

Sioux City Relays 2011
4/15/2011 to 4/16/2011

FINAL SCHEDULE FOR PUBLICATION

** Sat AM Reverse schedule of 110 High and 100 Low Hurdle Finals
** FRI PM 400 Meter moved ahead in the schedule

Session: 1 Friday Night Field Events
Day 1 - Friday 4/15/2011 - Starts at 12:00 PM

Starts at	Event	Round
12:00 PM	#121 Women Hammer Throw UCO	Finals
2:15 PM	#122 Men Hammer Throw UCO	Finals
4:30 PM	#108 Men Shot Put UCO	Finals
4:30 PM	#109 Women Discus Throw UCO	Finals
4:30 PM	#113 Women High Jump UCO	Finals
4:30 PM	#116 Men Triple Jump UCO	Finals
6:00 PM	#114 Men High Jump UCO	Finals
6:00 PM	#115 Women Triple Jump UCO	Finals

Session: 2 Friday Night Track Events
Day 1 - Friday 4/15/2011 - Starts at 03:30 PM

Starts at	Event	Round
3:30 PM	#93 Women 10000 Meter Run UCO	Finals
3:30 PM	#94 Men 10000 Meter Run UCO	Finals
4:30 PM	#79 Women 100 Meter Hurdles UCO	Prelims
4:45 PM	#80 Men 110 Meter Hurdles UCO	Prelims
5:00 PM	#95 Women 4x100 Meter Relay UCO	Prelims
5:06 PM	#96 Men 4x100 Meter Relay UCO	Prelims
5:11 PM	#63 Girls 4x100 Meter Relay Freshman	Finals
5:15 PM	#64 Boys 4x100 Meter Relay Freshman B	Finals
5:19 PM	#127 Girls 4x100 Meter Relay 8th Grade	Finals
5:23 PM	#22 Boys 4x100 Yard Relay 8th Grade	Finals
5:27 PM	#125 Girls 4x100 Meter Relay 7th Grade	Finals
5:31 PM	#126 Boys 4x100 Meter Relay 7th Grade	Finals
5:35 PM	#123 Girls 4x100 Meter Relay 6th Grade	Finals
5:39 PM	#124 Boys 4x100 Meter Relay 6th Grade	Finals
5:45 PM	#85 Women 800 Meter Run UCO	Finals
6:00 PM	#201 Mixed Meter Shuttle Hurdle Infiel	Finals
6:00 PM	#86 Men 800 Meter Run UCO	Finals
6:15 PM	#131 Girls 800 Meter Run 8th Grade	Finals
6:20 PM	#130 Boys 800 Meter Run 8th Grade	Finals
6:25 PM	#216 Girls 800 Meter Run Freshman Girl	Finals
6:30 PM	#217 Boys 800 Meter Run Freshman Boys	Finals
6:35 PM	#81 Women 400 Meter Dash UCO	Finals
6:45 PM	#82 Men 400 Meter Dash UCO	Finals
6:55 PM	#77 Women 100 Meter Dash UCO	Prelims
7:10 PM	#78 Men 100 Meter Dash UCO	Prelims
7:25 PM	#83 Women 400 Meter Hurdles UCO	Finals
7:40 PM	#84 Men 400 Meter Hurdles UCO	Finals
7:45 PM	#97 Women 4x200 Meter Relay UCO	Prelims
7:55 PM	#98 Men 4x200 Meter Relay UCO	Prelims

8:05 PM #129 Girls 4x200 Meter Relay 8th Grade Finals
 8:10 PM #128 Boys 4x200 Meter Relay 8th Grade Finals
 8:15 PM #65 Girls 4x200 Meter Relay Freshman Finals
 8:20 PM #66 Boys 4x200 Meter Relay Freshman B Finals
 8:25 PM #105 Women Distance Medley UCO Finals
 8:40 PM #106 Men Distance Medley UCO Finals
 8:55 PM #214 Girls 4x400 Meter Relay 8th Grade Finals
 9:07 PM #215 Boys 4x400 Meter Relay 8th Grade Finals
 9:14 PM #67 Girls 4x400 Meter Relay Freshman Finals
 9:21 PM #68 Boys 4x400 Meter Relay Freshman B Finals
 9:30 PM #91 Women 5000 Meter Run UCO Finals

Session: 3 Saturday AM Track Events
 Day 2 - Saturday 4/16/2011 - Starts at 08:00 AM

Starts at	Event	Round
8:00 AM	#29 Girls 3000 Meter Run OHS	Finals
8:20 AM	#30 Boys 3200 Meter Run OHS	Finals
8:40 AM	#11 Girls 100 Meter Hurdles Class"C"	Finals
8:45 AM	#10 Girls 100 Meter Hurdles Class"B"	Finals
8:50 AM	#9 Girls 100 Meter Hurdles Class"A"	Finals
9:00 AM	#15 Boys 110 Meter Hurdles Class"C"	Finals
9:05 AM	#14 Boys 110 Meter Hurdles Class"B"	Finals
9:10 AM	#13 Boys 110 Meter Hurdles Class"A"	Finals
9:15 AM	#3 Girls 100 Meter Dash Class"C"	Finals
9:20 AM	#2 Girls 100 Meter Dash Class"B"	Finals
9:25 AM	#1 Girls 100 Meter Dash Class"A"	Finals
9:30 AM	#7 Boys 100 Meter Dash Class"C"	Finals
9:35 AM	#6 Boys 100 Meter Dash Class"B"	Finals
9:40 AM	#5 Boys 100 Meter Dash Class"A"	Finals
9:45 AM	#55 Girls 4x800 Meter Relay OHS	Finals
10:00 AM	#101 Women 4x800 Meter Relay UCO	Finals
10:12 AM	#56 Boys 4x800 Meter Relay OHS	Finals
10:24 AM	#102 Men 4x800 Meter Relay UCO	Finals
10:35 AM	#90 Men 3000 Meter Steeplechase UCO	Finals
10:55 AM	#19 Boys 110 Meter Hurdles Elite	Finals
11:00 PM	#80 Men 110 Meter Hurdles UCO	Finals
11:05 AM	#18 Girls 100 Meter Hurdles Elite	Finals
11:10 AM	#79 Women 100 Meter Hurdles UCO	Finals
11:15 AM	#20 Girls 100 Meter Dash Elite	Finals
11:20 AM	#77 Women 100 Meter Dash UCO	Finals
11:25 AM	#21 Boys 100 Meter Dash Elite	Finals
11:30 AM	#78 Men 100 Meter Dash UCO	Finals
11:35 AM	#89 Women 3000 Meter Steeplechase UCO	Finals
11:50 AM	#205 Girls 4x100 Meter Shuttle Hurdle	Finals
11:55 AM	#211 Boys 4x110 Meter Shuttle Hurdle	Finals
12:00 AM	#62 Boys 100 Meter Dash Wheelchair	Finals
12:05 AM	#208 Men 400 Meter Run Masters-Corp	Finals

Session: 4 Saturday AM Field Events
 Day 2 - Saturday 4/16/2011 - Starts at 09:00 AM

Starts at	Event	Round
9:00 AM	#75 Girls High Jump OHS	Finals
9:00 AM	#110 Men Discus Throw UCO	Finals

9:00 AM	#107 Women Shot Put UCO	Finals
9:00 AM	#111 Women Long Jump UCO	Finals
10:00 AM	#119 Women Pole Vault UCO	Finals
10:30 AM	#112 Men Long Jump UCO	Finals

Session: 6 Saturday PM Field Events
Day 2 - Saturday 4/16/2011 - Starts at 12:30 PM

Starts at	Event	Round
12:30 PM	#71 Girls Discus Throw OHS	Finals
12:30 PM	#76 Boys High Jump OHS	Finals
12:30 PM	#73 Girls Long Jump OHS	Finals
12:30 PM	#70 Boys Shot Put OHS	Finals
12:30 PM	#117 Women Javelin Throw UCO	Finals
1:00 PM	#120 Men Pole Vault UCO	Finals
2:30 PM	#118 Men Javelin Throw UCO	Finals
2:30 PM	#72 Boys Discus Throw OHS	Finals
2:30 PM	#69 Girls Shot Put OHS	Finals
2:30 PM	#74 Boys Long Jump OHS	Finals

Session: 5 Saturday PM Track Events
Day 2 - Saturday 4/16/2011 - Starts at 12:35 PM

Starts at	Event	Round
12:10 PM	#200 Mixed Other Hall of Fame	Finals

Session: 5 Saturday PM Track Events
Day 2 - Saturday 4/16/2011 - Starts at 12:35 PM

Starts at	Event	Round
12:35 PM	#41 Girls 4x200 Meter Relay Class"C"	Finals
12:40 PM	#40 Girls 4x200 Meter Relay Class"B"	Finals
12:45 PM	#39 Girls 4x200 Meter Relay Class"A"	Finals
12:50 PM	#97 Women 4x200 Meter Relay UCO	Finals
12:55 PM	#45 Boys 4x200 Meter Relay Class"C"	Finals
1:00 PM	#44 Boys 4x200 Meter Relay Class"B"	Finals
1:05 PM	#43 Boys 4x200 Meter Relay Class"A"	Finals
1:10 PM	#98 Men 4x200 Meter Relay UCO	Finals
1:15 PM	#28 Boys 1600 Meter Run OHS	Finals
1:25 PM	#27 Girls 1500 Meter Run OHS	Finals
1:35 PM	#87 Women 1500 Meter Run UCO	Finals
1:52 PM	#88 Men 1500 Meter Run UCO	Finals
2:10 PM	#23 Girls 400 Meter Hurdles OHS	Finals
2:20 PM	#24 Boys 400 Meter Hurdles OHS	Finals
2:30 PM	#59 Girls Distance Medley Class"C"	Finals
2:37 PM	#50 Girls Distance Medley Class"B"	Finals
2:44 PM	#57 Girls Distance Medley Class"A"	Finals
2:51 PM	#103 Women 1600 Sprint Medley UCO	Finals
3:03 PM	#60 Boys 1600 Sprint Medley Class"C"	Finals
3:10 PM	#54 Boys 1600 Sprint Medley Class"B"	Finals
3:17 PM	#58 Boys 1600 Sprint Medley Class"A"	Finals
3:24 PM	#104 Men 1600 Sprint Medley UCO	Finals
3:35 PM	#92 Men 5000 Meter Run UCO	Finals
3:55 PM	#33 Girls 4x100 Meter Relay Class"C"	Finals

4:00 PM	#32	Girls 4x100 Meter Relay Class"B"	Finals
4:05 PM	#31	Girls 4x100 Meter Relay Class"A"	Finals
4:10 PM	#95	Women 4x100 Meter Relay UCO	Finals
4:15 PM	#37	Boys 4x100 Meter Relay Class"C"	Finals
4:20 PM	#36	Boys 4x100 Meter Relay Class"B"	Finals
4:25 PM	#35	Boys 4x100 Meter Relay Class"A"	Finals
4:30 PM	#96	Men 4x100 Meter Relay UCO	Finals
4:35 PM	#25	Girls 800 Meter Run OHS	Finals
4:40 PM	#26	Boys 800 Meter Run OHS	Finals
4:45 PM	#99	Women 4x400 Meter Relay UCO	Finals
4:55 PM	#49	Girls 4x400 Meter Relay Class"C"	Finals
5:00 PM	#48	Girls 4x400 Meter Relay Class"B"	Finals
5:05 PM	#47	Girls 4x400 Meter Relay Class"A"	Finals
5:10 PM	#100	Men 4x400 Meter Relay UCO	Finals
5:25 PM	#53	Boys 4x400 Meter Relay Class"C"	Finals
5:30 PM	#52	Boys 4x400 Meter Relay Class"B"	Finals
5:35 PM	#51	Boys 4x400 Meter Relay Class"A"	Finals