A	
	1) Dakota Linafelter 12	2) Dillon Hiserote 10	
	3) Kollin George 10	4) Nick Nielsen 11	
	5) Brendan Martinson 12	6) Logan Shine 12	
8			

Event 6 Boys 100 Meter Dash Class"B"

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Spencer Fritz	10	Sioux Center	
2	Sergio Gochez	10	Cherokee- Wa	
3	Tate Rohde	11	Kp/Wcentral	
4	Zach Reed	12	LeMars	
5	Sam Hinkhouse	12	Cherokee- Wa	
6	Jake Floen	11	Unity Chrst-	
7	Adam Wonder	11	Oa-Bcig	
8	Geo Alfaro	12	Sioux Center	

Event 14 Boys 110 Meter Hurdles Class"B"

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1				
2				
3	Bryce Dahm	12	LeMars	
4	Micah Lassen	11	Sioux Center	
5	Colton Van't Hof	12	Sioux Center	
6				
7				
8				

Sioux City Relays 2011 - 4/15/2011 to 4/16/2011

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Meet Program

Section 2 of 2 Finals

1	Dominic Means	12	Oa-Bcig
2	Cody Kuchel	11	Kp/Wcentral
3	Paxton Strub	12	LeMars
4	Ian Eflin	12	Glenwood
5	Tyler Campbell	12	Kp/Wcentral
6	Mitch Bowden	10	Glenwood
7	Zach Jones	11	Ok-Millford
8			

Event 36 Boys 4x100 Meter Relay Class"B"

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

1	Cherokee- Wa	A	
	1) Sergio Gochez 10	2) Jakob Hummel 12	
	3) Kristian Freed 12	4) Sam Hinkhouse 12	
	5) Marc Husman 10	6) Levi Lundquist 09	
2	Sioux Center	A	
	1) Micah Lassen 11	2) Spencer Fritz 10	
	3) Geo Alfaro 12	4) Gabe Doornink 12	
3	Glenwood	A	
	1) Sam Jameson 10	2) Joe Blankenship 12	
	3) Mitch Bowden 10	4) Rhett Turner 11	
	5) Ian Eflin 12	6) Taylor Kaufman 12	
4	LeMars	A	
	1) Zach Reed 12	2) Hunter Rohde 12	
	3) Bryce Dahm 12	4) Brady Lancaster 12	
5	Moc-Fv	A	
	1) Jay Elsberry 10	2) Jake Solsma 12	
	3) Alex Van Roekel 11	4) Casey Guthmiller 10	
	5) Austin Te Brink 12		
6	Kp/Wcentral	A	
	1) Tyler Campbell 12	2) Joe Mason 12	
	3) Tate Rohde 11	4) Kyle Badgerow 11	
	5) Quincy Lamp 11	6) Cody Kuchel 11	
7	Oa-Bcig	A	
	1) Dalton Hemer 12	2) Dylan Hupke 12	
	3) Adam Wonder 11	4) Trever Ryen 10	
	5) Kent Nishimura 09	6) Dalton Leinbaugh 10	
8	Unity Chrst-	A	
	1) Riley Hoekstra 12	2) Collin Korver 11	
	3) Aaron Van Wyhe 10	4) Benton Vargason 10	
	5) Josh Heynen 09	6) Jake Floen 11	

Event 44 Boys 4x200 Meter Relay Class"B"

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

1	Moc-Fv	A	
	1) Jake Solsma 12	2) Trey Achterhoff 10	
	3) Casey Guthmiller 10	4) Alex Van Roekel 11	
2	Cherokee- Wa	A	
	1) Sergio Gochez 10	2) Jakob Hummel 12	
	3) Kristian Freed 12	4) Sam Hinkhouse 12	
	5) Marc Husman 10	6) Jose Freed 09	
3	Sioux Center	A	
	1) Spencer Fritz 10	2) Gabe Doornink 12	
	3) JonTae Miller 12	4) Andrew O'Donnell 09	
4	Glenwood	A	
	1) Cole Darrow 12	2) Rhett Turner 11	
	3) Taylor Kaufman 12	4) Derek Jones 10	
	5) Eliot Lincoln 12	6) Ian Eflin 12	
5	LeMars	A	
	1) Bryce Dahm 12	2) Hunter Rohde 12	
	3) Levi Tebrink 09	4) Brady Lancaster 12	
6	Oa-Bcig	A	
	1) Trever Ryen 10	2) Dalton Hemer 12	
	3) Michael Grote 11	4) Dalton Leinbaugh 10	
	5) Kent Nishimura 09	6) Adam Wonder 11	
7	Unity Chrst-	A	
	1) Dalton De Haan 10	2) Jordan Everson 11	
	3) Tyler Kroeze 12	4) Aaron Van Wyhe 10	
	5) Jake Floen 11	6) Logan Schoonhoven 09	
8	Kp/Wcentral	A	
	1) Tyler Campbell 12	2) Joe Mason 12	
	3) Jace Modrell 10	4) Quincy Lamp 11	
	5) Tate Rohde 11	6) James Hayden 10	

Event 52 Boys 4x400 Meter Relay Class"B"

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

1			
2			
3	Oa-Bcig	A	
	1) Jeremy Maass 11	2) Dominic Means 12	
	3) Dalton Hemer 12	4) Dalton Leinbaugh 10	
	5) Mick Hofmann 12	6) Kent Nishimura 09	
4	Kp/Wcentral	A	
	1) Quincy Lamp 11	2) Cody Kuchel 11	
	3) Tate Rohde 11	4) Kyle Badgerow 11	
	5) William Dougherty 10	6) Eric Lund 12	
5	Moc-Fv	A	
	1) Jonathon White 11	2) Joe Reinders 12	
	3) Jon Janssen 10	4) Trey Achterhoff 10	
6			
7			
8			

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Meet Program

Section 2 of 2 Finals

1	Cherokee- Wa	A	
	1) Sam Hinkhouse 12		2) Jakob Hummel 12
	3) Marc Husman 10		4) Tyler McLaughlin 11
	5) Kristian Freed 12		6) Eamon Adamson 10
2	Sioux Center	A	
	1) Mile Kleinhesselink 11		2) Andrew O'Donnell 09
	3) JonTae Miller 12		4) Brett Rozeboom 11
3	LeMars	A	
	1) Kyle Borchers 12		2) Brady Lancaster 12
	3) Levi Tebrink 09		4) Joe Herzberg 11
4	Spirit Lake	A	
	1) Kevin Martinson 11		2) Aric Waltz 11
	3) Kayne Feldick 11		4) Luke Kabele 11
	5) Alec Baldwin 12		6) Keith Byers 11
5	Glenwood	A	
	1) Eliot Lincoln 12		2) Derek Jones 10
	3) Johnny Fuller 12		4) Kyle Wheeler 12
	5) Taylor Kaufman 12		6) Mark Abrams 11
6	Mt Mich-ELK	A	
	1) Nick Cairney 11		2) Jacob Connealy 12
	3) Trey Wiemer 10		4) Tommy Feichtinger 11
	5) Sam Farhart 10		6) Eddie Ridder 12
7	Unity Chrst-	A	
	1) Jake Floen 11		2) Dalton De Haan 10
	3) Logan Schoonhoven 09		4) Tyler Kroeze 12
	5) Jordan Everson 11		6) Robbie Vander Veen 11
8			

Event 54 Boys 1600 Sprint Medley Class"B"

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Moc-Fv	A	
	1) Alex Van Roekel 11		2) Casey Guthmiller 10
	3) Trey Achterhoff 10		4) David De Haan 10
2	Cherokee- Wa	A	
	1) Sergio Gochez 10		2) Kristian Freed 12
	3) Sam Hinkhouse 12		4) Marc Husman 10
	5) Levi Lundquist 09		6) Jakob Hummel 12
3	LeMars	A	
	1) Hunter Rohde 12		2) Brady Lancaster 12
	3) Joe Herzberg 11		4) Kyle Borchers 12
4	Spirit Lake	A	
	1) Kevin Martinson 11		2) Aric Waltz 11
	3) Luke Kabele 11		4) Kayne Feldick 11
	5) Will Norris 10		6) Alec Baldwin 12
5	Glenwood	A	
	1) Cole Darrow 12		2) Ian Eflin 12
	3) Eliot Lincoln 12		4) Kyle Wheeler 12
	5) Derek Jones 10		6) Johnny Fuller 12
6	Ok-Millford	A	
	1) Alex Koepp 11		2) Zach Jones 11
	3) Brian Dubois 12		4) Austin Millard 12
	5) Dalton Syverson 10		
7	Kp/Wcentral	A	
	1) Quincy Lamp 11		2) Cody Kuchel 11
	3) William Dougherty 10		4) Ray Scheelhaase 10
	5) Eric Lund 12		6) Jace Modrell 10
8	Oa-Bcig	A	
	1) Dalton Hemer 12		2) Trever Ryen 10
	3) Jeremy Maass 11		4) Patrick Patterson 12
	5) Mick Hofmann 12		6) Kent Nishimura 09

Event 7 Boys 100 Meter Dash Class"C"

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Zach Rathman	12	LawtonBronson	
2	Austin Lefler	10	LawtonBronson	
3	Austin Koehlmoos	11	Pierce NE	
4	Taylor White	12	Dakota Vall	
5	Katlin Ruppert	11	Pierce NE	
6	Jordan Acevedo	12	CentLyon- RR	
7	Brandon Freeman	11	Pierce NE	
8	Ryan McCarty	11	CentLyon- RR	

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Meet Program

Event 15 Boys 110 Meter Hurdles Class"C"

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Beau Metcalf	10	W-Wood-Sloan	
2	Clayton Busch	12	CentLyon- RR	
3	Trent Spieker	10	Pierce NE	
4	Tyler Lindsay	11	Pierce NE	
5	Zach Sexton	12	Dakota Vall	
6	Nathan Glanzer	12	Dakota Vall	
7	Jordan Langel	11	Gehlen Cath	
8				

Event 37 Boys 4x100 Meter Relay Class"C"

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1			
2	Gehlen Cath	A	
	1) Jordan Langel 11	2) Chris Eral 12	
	3) Michael Whitehead 10	4) Trevor Bouma 11	
	5) Hunter DeAnda 10		
3	Marc-Meri-Cl	A	
	1) Blake Erdman 12	2) Tanner Utesch 10	
	3) Dalton Brady 11	4) Andrew Hoefling 10	
	5) Neal Bunt 12	6) Zach Specht 11	
4	Pierce NE	A	
	1) Shelton Dvorak 11	2) Austin Koehlmoos 11	
	3) Brandon Freeman 11	4) Katlin Ruppert 11	
	5) Tyler Lindsay 11	6) Connor Reed 11	
5	CentLyon- RR	A	
	1) Brendan Metzger 12	2) Josh Hunt 10	
	3) Jordan Acevedo 12	4) Ryan McCarty 11	
	5) Hunter Sieperda 12	6) Eric Clasen 11	
6	Ridge View	A	
	1) Tyler Kenny 12	2) Austin Graff 11	
	3) Dru Kenney 10	4) Seth Johnson 11	
	5) Colby Stephens 12	6) Ryan Garthoff 09	
7	W-Wood-Sloan	A	
	1) Beau Metcalf 10	2) Bobby Nettleton 10	
	3) Chris Schroeder 12	4) Cole Brenden 12	
8			

Event 45 Boys 4x200 Meter Relay Class"C"

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	W-Wood-Sloan	A	
	1) Bobby Nettleton 10	2) Cory Myrtue 11	
	3) Chris Schroeder 12	4) Cole Brenden 12	
	5) Beau Metcalf 10	6) Jacob Becker 09	
2	Dakota Vall	A	
3	Marc-Meri-Cl	A	
	1) Blake Erdman 12	2) Dalton Brady 11	
	3) Neal Bunt 12	4) Andrew Hoefling 10	
	5) Tanner Utesch 10	6) Zach Specht 11	
4	Ridge View	A	
	1) Seth Johnson 11	2) Austin Graff 11	
	3) Dru Kenney 10	4) Tyler Kenny 12	
	5) Colby Stephens 12	6) Blake Woodke 12	
5	CentLyon- RR	A	
	1) Brendan Metzger 12	2) Josh Hunt 10	
	3) Ryan McCarty 11	4) Jordan Acevedo 12	
	5) Cole Snyder 11	6) Eric Clasen 11	
6	LawtonBronson	A	
	1) Zach Rathman 12	2) Connor McNaughton 12	
	3) Joel Imel 12	4) Austin Lefler 10	
7	Pierce NE	A	
	1) Austin Koehlmoos 11	2) Brandon Freeman 11	
	3) Connor Reed 11	4) Shelton Dvorak 11	
	5) Bronson Stonacek 11	6) Katlin Ruppert 11	
8			

Event 53 Boys 4x400 Meter Relay Class"C"

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1			
2	Homer NE	A	
3	Ridge View	A	
	1) Trevor Irwin 12	2) Vance Kreutz 12	
	3) Tyler Kenny 12	4) Dru Kenney 10	
	5) Colby Stephens 12	6) Heath Clark 11	
4	Pierce NE	A	
	1) Shelton Dvorak 11	2) Zach Neuhalfen 12	
	3) Katlin Ruppert 11	4) Bronson Stonacek 11	
	5) Connor Reed 11	6) Tyler Lindsay 11	
5	CentLyon- RR	A	
	1) Brendan Metzger 12	2) Josh Hunt 10	
	3) Ryan McCarty 11	4) Jordan Acevedo 12	
	5) Cole Snyder 11	6) Caleb Schriever 11	
6	Marc-Meri-Cl	A	
	1) Blake Erdman 12	2) Tanner Utesch 10	
	3) Andrew Hoefling 10	4) Neal Bunt 12	
	5) Dalton Brady 11	6) Zach Specht 11	
7	Ponca NE	A	
	1) Josh Masin 10	2) Tanner Boyle 10	
	3) Jesse Walsh 11	4) Patrick Watchorn 10	
	5) Cody Peterson 11	6) Anthony Finnegan 12	
8			

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Meet Program

Event 60 Boys 1600 Sprint Medley Class"C"

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1			
2			
3	Ridge View	A	
	1) Ryan Garthoff 09	2) Austin Graff 11	
	3) Vance Kreutz 12	4) Joe Tokheim 10	
	5) Colby Stephens 12	6) Blake Woodke 12	
4	Pierce NE	A	
	1) Austin Koehlmoos 11	2) Tyler Lindsay 11	
	3) Connor Reed 11	4) Zach Neuhalfen 12	
	5) Bronson Stonacek 11	6) Shelton Dvorak 11	
5	Marc-Meri-CI	A	
	1) Blake Erdman 12	2) Andrew Hoefling 10	
	3) Neal Bunt 12	4) Zach Specht 11	
	5) Dalton Brady 11	6) Tanner Utesch 10	
6	Gehlen Cath	A	
	1) Jordan Langel 11	2) Trevor Bouma 11	
	3) Michael Whitehead 10	4) Matt Klein 12	
	5) Josh Hodgson 12	6) Matt Mayer 11	
7			
8			

Event 26 Boys 800 Meter Run OHS

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Kyle Wheeler	12	Glenwood	
2	Johnny Fuller	12	Glenwood	
3	Abbabiyah Simbassa	12	Sc- North	
4	Keith Byers	11	Spirit Lake	
5	Tommy Feichtinger	11	Mt Mich-ELK	
6	Marc Husman	10	Cherokee- Wa	
7	TJ Gleason	12	SF Lincoln	
8	Zach Neuhalfen	12	Pierce NE	
9	Carter Lilly	09	Sc- East	
10	Josh Jensen	12	Sc- North	
11	Tommy Thelen	10	Heelan	
12	David De Haan	10	Moc-Fv	
13	William Dougherty	10	Kp/Wcentral	
14	Adolfo Arenas	11	Heelan	
15	Andrew Leach	12	SF Lincoln	
16	Josh Schriever	09	CentLyon- RR	
17	Caleb Bakker	11	Unity Chrst-	
18	Joe Tokheim	10	Ridge View	
19	Gabe Rahn	10	LeMars	
20	Austin Fritza	10	South Sioux	
21	Moti Abdissa	11	South Sioux	
22	Kyle Dolph	10	LeMars	
23	Taylor Audino	10	LawtonBronson	
24	Sam Farhart	10	Mt Mich-ELK	
25				
26				
27				
28				

Event 28 Boys 1600 Meter Run OHS

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Alec Baldwin	12	Spirit Lake	
2	Johnny Fuller	12	Glenwood	
3	Mark Abrams	11	Glenwood	
4	Abbabiyah Simbassa	12	Sc- North	
5	Tommy Feichtinger	11	Mt Mich-ELK	
6	Will Norris	10	Spirit Lake	
7	Gage Blaschke	11	SF Lincoln	
8	Luke Jelen	10	SF Lincoln	
9	Eric Koithan	12	Mv-Ao	
10	Jacob Willey	11	W Mon-Onawa	
11	Adolfo Arenas	11	Heelan	
12	Colby Casper	11	Sc- North	
13	Josh Olvera	10	Sioux Center	
14	Daniel Gassaway	11	Sc- West	
15	Brandon Bonnema	12	Unity Chrst-	
16	Tommy Thelen	10	Heelan	
17	Jon Nilles	10	Moc-Fv	
18	Joe Hilsabeck	10	Ok-Millford	
19	Jordan Hanna	09	Ok-Millford	
20	Nathan Reichert	11	Unity Chrst-	
21	Nick Nielsen	11	Sb-Luton	
22	Dustin Heib	09	Sc- East	
23	Patrick Patterson	12	Oa-Bcig	
24	Daniel Keppen	11	Dakota Vall	
25	Taylor Audino	10	LawtonBronson	
26	Tucker Carrell	11	Sc- West	
27	Jeremiah Loft	12	LawtonBronson	
28	Cody Cumming	12	Kp/Wcentral	
29	Blake Booth	09	Cherokee- Wa	
30	Kyle Anderson	11	Moc-Fv	
31	Zach Mahon	12	South Sioux	
32				
33				
34				
35				
36				

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Meet Program

Event 30 Boys 3200 Meter Run OHS

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Johnny Fuller	12	Glenwood	
2	Mark Abrams	11	Glenwood	
3	Free Bump	09	SF Lincoln	
4	Lukas Buehler	11	Mt Mich-ELK	
5	Trey Wiemer	10	Mt Mich-ELK	
6	Michael Carson	10	South Sioux	
7	Daniel Poston	11	Sc- North	
8	Brandon Bonnema	12	Unity Chrst-	
9	Nick Westphalen	09	SF Lincoln	
10	Dylan Bailey	11	Mv-Ao	
11	Zach Mahon	12	South Sioux	
12	Daniel Keppen	11	Dakota Vall	
13	Jason Kenny	09	Ridge View	
14	Christian Egger	10	Ridge View	
15	Eamon Adamson	10	Cherokee- Wa	
16	Micah Rook	11	Sb-Luton	
17	Cody Cumming	12	Kp/Wcentral	
18	Josh Olvera	10	Sioux Center	
19	Daniel Gassaway	11	Sc- West	
20	Sheehan Levine	09	Sc- West	
21	Joel Hoogland	12	Sioux Center	
22	Tyler Top	10	Moc-Fv	
23	Ben Broers	09	Unity Chrst-	
24	Jadon Lux	10	Cherokee- Wa	
25	Chance Eriksen	10	Emerson-H NE	
26	Joseph Tolsma	10	Moc-Fv	
27	Zach Kremlacek	10	Pierce NE	
28				
29				
30				
31				
32				
33				
34				
35				
36				

Event 24 Boys 400 Meter Hurdles OHS

Lane	Name	Yr	School	Seed Time
Section 1 of 3 Finals				
1	Dylon Van't Hof	09	Sioux Center	
2	James Hayden	10	Kp/Wcentral	
3	Spencer Henneman	11	W Mon-Onawa	
4	Brody Beach	10	Dakota Vall	
5	Chris Eckstaine	11	LeMars	
6	Mo Teuchert	12	Sc- West	
7	Colton Robins	12	Homer NE	
8	Robbie Vander Veen	11	Unity Chrst-	

Section 2 of 3 Finals...(Event 24 Boys 400 Meter Hurdles

1	Travis Vermeer	11	Sioux Center
2	Cody O'Dell	12	South Sioux
3	Caden Quintinilla	09	SF Lincoln
4	Dominic Means	12	Oa-Bcig
5	Hashim Gabon	12	SF Lincoln
6	Aric Waltz	11	Spirit Lake
7	Joe Reinders	12	Moc-Fv
8	Alex Imming	11	Sc- East

Section 3 of 3 Finals

1	Kyle Badgerow	11	Kp/Wcentral
2	Tyler Kroeze	12	Unity Chrst-
3	Kevin Martinson	11	Spirit Lake
4	Derek Jones	10	Glenwood
5	Zach Jones	11	Ok-Millford
6	Gabe Meis	12	St Albert-CB
7	Tyler Lindsay	11	Pierce NE
8	Tony Myers	11	Heelan

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Meet Program

Event 56 Boys 4x800 Meter Relay OHS

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Glenwood	A	
	1) Eliot Lincoln 12	2) Jared Cook 09	
	3) Johnny Fuller 12	4) Kyle Wheeler 12	
	5) Mark Abrams 11	6) Jordan Krug 12	
2	Spirit Lake	A	
	1) Keith Byers 11	2) Kayne Feldick 11	
	3) Will Norris 10	4) Alec Baldwin 12	
	5) Kevin Martinson 11		
3	SF Lincoln	A	
	1) Patrick Leach 11	2) TJ Gleason 12	
	3) Alex Hall 12	4) Brett Michels 12	
	5) Kelly Fitzsimmons 10	6) Andrew Leach 12	
4	LeMars	A	
	1) Joe Herzberg 11	2) Brennan Buss 10	
	3) Rodrigo Cobian 10	4) Kyle Borchers 12	
5	Sc- North	A	
	1) Tyler Palmer 12	2) Josh Jensen 12	
	3) Colby Casper 11	4) Abbabiya Simbassa 12	
6	Unity Chrst-	A	
	1) Caleb Bakker 11	2) Dalton De Haan 10	
	3) Nathan Reichert 11	4) Tyler Kroeze 12	
	5) Brandon Bonnema 12	6) Cody Gradert 09	
7	Ok-Millford	A	
	1) Austin Millard 12	2) Jordan Hanna 09	
	3) Dalton Syverson 10	4) Joe Hilsabeck 10	
8	Moc-Fv	A	
	1) Kyle Anderson 11	2) Coelman Mc Allister 09	
	3) Jon Nilles 10	4) David De Haan 10	
	5) Joseph Tolsma 10	6) Trey Achterhoff 10	
9	South Sioux	A	
	1) Moti Abdissa 11	2) Michael Offerman 10	
	3) Karter Keefer 09	4) Austin Fritza 10	
	5) Gach Tot 09		
10	Kp/Wcentral	A	
	1) William Dougherty 10	2) TJ Pucelik 10	
	3) Eric Lund 12	4) Ray Scheelhaase 10	
	5) Quincy Lamp 11	6) Cody Cumming 12	
11	Gehlen Cath	A	
	1) Matt Mayer 11	2) Jacob Begnoche 10	
	3) Josh Hodgson 12	4) Matt Klein 12	
	5) Andrew Lipp 10		
12	LawtonBronson	A	
	1) Jeremiah Loft 12	2) Jesse Baldwin 12	
	3) Kirby Nitzschke 12	4) Tylor Audino 10	
	5) Garrett Oates 11	6) Kevin Hamm 09	
13	Mv-Ao	A	
	1) Ted Hanson 11	2) Steven Schaffer 11	
	3) Austin Gothier 11	4) Eric Koithan 12	
	5) Derik Bailey 09	6) Brad Davis 10	
14	Sc- East	A	
	1) Carter Lilly 09	2) Austin Sypersma 12	
	3) Dustin Heib 09	4) Tyler Peterson 12	
	5) Josh Davis 11		
15	Sc- West	A	
	1) Daniel Gassaway 11	2) Tucker Carrell 11	
	3) Matt Stark 11	4) Zack Heien 11	

5) Tucker Askelson 10	6) Sheehan Levine 09
16 Sioux Center	A
1) Travis Vermeer 11	2) BJ O'Donnell 11
3) Brett Rozeboom 11	4) Rylan Stewart 09
5) Ross Rozeboom 10	
17 Cherokee- Wa	A
1) Blake Booth 09	2) Tyler McLaughlin 11
3) Luke Ziemann 09	4) Ben Sampson 10
5) Eamon Adamson 10	6) Kevin Fajardo 09
18	
19	

Sioux City Relays 2011 - 4/15/2011 to 4/16/2011

Olsen Stadium

Meet Program

Event 211 Boys 4x110 Meter Shuttle Hurdle OHS

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1	LeMars	A	
	1) Bryce Dahm 12	2) Hunter Rohde 12	
	3) Chris Eckstaine 11	4) Paxton Strub 12	
2			
3	Ok-Millford	A	
	1) Brian Dubois 12	2) Alex Koepp 11	
	3) Dalton Syverson 10	4) Zach Jones 11	
4			
5	Dakota Vall	A	
	1) Nathan Glanzer 12	2) Andrew Reiff 10	
	3) Brody Beach 10	4) Zach Sexton 12	
6			
7	Heelan	A	
	1) Tony Myers 11	2) Court MacGregor 10	
	3) Dane Hickman 11	4) Philip Jacobson 09	
	5) Lewis Noel 09	6) Nick Sawin 11	
8			
Section 2 of 2 Finals			
1	Kp/Wcentral	A	
	1) Cody Kuchel 11	2) Quincy Lamp 11	
	3) Kyle Badgerow 11	4) Tyler Campbell 12	
	5) James Hayden 10	6) Ryan Bader 10	
2			
3	Glenwood	A	
	1) Cole Darrow 12	2) Michael Lawler 12	
	3) Mitch Bowden 10	4) Ian Eflin 12	
	5) Sam Jameson 10	6) Derek Jones 10	
4			
5	Cb- AL	A	
	1) Devin Thomas 12	2) Payton Mass 12	
	3) DJ Jefferson 11	4) Cleo Harris 11	
	5) Alex White 11	6) Alex Olsen 12	
6			
7	Sioux Center	A	
	1) Micah Lassen 11	2) Dylon Van't Hof 09	
	3) Colton Van't Hof 12	4) Gabe Doornink 12	
8			

Event 76 Boys High Jump OHS

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Ian Eflin	12	Glenwood	
2	Paxton Strub	12	LeMars	
3	Colton Robins	12	Homer NE	
4	Brett Michels	12	SF Lincoln	
5	TJ Buyert	11	Sioux Center	
6	Evan Culver	11	Sc- North	
7	Zak Gander	11	River Valley	
8	Brian Dubois	12	Ok-Millford	
9	Austin Krohn	11	Sb-Luton	
10	Jacob Connealy	12	Mt Mich-ELK	
11	Dalton Syverson	10	Ok-Millford	
12	Adam Drieling	11	Emerson-H NE	
13	Ty Robinson	12	Sc- West	
14	Logan Shine	12	Sb-Luton	
15	Jared Olson	10	SF Lincoln	
16	Alex Imming	11	Sc- East	
17	Riley Hoekstra	12	Unity Chrst-	
18	Micah Lassen	11	Sioux Center	
19	Nate Glisar	09	Sb-Luton	
20	Justin Van Kalsbeek	10	Moc-Fv	
21	Clayton Busch	12	CentLyon- RR	
22	Austin Te Brink	12	Moc-Fv	
23	Chris Hatting	09	LeMars	
24	Cole Brenden	12	W-Wood-Sloan	
25				
26				
27				
28				
29				
30				
31				
32				

Event 74 Boys Long Jump OHS

Pos	Name	Yr	School	Seed Mark
Flight 1 of 4 Finals				
1	Logan Shine	12	Sb-Luton	
2	Austin Te Brink	12	Moc-Fv	
3	Alic Fisher	09	South Sioux	
4	Gabe Rahn	10	LeMars	
5	Marc Husman	10	Cherokee- Wa	
6	Joe Mason	12	Kp/Wcentral	
7	Josh Hunt	10	CentLyon- RR	
8	Levi Lundquist	09	Cherokee- Wa	
9				
10				
11				
12				

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Flight 2 of 4 Finals...(Event 74 Boys Long Jump OHS)

1	Andrew O'Donnell	09	Sioux Center
2	Michael Whitehead	10	Gehlen Cath
3	Jesse Walsh	11	Ponca NE
4	Zach Mayfield	11	Pierce NE
5	Trevor Bouma	11	Gehlen Cath
6	Dalton De Haan	10	Unity Chrst-
7	Trey Achterhoff	10	Moc-Fv
8	Nick Goeman	11	SF Lincoln

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Flight 3 of 4 Finals

1	JonTae Miller	12	Sioux Center
2	Anthony Strong	12	Homer NE
3	Anthony Dreeszen	10	Sc- East
4	Matt Lupkes	12	Dakota Vall
5	Quenton James	12	Sc- East
6	Quinn Williams	11	Sc- North
7	Ty Robinson	12	Sc- West
8	Tate Rohde	11	Kp/Wcentral

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Flight 4 of 4 Finals

1	Cole Darrow	12	Glenwood
2	Taylor Kaufman	12	Glenwood
3	Alex Koepp	11	Ok-Millford
4	Dondre Hubert	12	Sc- North
5	Darius Pearson	11	Sc- West
6	Josh Kunzmann	09	SF Lincoln
7	Jacob Connealy	12	Mt Mich-ELK
8	Chris Harner	11	SF Lincoln

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Event 70 Boys Shot Put OHS

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 4 Finals

1	Bryce Sweeney	10	Heelan
2	Nathan Myrice	10	Ridge View
3	Bronson Stonacek	11	Pierce NE
4	Cody Hilkemann	12	Pierce NE
5	Jessy Paulsen	11	Homer NE
6	Antonio Burks	11	SF Lincoln
7	Levi Letsche	10	Marc-Meri-Cl
8	Eddie Ridder	12	Mt Mich-ELK

Flight 2 of 4 Finals

1	Taylor Jensen	11	South Sioux
2	Drew Rupp	11	Moc-Fv
3	Nick Murphy	11	Elk Pt Jeff
4	Austin Treiber	12	Oa-Bcig
5	Kyle Barnes	12	Elk Pt Jeff
6	Mike Soole	12	Sc- East
7	Devin Groenhagen	12	Gehlen Cath
8	Tanner Lambert	09	Dakota Vall

Flight 3 of 4 Finals

1	Clayton Giesting	11	Glenwood
2	Chris Eral	12	Gehlen Cath
3	Dan Gorman	11	Glenwood
4	Brett Ross	11	SF Lincoln
5	Brandon Pekelder	12	Moc-Fv
6	Luke Schaur	12	Sb-Luton
7	Andrew Hulstein	12	Unity Chrst-
8	Evan Colfack	11	Kp/Wcentral

Flight 4 of 4 Finals

1	Mike Malek	12	Sc- East
2	Taylor Lambert	09	Dakota Vall
3	Justin Baker	12	Heelan
4	Jamison Lalk	12	Cb- AL
5	Karson Klein	12	LeMars
6	Colton Phelps	09	Kp/Wcentral
7	Brock Dagele	12	Cherokee- Wa
8	Lucas Holloway	12	Mt Mich-ELK

Event 72 Boys Discus Throw OHS

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 4 Finals

1	Lane Peterson	10	Cherokee- Wa
2	Jacob Oakley	12	Sc- West
3	Sam Burki	10	Ponca NE
4	Antonio Burks	11	SF Lincoln
5	Luke Jensen	12	South Sioux
6	Nick Murphy	11	Elk Pt Jeff
7	Garret Rohlk	09	Oa-Bcig
8	Nathan Myrice	10	Ridge View

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Sioux City Relays 2011 - 4/15/2011 to 4/16/2011

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Meet Program

Flight 2 of 4 Finals...(Event 72 Boys Discus Throw OHS)

1	Cory Myrtue	11	W-Wood-Sloan
2	Kyle DenHerder	11	Sioux Center
3	Andrew Hulstein	12	Unity Chrst-
4	Eric Hoffmann	11	Pierce NE
5	Zach Bremer	11	LawtonBronson
6	Eddie Ridder	12	Mt Mich-ELK
7	Matt Strub	10	LeMars
8	Brandon Pekelder	12	Moc-Fv

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Flight 3 of 4 Finals

1	Taylor Jensen	11	South Sioux
2	Mike Malek	12	Sc- East
3	Austin Stubbs	12	Sc- East
4	Clayton Giesting	11	Glenwood
5	Zach Skibinski	10	Heelan
6	Bronson Stonacek	11	Pierce NE
7	Dan Gorman	11	Glenwood
8	Zach Landhuis	11	Moc-Fv

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Flight 4 of 4 Finals

1	Justin Baker	12	Heelan
2	Colton Phelps	09	Kp/Wcentral
3	Brock Dagele	12	Cherokee- Wa
4	Evan Colfack	11	Kp/Wcentral
5	Jamison Lalk	12	Cb- AL
6	Dalton Kelley	12	Spirit Lake
7	Marco Naughton	11	St Albert-CB
8	Kyle Barnes	12	Elk Pt Jeff

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Event 217 Boys 800 Meter Run Freshman Boys

<u>Lane</u>	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>
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Section 1 of 1 Finals

1	Gach Tot	09	South Sioux
2	Bret Tomoson	09	Sb-Luton
3	Anthony Himmers	09	Sb-Luton
4	Karter Keefer	09	South Sioux
5	Alex Kim	09	Sc- West
6	Sheehan Levine	09	Sc- West
7	Bryan Chevez	09	Sc- West

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Event 64 Boys 4x100 Meter Relay Freshman Boys

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>
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Section 1 of 1 Finals

1	Sc- East	A
2	Sc- West	A
3	Sb-Luton	A
	1) Riley Weeks	2) Jaycin Kruse 09
	3) Brian Chang 09	4) Jack DeMoss 09
4	LeMars	A
	1) Eli Engegretson 09	2) Mitchell Timp 09
	3) Chris Hatting 09	4) Dylan Hawkins 09
5	Heelan	A
6	South Sioux	A
7	Oa-Bcig	A
	1) Trevor Schnuckel 09	2) Tyler Oberreuter 09
	3) Jake Matthies 09	4) Kent Nishimura 09
8	Sc- North	A
	1) William Bald 09	2) Noah Polken 09
	3) Connor Kimbell 09	4) Brady Mayo 09

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Meet Program

Event 66 Boys 4x200 Meter Relay Freshman Boys

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	South Sioux	A	
2	Sc- East	A	
3	Oa-Bcig	A	
	1) Trevor Schnuckel 09	2) Tyler Oberreuter 09	
	3) Jake Matthies 09	4) Kent Nishimura 09	
4	Sb-Luton	A	
	1) Riley Weeks	2) Jack DeMoss 09	
	3) Ben Robinson 09	4) Nate Glisar 09	
5	Sc- North	A	
	1) William Bald 09	2) Noah Polken 09	
	3) Connor Kimbell 09	4) Brady Mayo 09	
6	Sc- West	A	
7	LeMars	A	
	1) Eli Engegretson 09	2) A.J. Schroeder 09	
	3) Chris Hatting 09	4) Levi Tebrink 09	
8	Heelan	A	

Event 68 Boys 4x400 Meter Relay Freshman Boys

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	LeMars	A	
	1) Eli Engegretson 09	2) A.J. Schroeder 09	
	3) Chris Hatting 09	4) Levi Tebrink 09	
2	Sc- North	A	
3	Heelan	A	
4	South Sioux	A	
5	Sc- East	A	
6	Sc- West	A	
	1) Alex Kim 09	2) James Ward 09	
	3) Sheehan Levine 09	4) Marcus Redwing 09	
7	Oa-Bcig	A	
	1) Trevor Schnuckel 09	2) Tyler Oberreuter 09	
	3) Jake Matthies 09	4) Kent Nishimura 09	
8	Sb-Luton	A	
	1) Jack DeMoss 09	2) Ben Robinson 09	
	3) Nate Glisar 09	4) Bret Tomoson 09	

Event 22 Boys 4x100 Meter Relay 8th Grade

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Dakota Vall	A	
2	East Middle	A	
	1) Trevor Gausman	2) Devon Moniz	
	3) Dakota Blatchford	4) Salvador Cortes	
	5) Gabe Simpson	6) Alex Stibbs	
3	Heelan MS	A	
	1) Jerren Morreno	2) Patrick Dougherty	
	3) Brett Buchman	4) Joe Fox	
4	LawtonBronson	A	
5	North Middle	A	
	1) Xavier Scarlett	2) Gabe Barrera	
	3) Mohammad Haji	4) Antonio Jackson	
	5) Jorge Arciniega	6) Than Phan	
6	Sbl MS	A	
	1) Austin Evans	2) Spencer Wyant	
	3) Gavin Cooper	4) Connor Imming	
	5) Grant Armstrong	6) Clay Bockelmann	
7	South Sioux MS	A	
	1) Jake Schmeidt	2) Alex Borchers	
	3) Chris Lantz	4) Kaleb Comstock	
8	WMS	A	

Event 215 Boys 4x400 Meter Relay 8th Grade

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Dakota Vall	A	
2	East Middle	A	
	1) Trevor Gausman	2) Devon Moniz	
	3) JJ Stephens	4) Andre Harris	
	5) Salvador Cortes		
3	Heelan MS	A	
	1) Lucas Murphy	2) Patrick Dougherty	
	3) Alec Pavone	4) Tony Tobin	
4	LawtonBronson	A	
5	North Middle	A	
	1) Ryan Peterson	2) Connor Coyle	
	3) Mason Huggins	4) Robert Neustrom	
	5) Miguel Delgado	6) Jose Ordueno	
6	Sbl MS	A	
	1) Connor Imming	2) Clay Bockelmann	
	3) Grant Armstrong	4) Austin Evans	
	5) Gavin Cooper	6) Spencer Wyant	
7	South Sioux MS	A	
	1) Casey Bright	2) Mike Mogensen	
	3) Alex Borchers	4) Ferhan Barento	
8	WMS	A	